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Table 2.1 Number of service users registered on NASS by HSE Health Region of service, 2025

HSE Health Region of service	NASS 2025 registrations	Share of NASS registrations	NASS 2025 registrations	Share of NASS registrations	NASS 2025 registrations	Share of NASS registrations
	Children		Adults		Total	
	n	%	n	%	n	%
Dublin and North East	13,940	22.1	8,418	22.0	22,358	22.1
Dublin and Midlands	13,832	21.9	6,380	16.7	20,212	19.9
Dublin and South East	10,222	16.2	7,907	20.7	18,129	17.9
South West	9,167	14.5	6,313	16.5	15,480	15.3
Mid West	8,289	13.1	3,086	8.1	11,375	11.2
West and North West	7,635	12.1	6,184	16.2	13,819	13.6
Total	63,085	100.0	38,288	100.0	101,373	100.0

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.1.1 Proportion of adults accessing disability services per 1,000 of the general population aged 18 years and over, by county of residence, NASS 2025

County	2025 NASS adult registrations per 1,000 population
Dublin	7.7
Waterford	8.5
Longford	8.8
Meath	9.0
Wicklow	9.2
Galway	9.3
Offaly	9.3
Kildare	9.6
Laois	9.7
Wexford	9.9
Clare	10.2
Kerry	10.3
Roscommon	10.6
Limerick	10.8
Cavan	10.9
Tipperary	10.9
Carlow	11.0
Leitrim	11.0
Louth	11.2
Cork	11.4
Mayo	11.5
Kilkenny	11.9
Monaghan	11.9
Donegal	12.6
Sligo	15.7

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.1.2 Proportion of adults accessing disability services per 1,000 of the general population aged 18 years and over, by HSE Health Region of residence, NASS 2025

HSE Health Region	2025 NASS adult registrations per 1,000 population
Dublin and North East	7.4
Dublin and South East	8.0
Dublin and Midlands	8.8
Mid West	10.6
South West	11.0
West and North West	11.1

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.2 Number of service users registered on NASS by age and sex, 2025

	Male		Female		Not known		Total*	
	n	%	n	%	n	%	n	%
0-4 years	6,142	6.1	3,347	3.3	~	~	9,491	9.4
5-9 years	14,553	14.4	7,135	7.0	36	0.0	21,724	21.4
10-14 years	12,547	12.4	6,281	6.2	38	0.0	18,866	18.6
15-19 years	9,162	9.0	5,174	5.1	22	0.0	14,358	14.2
20-24 years	3,420	3.4	1,890	1.9	~	~	5,312	5.2
25-29 years	2,344	2.3	1,295	1.3	0	0.0	3,639	3.6
30-34 years	1,613	1.6	1,181	1.2	0	0.0	2,794	2.8
35-39 years	1,451	1.4	1,212	1.2	0	0.0	2,663	2.6
40-44 years	1,612	1.6	1,399	1.4	0	0.0	3,011	3.0
45-49 years	1,705	1.7	1,465	1.4	~	~	3,171	3.1
50-54 years	1,834	1.8	1,666	1.6	0	0.0	3,500	3.5
55-59 years	1,842	1.8	1,812	1.8	0	0.0	3,654	3.6
60-64 years	1,832	1.8	1,786	1.8	0	0.0	3,618	3.6
65-69 years	1,220	1.2	1,184	1.2	0	0.0	2,404	2.4
≥ 70 years	1,479	1.5	1,689	1.7	0	0.0	3,168	3.1
Total population	62,756	61.9	38,516	38.0	101	0.1	101,373	100.0

~ In order to protect against the risk of indirect identification of individuals, values less than 5 have been suppressed.

