Directory of courses and training programmes on drug misuse in Ireland

2017
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Health Research Board
Introduction

This Directory contains information about courses and training programmes on drug misuse for individuals and agencies interested in developing their knowledge, skills and capacity in this field.

There is a wide variety of training available, ranging from single sessions to courses lasting up to three years. Although some courses do not refer directly to drugs or addiction, they may be of interest to those working in this area. Obviously, the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. A number of courses are offered by multiple providers, so information on a single course may be provided more than once. This enables local providers to give details which may be of interest to those in their area. Information in the Directory has been supplied by a range of sources and this is reflected in the different writing styles and content.

Courses are aimed at diverse target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific groups. The majority of courses listed here do not stipulate formal educational attainments as entry requirements, although a number of more advanced courses do require participants to have some previous knowledge and understanding of relevant issues.

The Directory does not assess or provide information about the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or the details of any course, should be taken as indicative of any view or opinion of that course held by the staff of the HRB National Drugs Library, the Health Research Board or any other agency.

Information for this publication was taken from our online Directory, and therefore provides a ‘snap-shot’ of courses available at one particular time. Inevitably, some agencies providing courses and training in drug misuse were overlooked, and new courses are continually being developed. Please consult our website, www.drugsandalcohol.ie/courses, for the most up-to-date information.

Course co-ordinators who wish to provide updated information or new courses should contact Mary Dunne mdunne@hrb.ie
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Short or basic level courses providing information and/or raising awareness of substance misuse among a general target audience, or developing skills of those working in this field.
Course aims and objectives
Strengthening Families Programme (SFP 12-16 yrs) is a 14 session family skills training programme for families. SFP has been proved to help build communication skills, family and behaviour management and have fun in the process! It is is designed to give parents and their children the opportunity to learn new, healthy communication skills that create positive relationships within families. These new skills also assist and reduce the risk of young people getting involved in adverse behaviours.

SFP skills are not special skills for deficient families; SFP skills are for all families, but presented in a way to make them accessible to high stress families. All groups are run by facilitators who have trained in SFP and have experience of working with children and families in the community.

Course content
• The group meet for two and a half hours once a week
  • On the evening, three classes are run: parent skills training, teen skills training and family life skills training.
  • Families meet for the first half hour for a community dinner to meet with group leaders and other families in the group.
  • After dinner, for the first hour families separate into two groups for parents/caregivers and for teens.
  In the second hour, families will join together to discuss and practice skills as a whole group

In the parents group, parents will learn new skills to increase better behaviours in their teens through:
  • Attention
  • Rewards
  • Clear communication
  • Substance use education
  • Problem solving
  • Limit setting

In the teen group, skills are present on how to:
  • Communicate positively
  • Understand feelings
  • Cope with criticism
  • Manage stress
  • Develop social skills
  • Learn problem solving
  • Deal with peer pressure
  • Understand the consequences of substance abuse
  • How short term consequences affect long term dreams and goals.

Benefits for families
• Increased family quality time
• Learn better communication skills
• Coping with anger and criticism
• Stress management
• Coping peer pressure
• Helps to prevent substance abuse, conduct disorders and depression in teens
• Improve parenting skills and family relationships
• Incentives for attendance, positive participation, homework completion and graduation.

Weekly family support
Through the running of the programme, families will link in on a weekly basis with their Link Person or Referral Agent in order to receive support and guidance around the content of the programme for that week.

A Link Person is a professional that will offer to
say in contact with the referred family to cover any material with them, to check their understanding of the programme and try to address any difficulties that are arising within the programme. Referral Agents can and have in the past also acted in this capacity.

**Target group**
The Strengthening Families Programme is a 14 week family skills programme for the entire family.

**Entry requirement**
Families. There is childcare available for children aged 4-11 years, and transport can be provided to families who may find it difficult to travel to the programme. There is a meal provided every night for all the family to enjoy before the session starts.

**Selection procedure**
Families may be referred by a 'referral agent' e.g. a probation officer.

For more information about the programme, for both families and referrers visit [www.lecheile.ie/category/what-we-do/strengthening-families-programme/](http://www.lecheile.ie/category/what-we-do/strengthening-families-programme/)

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
This programme was developed by Dr. Karol L. Kumpfer and associates at the University of Utah in 1982.

**Course start date**
Contact your local Le Cheile Mentoring Project Co-ordinator

**Course location**
Various locations, see co-ordinators webpage

**Application**
A wide variety of professionals from the community are involved in running the programme, including youth workers, health promotion works, volunteers, counsellors, social workers and community Garda.

