2024 | Alcohol treatment demand in Ireland



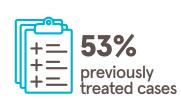
HRB StatLink Series 27

Alcohol treatment demand

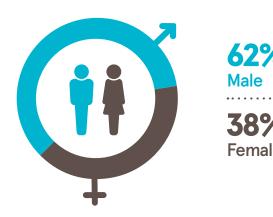
Total number of cases treated

8,745





Breakdown by gender



Characteristics _____



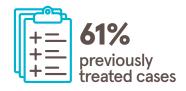




Alcohol dependent _____

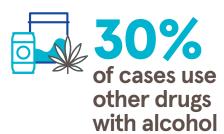
56% All cases





Polydrug use _____

Drugs most commonly used with alcohol _____









Polydrug problem drug by age





20-49 years



Gender

Female





median age



54% alcohol dependent



14 standard drinks in a day



22% polydrug use



5% homeless

Male





median age



57% alcohol dependent



16 standard drinks in a day



34% polydrug use



10% homeless

The HSE low risk drinking guidelines for females is up to 11 standard drinks in a week and up to 17 standard drinks in a week for males with drinks spaced out over the week, with two to three alcohol free days per week.

https://www2.hse.ie/living-well/alcohol/health/improve-your-health/weekly-low-risk-alcohol-guidelines/