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.3 Primary disability type among adults registered on NASS by sex, 2025

	Male		Female		Total	
	n	%	n	%	n	%
Intellectual	10,947	56.2	8,543	43.8	19,490	50.9
Neurological	4,225	50.6	4,125	49.4	8,351	21.8
Autism	2,753	74.3	950	25.7	3,703	9.7
Physical	1,658	48.9	1,731	51.1	3,389	8.9
Visual	869	48.9	909	51.1	1,778	4.6
Hearing loss/deafness	397	47.6	437	52.4	834	2.2
Mental health	262	56.7	200	43.3	462	1.2
Specific learning difficulty (other than intellectual)	38	48.1	41	51.9	79	0.2
DeafBlind (dual sensory)	28	46.7	32	53.3	60	0.2
Speech and/or language	18	62.1	11	37.9	29	0.1
Not verified**	40	46.5	46	53.5	86	0.2
Primary disability type not recorded	12	44.4	13	48.1	27	0.1
Total	21,247	55.5	17,038	44.5	38,288	100.0

**Not verified - where the type of disability has not been verified for an individual.

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.4 Additional disabilities among adults registered on NASS by primary disability, 2025

Additional disability	Primary disability categories									
	Intellectual disability		Physical or sensory*		Autism		Other**		Total population	
	n	%	n	%	n	%	n	%	n	%
Total population	19,490	100.0	14,441	100.0	3,703	100.0	627	100.0	38,261	100.0
Physical	3,508	18.0	3,457	23.9	70	1.9	31	4.9	7,066	18.5
Speech and/or language	3,009	15.4	323	2.2	104	2.8	7	1.1	3,443	9.0
Autism	2,363	12.1	71	0.5	0	0.0	29	4.6	2,463	6.4
Mental Health	1,334	6.8	293	2.0	282	7.6	6	1.0	1,915	5.0
Neurological	1,004	5.2	623	4.3	89	2.4	18	2.9	1,734	4.5
Visual	1,303	6.7	330	2.3	29	0.8	9	1.4	1,671	4.4
Intellectual	0	0.0	410	2.8	953	25.7	80	12.8	1,443	3.8
Hard of hearing and/or deafness	950	4.9	122	0.8	25	0.7	9	1.4	1,106	2.9
Specific learning difficulty (other than intellectual)	137	0.7	53	0.4	83	2.2	~	~	277	0.7
DeafBlind (dual sensory)	33	0.2	12	0.1	~	~	0	0	46	0.1
No additional disability	5,849	30.0	8,747	60.6	2,067	55.8	434	69.2	17,097	44.7

~ In order to protect against the risk of indirect identification of individuals, values less than 5 have been suppressed.

* Physical and/or sensory includes: DeafBlind (dual sensory), hearing loss and/or deafness, neurological, physical, speech and/or language, and visual.

** Other includes: Developmental delay (children aged under 10 years only), specific learning disorder (other than intellectual), mental health, and not verified.

Note more than one additional disability may be recorded for a person and as a result, total percentages add up to more than 100.

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.4.1 Number of adults in disability services in HSE Health Regions by age group and sex, NASS 2025

Age groups	18 - 24 years			25 - 39 years			40 - 59 years			60 - 69 years			70 years and over			Total		
Sex	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total
HSE Health Region of service	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n
Dublin and North East	915	490	1,405	1,116	742	1,858	1,526	1,471	2,997	775	747	1,522	264	372	636	4,596	3,822	8,418
Dublin and Midlands	869	457	1,326	1,015	637	1,652	1,173	932	2,105	434	401	835	193	269	462	3,684	2,696	6,380
Dublin and South East	784	429	1,213	1,040	740	1,780	1,560	1,250	2,810	726	582	1,308	444	352	796	4,554	3,353	7,907
South West	836	458	1,294	1,040	603	1,643	1,044	933	1,977	415	425	840	270	287	557	3,605	2,706	6,311
Mid West	277	152	429	361	335	696	580	617	1,197	264	267	531	105	128	233	1,587	1,499	3,086
West and North West	634	364	998	836	630	1,466	1,110	1,139	2,249	438	548	986	203	281	484	3,221	2,962	6,183
Total	4,315	2,350	6,665	5,408	3,687	9,095	6,993	6,342	13,335	3,052	2,970	6,022	1,479	1,689	3,168	21,247	17,038	38,285

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.4.2 Number of adults in disability services in HSE Health Regions by primary disability type and sex, NASS 2025