**Cost**
n.a.
**Course Provider**  
Community Awareness of Drugs

**Address**  
31 Central Hotel Chambers, Dame Court, Dublin 2

**Web address**  
http://www.cadaboutdrugs.ie

**Course aims and objectives**  
To provide parents and other adults with a common-sense approach to understanding a variety of drug-related issues

**Course content**  
This single-session drug awareness presentation is delivered from a preventative perspective. The following questions are addressed:

- What is a drug?
- What is drug misuse?
- What do drugs look like?
- Why do people take drugs?
- Where do young people get drugs?
- How do you conduct a safety audit in the family home?
- How safe is your community?
- What are the risk and protective factors?
- How do you get along with teenagers?
- How does someone develop a dependency on drugs?
- Where can you go for help?

**Target group**  
Adults – parents / guardians / carers and community workers

**Entry requirement**  
n.a.

**Selection procedure**  
n.a.

**Qualification**  
n.a.

**Assessment**  
n.a.

**Contact Person(s)**  
*Training co-ordinator*  
01 878-3656  
info@cadaboutdrugs.ie

**Accreditation**  
n.a.

**Course background**  
Since 1983 CAD has responded to the needs of parents and community workers by providing single-session talks/presentations. In some instances these talks lead to additional programmes being delivered.

**Course start date**  
Initial one-session course run on demand.

**Course location**  
Local community level

**Application**  
Contact CAD Co-ordinating Office.

**Cost**  
Organisers make a donation to CAD (anything from €50.00 upwards, depending on location).
### THE CAD 'BI-ANNUAL UPDATE DAY'

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**Course aims and objectives**
To provide former participants with an opportunity to access information on drugs from Dr Des Corrigan, Chairman of the National Advisory Committee on Drugs. In addition, to up-skill on family-related matters from a variety of guest speakers and to listen to shared personal experiences on the topic of drug use and dependency.

**Course content**
- Pharmacological update from Dr Des Corrigan.
- Family-related strategies are covered by family therapists / addiction counsellors, and shared personal experiences by Narcotics Anonymous, Coolmine Therapeutic Community, Merchants Quay Ireland or the Family Support Network.

**Target group**
Past participants of our ‘Parenting for prevention’ programme and invited guests

**Entry requirement**
None

**Selection procedure**
None

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
Our ‘update days’ have been held on six occasions since 1994. The 2008 update day co-incided with our 25th anniversary celebrations.

**Course start date**
Please contact CAD for next update day.

**Course location**
Dublin

**Application**
Contact the CAD Office

**Cost**
€10.00 to secure a place
## A04 INTRODUCING DRUGS AND ALCOHOL INTERVENTIONS

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</table>

### Course aims and objectives
To provide a wide range of new-to-post or community workers with an opportunity to: access information on drugs and their effects; explore family/community-related strategies; and listen to shared personal experiences.

### Course content
- **Drugs and their effects:**
  Dr. Des Corrigan, Chair, National Advisory Committee on Drugs.
- **Motivating change:**
  Mr. Brian Foley, Addiction Counsellor and Motivational Interviewing Trainer, UCD.

**Shared Personal Experiences:**
- Coolmine Therapeutic Community
- Family Support Network

### Target group
New-to-post workers / community workers

### Entry requirement
None

### Selection procedure
None

### Qualification
n.a.

### Assessment
n.a.

### Accreditation
n.a.

### Course start date
CAD hold a training event for services providers in March, June and October each year.

### Course location
Dublin

### Application
Contact the CAD Office.

### Cost
Cost: €100 (€90 Early Bird Price)

### Course background
Our education events for new-to-post workers have been available since 1984. They are usually held three times a year.
THE CAD 'FAMILY FOCUS' SIX-SESSION DRUG EDUCATION PROGRAMME

Course Provider
Community Awareness of Drugs

Address
31 Central Hotel Chambers, Dame Court, Dublin 2

Web address
http://www.cadaboutdrugs.ie

Contact Person(s)
Training co-ordinator

01 878-3656
info@cadaboutdrugs.ie

Course aims and objectives
To provide participants with an opportunity to:
update information on drugs and their effects;
explore attitudes and decisions about substance misuse; and develop a family-orientated drug prevention strategy.

