

2025 | Alcohol treatment demand in Ireland



HRB StatLink Series 32

Alcohol treatment demand

Total number of cases treated

8,798



Breakdown by gender



61%
Male
.....
39%
Female

Characteristics



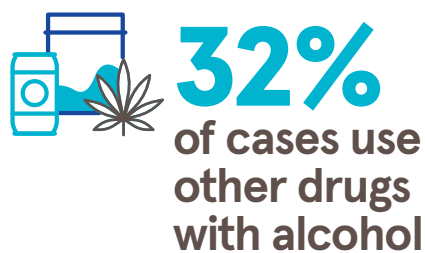
Alcohol dependent

49%

 All cases

Polydrug use

Drugs most commonly used with alcohol



Polydrug problem drug by age



19 years or younger
cannabis



20-49 years
cocaine



50 years or older
cannabis

Gender

Female



- **44** +

median
age



50%
alcohol
dependent



12
standard drinks
in a day



24%
polydrug
use



6%
homeless

Male



- **42** +

median
age



48%
alcohol
dependent



15
standard drinks
in a day



37%
polydrug
use



11%
homeless

The HSE low risk drinking guidelines for females is up to 11 standard drinks in a week and up to 17 standard drinks in a week for males with drinks spaced out over the week, with two to three alcohol free days per week.

<https://www2.hse.ie/living-well/alcohol/health/improve-your-health/weekly-low-risk-alcohol-guidelines/>

Need Advice

If you have any concerns regarding alcohol or other drugs please visit www.drugs.ie or call 1800 459 459