Primary disability	Intellectual			Autism			Deaf/Blind (dual sensory)			Hard of hearing/deafness			Neurological disability			Physical disability			Specific learning difficulty (other than intellectual)			Difficulty with speech and/or language			Visual impairment			Mental health			Not verified			Total					
	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total			
HSE Health Region of service	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n	n
Dublin and North East	2,260	1,802	4,062	462	134	596	5	4	9	54	68	122	975	987	1,962	492	528	1,020	8	9	17	10	5	15	287	254	541	36	25	61	7	5	12	4,596	3,821	8,417			
Dublin and Midlands	2,268	1,654	3,922	501	143	644	6	11	17	43	41	84	379	366	745	268	240	508	9	8	17	~	~	~	140	184	324	56	34	90	9	11	20	3,682	2,695	6,377			
Dublin and South East	1,978	1,575	3,553	487	166	653	10	12	22	9	15	24	1,619	1,103	2,722	269	281	550	6	~	~	~	0	~	104	113	217	46	57	103	17	21	38	4,546	3,346	7,892			
South West	1,680	1,232	2,912	821	344	1,165	4	0	4	155	160	315	425	413	838	285	313	598	~	6	~	~	~	~	177	193	370	49	39	88	~	~	~	3,604	2,704	6,308			
Mid West	916	777	1,693	78	31	109	~	~	~	27	22	49	303	447	750	148	147	295	5	~	~	~	~	~	91	42	133	47	21	68	0	~	~	1,587	1,497	3,084			
West and North West	1,845	1,503	3,348	404	132	536	~	~	~	109	131	240	524	809	1,333	196	222	418	6	11	17	~	~	~	100	123	223	28	24	52	~	~	~	3,320	2,962	6,182			
Total	10,947	8,543	19,490	2,753	950	3,703	28	32	60	397	437	834	4,225	4,125	8,350	1,658	1,731	3,389	38	41	79	18	11	29	869	909	1,778	262	200	462	40	46	86	21,235	17,025	38,260			

~ In order to protect against the risk of indirect identification of individuals, values less than 5 have been suppressed.

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.5 Occupational status of of adults on NASS, 2025

	n	%
Total population	38,288	100.0
Training/day programme	14,951	39.0
Unable to work due to disability	8,809	23.0
Unemployed	3,191	8.3
In paid employment	2,922	7.6
Retired	1,967	5.1
Student/pupil	976	2.5
Housewife/husband	308	0.8
Other	146	0.4
Not known	5,018	13.1

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.6 Living arrangements of adults on NASS, 2025

	n	%
Total population	38,288	100.0
Living with family	21,428	56.0
Both parents	7,161	18.7
One parent	4,018	10.5
Parent(s) and sibling(s)	2,221	5.8
Wife/husband/partner, no children	2,453	6.4
Wife/husband/partner and children	2,290	6.0
Sibling(s)	1,321	3.5
Daughter(s)/ son(s)	656	1.7
Other relative(s)	267	0.7
Residential setting	8,539	22.3
Residential setting	8,539	22.3
Living alone	4,223	11.0
Alone	4,223	11.0
Living with non-relatives	525	1.4
Foster family	132	0.3
Non-relatives	393	1.0
Not known	3,573	9.3
Not known	3,573	9.3

Source: National Ability Supports System (NASS), Health Research Board

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Table 2.7 Primary carer information for adults on NASS not living in a residential setting, 2025

	Total	
	n	%
Yes	17,129	57.6
No	8,203	27.6
Not applicable	287	1.0
Not known	4,116	13.8
Total	29,735	100.00

Source: National Ability Supports System (NASS), Health Research Board
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Table 2.8 Adults living with their primary carer, NASS 2025

	Total	
	n	%
Yes	15,696	91.6
No	1,424	8.3
Not known	9	0.1
Total	17,129	100.00

Source: National Ability Supports System (NASS), Health Research Board
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Table 2.9 Relationship of the primary carer to adults on NASS, 2025