Course content
Discussion topics include:
• Drug-use prevalence
• Drug prevention (broadly defined)
• Drugs and their effects
• Safety audit in the family home
• Parenting-related confidence building
• Active listening
• Health promotion
• Harm reduction
• The gateway theory
• The wheel of change
• Drug-related laws
• Mental health matters
• Sexual health matters
• Information sources
• Treatment options
• Risk and protective factors

Target group
Parents or guardians, other adults

Entry requirement
None

Selection procedure
None. See course website for further details:
www.cadaboutdrugs.ie/

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
The course was launched during European Drug Prevention Week in October 1992. It was first offered in September 1993. Each tutor can run a maximum of three sessions a week, depending on demand.

Course start date
Contact CAD office.

Course location
Local community level cross task-force basis
Leinster

Application
Contact CAD Office.

Cost
€380.00 per six-session programme, if there is no sponsorship available.
REPORTING FOR WORK UNDER THE INFLUENCE OF
DRUGS AND ALCOHOL – EMPLOYERS LEGAL OBLIGATIONS. SEMINAR

Course Provider
EAP Institute

Address
143 Barrack Street, Waterford

Web address
http://www.eapinstitute.com

Contact Person(s)
Anita Furlong
Conference Administrator
051 855 733
anita@eapinstitute.com

Course aims and objectives
At the end of this training delegates will have knowledge of:
a) Assessing the risks from workplace intoxicants.
b) How to develop a workplace intoxicant policy.
c) Managing reasonable suspicion and reasonable accommodation.

Course content
Removal from place of work
From the 1st of Sept 2005 Employers may remove an employee from their place of work if he or she would be a danger to themselves or others due to being under the influence of an intoxicant to the extent that he or she is in such a state as to endanger his or her own safety, health or welfare at work or that of any other person.

Health and safety authority (HSA) information sheet on intoxicants
The information sheet on intoxicants at work published by the Health and Safety Authority in September 2011, states that if an employer has reason to believe that an employee is in a drowsy state as a result of medication, which would impact on the safe operation of machinery, action should be taken to remove the employee from the risk.

Assessing the risks
Risk assessments should be conducted to identify safety critical industries or safety critical tasks within companies where the consumption of intoxicants could endanger staff or other. Control measures should be specified in the safety statement.

Target group
Human resource managers, health and safety managers and employee assistance professionals

Entry requirement
Interest in workplace drugs and alcohol programmes

Selection procedure
See course website for more details: http://eapinstitute.com/drugalcohol.php

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Background to the Legislation
The Safety, Health and Welfare at Work Act 2005 took effect on 1st September 2005. Section 13(1)b of the Act contains a provision on drugs and alcohol and states that an employee shall while at work:-

Ensure that he or she is not under the influence of an intoxicant (defined as including drugs and alcohol and any combination of drugs or of drugs and alcohol) to the extent that he or she is in such a state as to endanger his or her own safety, health or welfare at work or that of any other person.

Section 13(1) b of the Act applies to legal drugs including alcohol, prescribed medication and over the counter drugs which could cause drowsiness and pose a risk to employees working in safety critical industries such as transportation, air-sea-rail, construction, manufacturing and health-care.
Course start date
Thursday 21st September 2017

Course location
Dublin, Thursday 21st September 2017

Application
Through website, phone, email or post to contact person listed above.

Cost
Book online before Monday 21st of August 2017 €295.00. After that date €350.00
Course aims and objectives
The objective of the training programme is to develop the following:
• Policies and Procedures for responding to workplace intoxicants (defined as drugs and alcohol).
• Conducting intoxicant risk assessment and control measures.
• Managing reasonable suspicion for managers and supervisors (when an employee reports for or is on duty under the influence of an intoxicant).
• Health surveillance for intoxicants, employee information, employee support services and employee assistance programmes.
• Procedures for intoxicant testing.

Course content
Over the past number of years the EAP Institute has developed a prominent position in the provision of consulting and training for companies who wish to comply with Section 13(1) b of the Safety, Health and Welfare at Work Act 2005. This section of the Act requires that, where a manager or supervisor has reasonable suspicion that an employee reports for or is on duty under the influence of an intoxicant (defined as drugs and alcohol or any combination of drugs or alcohol) they may be removed from their place of work.

Employers are required to provide reasonable accommodation when employees are removed from their place of work. This requires an objective assessment, to determine if the employee is suffering from a disability and afforded, when appropriate, the opportunity for treatment and rehabilitation.

Target group
Employers

Entry requirement
n.a.

Selection procedure
For further information about the course, visit the website - www.eapinstitute.com/trainingenquiry.php

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
n.a.

Course start date
Contact EAP for future dates.

