**HRB** Health Research Board

## HSE West and North West

**Adult Units** **2,517** admissions

37% first admissions
63% readmissions

## Demographics
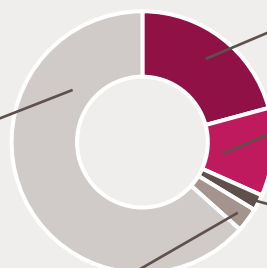
### Sex

1,313 male
**52%**

1,204 female
**48%**

### Marital status

**64%** Single

**3%** Widowed

**21%** Married

**11%** Unknown

**2%** Divorced

### Age

− **45.3 yrs** +

mean age
(Median 44 yrs)

**4%** <20 years

**48%** 20-44 years

**33%** 45-64 years

**16%** 65+ years

### Employment status

**21%** Employed

**38%** Unemployed

**9%** Retired

**3%** Student

**3%** Looking after family/home

**<1%** Illness/disability

### No fixed abode

**1%**

### Main ethnic groups

**59%** White Irish

**4%** Other White Background

**2%** White Irish Traveller

**CCCSÉ** Cód Cleachtais Chóras Staidrimh na hÉireann
**ISSCOP** Irish Statistical System Code of Practice

**Research. Evidence. Action.**

## Most common primary admission diagnosis

**547** (22%)
Depressive Disorders

**408** (16%)
Schizophrenia

**344** (14%)
Anxiety/ Fear-related/ Stress/OCD

**245** (10%)
Bipolar Disorders

**242** (10%)
Personality and Behavioural Disorders

## Main referral source

**44%**
ED/ Assessment unit

**12%**
GP/out of hours GP

**9%**
Justice (Garda/prison /court

**6%**
Community Mental Health services

## Hospital type

**2,165** (86%)
General hospital acute unit

**293** (12%)
Independent/ private hospitals and private charitable centres

**50** (2%)
Psychiatric hospitals/ continuing care unit

## Discharges and deaths

**2,501**

**7** deaths

**33.9 days** average length of stay (Median 13 days)

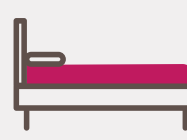### Discharged to

**1,245**
Home

**367**
Community based treatment

**52**
Discharged against medical advice

### Inpatient bed days

**95,110**
inpatient bed days

**12%**
Of all inpatient bed days nationally in 2024