	Total	
	n	%
Parent	12,463	72.8
Wife/husband/partner	2,003	11.7
Sibling	1,630	9.5
Daughter/son	367	2.1
Non-relative	296	1.7
Other relative	237	1.4
Foster parent	119	0.7
Not known	14	0.1
Total	17,129	100.00

Source: National Ability Supports System (NASS), Health Research Board
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Table 2.10 Age group of primary carer to adults on NASS, 2025

	Total	
	n	%
17 years or under	~	~
Between 18 and 49 years of age	3,706	21.6
Between 50 and 59 years of age	5,116	29.9
Between 60 and 69 years of age	3,202	18.7
Between 70 and 79 years of age	1,623	9.5
80 years of age or over	516	3.0
Not known	2,964	17.3
Total	17,129	100.00

~ In order to protect against the risk of indirect identification of individuals, values of less than 5 have been suppressed.
Source: National Ability Supports System (NASS), Health Research Board
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Table 3.1 Current residential services recorded on NASS, 2025

	Current services			Enhancement required		
	Children	Adults	Total	Children	Adults	Total
	n	n	n	n	n	n
Accommodation in the community	217	6,182	6,399	10	1,054	1,064
Accommodation on campus	28	1,578	1,606	28	508	536
Nursing home	0	229	229	0	11	11
Specialist facility - challenging behaviour	~	52	~	0	19	19
Psychiatric hospital	0	49	49	0	~	~
Specialist facility - dementia	0	28	28	0	~	~
Specialist facility - neurological	0	22	22	0	10	10
Specialist facility - mental health comorbidity	0	17	17	0	0	0
Specialist facility - physical	0	~	~	0	~	~
Other hospital	0	~	~	0	0	0
Hospice	0	0	0	0	0	0
Number of people accessing a residential service	246	8,094	8,340	38	1,597	1,635

~ In order to protect against the risk of indirect identification of individuals, values less than 5, or where individuals may be identified, have been suppressed.

Note that an individual may be in receipt of more than one service listed in the table.

Source: National Ability Supports System (NASS), Health Research Board

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Table 3.2 Current day services recorded on NASS for adults only, 2025

	Current services	Enhancement required
	Adults	Adults
	n	n
Day Programme	19,390	3,267
Rehabilitative training	1,833	197
Number of adults accessing a day service	20,717	3,426

Note that an individual may be in receipt of more than one service listed in the table.

Source: National Ability Supports System (NASS), Health Research Board

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Table 3.2.1 Current day services recorded on NASS for adults only by primary disability type, 2025

	Intellectual disability		Physical or sensory*		Autism		Other**		Total	
	n	%	n	%	n	%	n	%	n	%
Total population	19,490	100.0	14,441	100.0	3,703	100.0	627	100.0	38,261	100.0
Day programme†	15,197	78.0	2,130	14.7	1,737	46.9	325	51.8	19,389	50.7
Rehabilitative training	964	4.9	304	2.1	421	11.4	143	22.8	1,832	4.8
Total	15,771	80.9	2,359	16.3	2,121	57.3	464	74.0	20,715	54.1

† A day programme aims to provide a supportive environment which addresses a person’s needs. These day programmes provide, or are moving towards providing, the 12 supports outlined in the New Directions Model.

* Physical and/or sensory includes: DeafBlind (dual sensory), hearing loss and/or deafness, neurological, physical, speech and/or language, and visual.

** Other includes: Developmental delay (children aged under 10 years only), specific learning disorder (other than intellectual), mental health, and not verified.

Note: primary disability type is missign for 27 adults, two of whom were accessing a day programme.

Source: National Ability Supports System (NASS), Health Research Board

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Table 3.3 Current day respite services recorded on NASS, 2025

	Current services			Enhancement required		
	Children	Adults	Total	Children	Adults	Total
	n	n	n	n	n	n
Centre based respite (includes clubs and camps)	1,078	544	1,622	158	159	264
Home-sharing short breaks family	134	207	341	9	9	18
Home Sharing contract family	8	15	23	~	~	~
Number of people accessing day respite	1,205	746	1,951	118	169	287

~ In order to protect against the risk of indirect identification of individuals, values less than 5, or where individuals may be identified, have been suppressed.