Course location
Various locations

Application

Cost
Contact EAP
Course Provider
Southside Community Training Network

Address
The Old Post Office, 7 Rock Hill, Main Street, Blackrock, Co. Dublin

Web address
http://www.trainingnetwork.ie/

Contact Person(s)
Sandra Campbell
01 209 0610
sandra.campbell@sspship.ie

Course aims and objectives
Southside Community Training Network (SCTN) focuses on building community capacity through the provision of quality, affordable training courses to individuals and groups working within Dún Laoghaire-Rathdown.

Course content
The SCTN have organised the following training courses in the past:

Alcohol and its effects on our community
Designed to entertain, provoke and educate this workshop will invite those attending to explore the world of a 12 year old girl to cope with the worries and fears of living in a world where alcohol abuse is the norm. The workshop will start off with a short 30 minute play.

Community addiction studies course (a one module course at FETAC level 5)
The purpose of this course is to enable participants to learn about drugs and their effects, develop an understanding of addiction, examine their own attitudes, become more effective in their personal responses and develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

Drug awareness training course
This course is suitable for those 18 years and over who are interested in learning about drugs and their effects, both on the individuals who use them and the wider community. The course runs for six consecutive weeks and a Certificate of Attendance will be given to participants on completion.

Motivational Interviewing (Introduction course)
Participants will acquire a solid base of MI theory, explore MI spirit, investigate opening strategies, intervention traps, explore resistance, develop and integrate skills and techniques to progress competency. This workshop will benefit any professionals working with people where behaviour change would be favourable.

Managing organisations in the community sector
National College of Ireland and Citywide Drugs Crisis Campaign, have offered this part-time work-based course. It has been developed for front line managers of community based drug projects who wish to develop their knowledge to successfully manage and lead in this complex and challenging environment.

Parachute programme
A one-day training event for the delivery of Drug Misuse Prevention through play for 5-12 year olds. The programme is divided into three age appropriate modules which are based on the use of play to explore the ideas of: self esteem, staying safe, being healthy, being aware of drugs.

Two day training in drug prevention & education.
- Quality standards in substance use education
  The Manual was developed by the Drug Education Workers Forum as a way of standardising substance use education within the community, voluntary and statutory sector. Standards within substance use education may include educational programmes, policies and guidelines..
- Putting the pieces together: a drug & alcohol resource for trainers
  The aim of the Manual is to provide a practical approach to working with young people (in an out of school setting), parents and communities.
affected by drug use. The objectives are to increase knowledge and understanding, challenge attitudes, develop skills in delivering substance use education, and give an introduction into the use of brief interventions.

**Target group**
SCTN courses are open to all those living or working within Dún Laoghaire-Rathdown. Priority will be given to those who work within areas and communities of disadvantage.

**Entry requirement**
n.a.

**Selection procedure**
Visit the website for details about upcoming courses [http://www.trainingnetwork.ie/](http://www.trainingnetwork.ie/)

**Qualification**
Not applicable

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
We organise training based on the needs of the organisations with which we work. Since we work with a diversity of organisations, our calendar is diverse. Courses are often on issues related to childcare, accounting, grant-writing, web work and health and safety, as well as around topics, like substance abuse or domestic violence.

Many of our courses are FETAC (or otherwise) accredited. Our trainers are experts in their fields. SCTN pays full price for the training and charges the learner a greatly reduced, subsidised price.

**Course start date**
Contact SCTN or see website for details.

**Course location**
All of our training will take place within the local community (Dun Laoghaire/Rathdown) to facilitate easy access. If a group has an interest in any particular course, we will make every effort to accommodate their request.

**Application**
Contact SCTN

**Cost**
Details from SCTN. Dun Laoghaire Rathdown Task Force provide some education bursaries for recovering drug users resident in their area. Please see [http://dlrdrugtaskforce.ie/](http://dlrdrugtaskforce.ie/) for details.
ASIST (Applied Suicide Intervention Skills Training)

Course Provider
National Youth Council of Ireland

Contact Person(s)
Training Administrator

Address
3 Montague Street
Dublin 2
Ireland

Web address
http://www.youth.ie/training

Course aims and objectives
This is a two day intensive, interactive workshop where participants develop their skills through simulations and role-playing in order to become more ready, willing and able to help people at risk of suicide.

