

2025

National Ability Supports System (NASS)

People engaging with
disability services

HRB CELEBRATING
40
YEARS

HRB
Health
Research
Board

HRB StatLink Series 31

HSE Dublin and North East



8,414

 adult records reviewed

Demographics



4,596 male
55%



3,818 female
45%

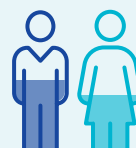
Age groups



Most common primary disability

48%

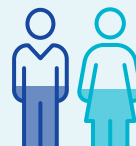
Intellectual
disability



56% male
44% female

23%

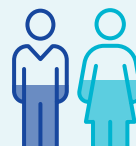
Neurological



50% male
50% female

12%

Physical



48% male
52% female

Primary carer



4,079

people reported having
a primary carer



90%

live with their
primary carer

Of the primary carers:



66%

parent(s)



14%

wife/husband
/partner



11%

siblings



35%

aged
≥60 years

Current services received

Adults and children*



2,031

lived in a
residential setting



2,211

received home
support



97

accessed a
personal assistant



605

accessed
day respite



1,637

availed of
overnight respite
36,178 nights

Adults only



4,232

adults accessed
day services



5,330

adults received
support services

New services required

Adults and children*



433

residential
places required



155

home support
places required



17

personal assistant
services required



362

people require
overnight respite



648

people require a day
service*

* Information provided by the HSE National Day Service Database.

Adults only

Main support services required:



1,417

adults require
support services



Physiotherapy



Occupational
Therapy



Speech and
Language
Therapy

* Children included are those who received residential, respite, home support and/or specialised support services from dedicated organisations. Information on the multidisciplinary supports received from Children's Disability Network Teams was not included.

Research. Evidence. Action.