Note that an individual may be in receipt of more than one service listed in the table.

Source: National Ability Supports System (NASS), Health Research Board

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Table 3.4 Current overnight respite services recorded on NASS, 2025

	Current services			Enhancement required		
	Children	Adults	Total	Children	Adults	Total
	n	n	n	n	n	n
House in community/centre based respite	1,348	4,066	5,414	200	868	1,068
Holiday respite (Hotel/ B&B/Hostel)	23	273	296	0	11	11
Holiday respite (residential/centre based/summer camp)	7	242	249	0	9	9
Home sharing short breaks family	47	163	210	5	14	19
Home sharing contract family	8	33	41	~	~	~
Nursing home respite	0	15	15	0	~	~
Number of people accessing overnight respite	1,422	4,599	6,021	209	997	1,206

~ In order to protect against the risk of indirect identification of individuals, values less than 5, or where individuals may be identified, have been suppressed.

Note that an individual may be in receipt of more than one service listed in the table.

Source: National Ability Supports System (NASS), Health Research Board

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Table 3.5 Current supports for daily living services recorded on NASS, 2025

	Current services			Enhancement required		
	Children	Adults	Total	Children	Adults	Total
	n	n	n	n	n	n
Home support	1,397	5,049	6,446	119	545	664
Personal assistant	129	2,126	2,255	9	452	461
Community support	318	1,565	1,883	13	213	226
Supported Self-Directed Living support - sleepover cover	~	93	~	0	5	5
Voluntary work	0	80	80	0	11	11
Supported Self-Directed Living support - awake cover	~	52	~	0	7	7
Number of people accessing a support for daily living	1,830	8,460	10,290	141	1,195	1,336

~ In order to protect against the risk of indirect identification of individuals, values less than 5, or where individuals may be identified, have been suppressed.

Note that an individual may be in receipt of more than one service listed in the table.

Source: National Ability Supports System (NASS), Health Research Board

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Table 3.6 Current specialist supports recorded on NASS, 2025

	Current services			Enhancement required		
	Children	Adults	Total	Children	Adults	Total
	n	n	n	n	n	n
Key worker	300	7,968	8,268	37	751	788
Social work	184	5,950	6,134	9	1,890	1,899
Occupational therapy	793	4,940	5,733	9	1,549	1,558
Physiotherapy	791	4,676	5,467	10	1,576	1,586
Speech and language therapy	343	4,619	4,962	11	1,785	1,796
Nursing	520	4,496	5,016	0	1,713	1,713
Clinical psychology	130	4,039	4,169	~	873	~
Psychiatry	11	3,676	3,687	~	829	~
Peer support	39	3,311	3,350	0	~	~
Transport services	~	2,068	~	0	22	22
Behaviour therapy	80	1,952	2,032	0	266	266
Vision Rehabilitation services	786	1,758	2,544	280	203	483
Dietetics	286	1,634	1,920	~	604	~
Assistive technology/client technical service	348	1,434	1,782	~	81	~
Case manager	1,162	1,316	2,478	~	54	~
Advocacy	53	1,153	1,206	0	~	~
Chiropody	~	939	~	0	187	187
Dentistry/Orthodontics	~	620	~	~	168	~
Orthotics/Prosthetics services	143	581	724	0	216	216
Neurorehabilitation services	135	427	562	0	75	75
Complementary Therapy	~	419	~	0	56	56
Counselling psychology	7	340	347	0	30	30
Creative therapy services	17	215	232	0	23	23
Guide dog/assistance dog	82	167	249	0	0	0
Vision communication- IT/AT & alternative formats	6	137	143	~	31	~
Behavioural support	~	127	~	~	~	~
Neuropsychology	0	116	116	0	8	8
Palliative Care	0	45	45	0	18	
Educational psychology	33	38	71	0	5	5
Aural Rehabilitation services	0	12	12	0	~	~
Aural Communication- IT/AT and alternative format services	0	12	12	0	6	6
Family and caregiver supports	20	11	31	0	0	0
Animal Assisted Therapy	~	5	~	0	0	0
Play Therapy	14	~	~	0	0	0
Children's Disability Network Team (CDNT)*	61,570	0	61,570	22	0	22
Numbers accessing a specialist support	62,644	24,227	86,871	372	5,637	6,009

~ In order to protect against the risk of indirect identification of individuals, values less than 5 have been suppressed.

* This includes children whose referral assessment is underway, are on a CDNT waiting list, currently receiving services from a CDNT and children who have been discharged from a CDNT in 2025. It is estimated that 20% of the information provided to NASS from the CDNTIMS related to children who were referred to and awaiting assessment by a CDNT, or who were discharged from a CDNT in 2025.

Note that an individual may be in receipt of more than one service listed in the table.

Source: National Ability Supports System (NASS), Health Research Board

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Table 4.1 Residential services identified as required on NASS, 2025

	Services required 2025-2030		
	Children	Adults	Total
	n	n	n
Accommodation in the community	27	2,097	2,124
Specialist facility - challenging behaviour	6	16	22
Nursing home	0	16	16
Specialist facility - neurological	~	13	~
Specialist facility - physical	0	8	8
Accommodation on campus	0	7	7
Specialist facility - mental health comorbidity	0	~	~
Specialist facility - dementia	0	~	~
Hospice	0	0	0
Psychiatric hospital	0	0	0
Other hospital	0	0	0
Number of people requiring a residential service	34	2,163	2,197

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Note that an individual may require more than one service listed in the table

Source: National Ability Supports System (NASS), Health Research Board

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Table 4.2 Day services required in 2026 by health region, HSE National Day Service Database (NDSD)*

HSE Health Region	Day service	Rehabilitative training
Dublin and North East	432	216
Dublin and Midlands	400	173
Dublin and South East	460	192
South West	516	188
Mid West	213	68
West and North West	344	163
Total	2,365	1,000

* Information on day services required in 2026 was provided for this bulletin by the HSE National Day Service Database (NDSD). As referrals continue throughout the year the final number of people that require day services in 2026 was not available at the time of publication.

Note that an individual may require more than one service listed in the table

Source: HSE National Day Service Database

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Table 4.3 Day respite services identified as required on NASS, 2025

	Services required 2025-2030		
	Children	Adults	Total
	n	n	n
Centre based - day respite	51	112	163
Home-sharing/short breaks family day respite	~	56	~
Home-sharing contract family day respite	0	~	~
Number of people requiring day respite	53	169	222

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Note that an individual may require more than one service listed in the table

Source: National Ability Supports System (NASS), Health Research Board

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Table 4.4 Overnight respite services identified as required on NASS, 2025

	Services required 2025-2030		
	Children	Adults	Total
	n	n	n
House in community/centre based respite	162	814	976
Holiday respite (Hotel/ B&B/Hostel)	0	245	245
Holiday respite (residential/centre based/summer camp)	7	190	197
Home sharing short breaks family	6	85	91
Home sharing contract family	~	16	~
Nursing home respite	0	5	5
Number of people requiring day respite	173	1,289	1,462

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Note that an individual may require more than one service listed in the table

Source: National Ability Supports System (NASS), Health Research Board

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Table 4.5 Supports for daily living services identified as required on NASS, 2025

	Services required 2025-2030		
	Children	Adults	Total
	n	n	n
Home support	119	546	665
Community support	60	301	361
Personal assistant	7	193	200
Voluntary work	0	49	49
Supported Self-Directed Living support - sleepover cover	~	39	~
Supported Self-Directed Living support - awake cover	0	~	~
Number of people requiring a support for daily living	182	1,060	1,242

Note that an individual may require more than one service listed in the table

Source: National Ability Supports System (NASS), Health Research Board

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Table 4.6 Specialist supports identified as required on NASS, 2025

	Services required 2025-2030		
	Children	Adults	Total
	n	n	n
Occupational therapy	54	1,209	1,263
Physiotherapy	31	1,103	1,134
Speech and language therapy	60	710	770
Clinical psychology	64	673	737
Dietetics	13	465	478
Social work	17	374	391
Psychiatry	~	289	~
Transport	28	281	309
Counselling psychology	5	251	256
Chiropody	9	248	257
Dentistry/Orthodontics	15	223	238
Assistive technology/client technical service	17	204	221
Behaviour therapy	12	188	200
Neuropsychology	~	132	~
Complementary Therapy	~	123	~
Advocacy	0	75	75
Case manager	~	71	~
Orthotics/Prosthetics services	~	59	~
Peer support	31	57	88
Vision communication- IT/AT & alternative formats	5	55	60
Nursing	0	45	45
Creative therapy services	~	44	~
Educational psychology	10	26	36
Key worker	~	24	~
Neurorehabilitation services	0	24	24
Family and caregiver supports	~	21	~
Behavioural support	149	18	167
Animal Assisted Therapy	0	16	16
Aural Communication- IT/AT and alternative format services	0	7	7
Vision Rehabilitation services	5	6	11
Guide dog/assistance dog	~	5	~
Palliative Care	0	~	~
Aural Rehabilitation services	0	~	~
Play Therapy	9	~	~
Number of service users requiring a specialist support	369	4,669	5,038

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Note that an individual may require more than one service listed in the table

Source: National Ability Supports System (NASS), Health Research Board

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Table 5.1 Number of aults with an intellectual disability registered on NASS by HSE Health Region of service, 2025

	NASS 2025 registrations	Share of NASS registrations
HSE Health Region of service	n	%
Dublin and North East	4,414	21.1
Dublin and Midlands	4,227	20.2
Dublin and South East	3,887	18.6
South West	3,115	14.9
Mid West	1,791	8.6
West and North West	3,499	16.7
Total	20,933	100

Source: National Ability Supports System (NASS), Health Research Board

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Table 5.2 Level of intellectual disability of adults registered on NASS, 2025

Level of intellectual disability	n	%
Borderline	332	1.6
Mild	7,046	33.7
Moderate	9,621	46
Severe	2,857	13.6
Profound	650	3.1
Not verified	427	2.0
Total	20,933	100

Source: National Ability Supports System (NASS), Health Research Board

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Table 5.3 Age breakdown of adults with an intellectual disability registered on NASS, 2025

Age group	n	%
18 - 24 years	4,028	19.2
25 - 39 years	6,313	30.2
40 - 59 years	7,049	33.7
60 - 69 years	2,368	11.3
70 - 79 years	947	4.5
80 years and over	228	1.1
Total	20,933	100

Source: National Ability Supports System (NASS), Health Research Board

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Table 5.4 Additional disabilities among adults with an intellectual disability (ID) as a primary disability, NASS 2025

Additional disabilities	Intellectual disability	
	n	%
Total population	19,490	100
Physical disability	3,508	18.0
Difficulty with speech and/or language	3,009	15.4
Autism	2,363	12.1
Mental Health	1,334	6.8
Neurological disability	1,004	5.2
Visual impairment	1,303	6.7
Hard of hearing and/or deafness	950	4.9
Specific learning difficulty (other than intellectual)	137	0.7
Deaf and Blind (dual sensory)	33	0.2
No additional disability	5849	30

Source: National Ability Supports System (NASS), Health Research Board

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Table 5.5 Primary disabilities among adults with an intellectual disability (ID) as an additional disability, NASS 2025

Primary disability	Intellectual disability	
	n	%
Total population	1,443	100
Autism	953	66.0
Physical disability	202	14.0
Neurological disability	107	7.4
Mental Health	73	5.1
Visual impairment	50	3.5
Hard of hearing and/or deafness	31	2.1
Deaf and Blind (dual sensory)	16	1.1
Specific learning difficulty (other than intellectual)	5	0.3
Difficulty with speech and/or language	~	0.3
Not verified	~	0.1

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Source: National Ability Supports System (NASS), Health Research Board

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