Course content
Learning outcomes:
• To recognise that caregivers and persons at risk are affected by personal and societal attitudes about suicide.
• To learn how to discuss suicide with a person at risk in a direct manner.
• To be able to identify risk alerts and develop safe plans related to them.
• To demonstrate the skills required to intervene when a person is at risk of suicide.
• To become familiar with the types of resources available to a person at risk of suicide, including themselves.
• To make a commitment to improving community resources.

This training is available on demand or tailored to need.

Target group
This course is designed for all caregivers which includes professionals, paraprofessionals and lay people. It is suitable for mental health professionals, nurses, physicians, teachers, counsellors, youth workers, police and correctional staff, school support staff, clergy and community volunteers.

Entry requirement
n.a.

Selection procedure
For more details about the course, visit the website http://www.youth.ie/nyci/ASIST-Applied-Suicide-Intervention-Skills-Training

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Courses have been run for a number of years.

Course start date
This two day workshop is available on demand. Contact NYCI for details.

Course location
Various locations

Application
Obtain an application form by downloading from the website, or by contacting NYCI's Training Administrator on 01 478 4122 or e-mail training@nyci.ie.

Cost
Contact NYCI for details.
Course Provider
ECO-UNESCO
Address
'the greenhouse', 17 St., Andrew St., Dublin 2
Web address
http://www.ecounesco.ie

Contact Person(s)
Armin Krautgasser
Drugs Education Officer
01 662 5491
training@ecounesco.ie

Course aims and objectives
By the end of the training participants will:
• Be confident in developing an alternative approach to drug misuse prevention through environmental education
• Be confident in facilitating life skill development in young people using interactive education methodologies and motivational activities
• Be able to facilitate personal development in young people through their engagement with the environment (practical project work)
• Be confident and able to use the ECO-CHOICES resource pack (incl. in training fee)

Course content
This short course explores an alternative approach to drug misuse prevention using environmental education as a resource for positive personal development of young people.

Target group
Community workers, youth workers. This training is particularly suited for those working with “at-risk” young people and SPHE teachers.

Entry requirement
Participants do not need to have any prior experience or training.

Selection procedure
For more information on the course, see www.ecounesco.ie/eco-unesco-s-drug-prevention-training-for-trainers-introducing-environmental-education-as-a-resource

Qualification
n.a.

Assessment
n.a.
**Course Provider**
Health Service Executive

**Address**
Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15

**Web address**

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**Course aims and objectives**
The programme aims to up-skill participants in using the evidence based Brief Intervention Framework with all tobacco users.

**Course content**
Course content:
• The health effects of tobacco and the benefits of quitting
• Raising the issue of tobacco use with patients
• Principles of a motivational approach to enhance client centred practice
• Coping with withdrawal symptoms
• Nicotine replacement therapy
• Smoking cessation services and supports

**Target group**
Any healthcare professional in a position to raise the issue of smoking use within their professional role and to support positive behaviour change such as nurses, midwives, allied health professionals, pharmacists etc.

**Entry requirement**
This course is for Health Professionals only.

**Selection procedure**
Contact Fiona Walsh Maher. See website for more details: [www.hse.ie/bitobacco](http://www.hse.ie/bitobacco)

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
Category 1 approval 6CEU’s for registered nurses and midwives and 5.5 external credits for registered doctors/consultants
DRUG AND ALCOHOL AWARENESS / PREVENTION

**Course Provider**
HOPE (Hands On Peer Education)

**Address**
Killarney Court, Buckingham Street, Dublin 1

**Web address**
http://www.nicdtf.ie

**Contact Person(s)**
Irene Crawley
Manager
01 887 8404
hopehandson@yahoo.ie or hopehandson@gmail.com

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**Course aims and objectives**
Aim: Raise awareness of alcohol and drug use and related issues
Objectives:
- For participants to become familiar with the process of addiction
- To gain knowledge of different drugs and their effects
- To become familiar with early detection and intervention
- Information on treatment and support available

**Course content**
- Introduction to basic concepts of addiction
- Detection of early signs and symptoms
- Familiarisation with commonly used drugs and alcohol
- The family in addiction
- Treatment models
- Intervention skills
- Prevention with youth
- Role play, film and speakers

**Target group**
The course is open to anyone in the community

**Entry requirement**
Aged 18 or over

**Selection procedure**
Telephone interview

**Qualification**
Certificate of attendance

**Assessment**
Group assessment at end of course

**Accreditation**
n.a.

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**Course background**
This course runs several times a year, or as requested by local groups.

**Course start date**
The course is 16 hours and can be structured as requested.

**Course location**
Various

**Application**
Details from contact person listed above

**Cost**
Free for members of the community; a donation may be requested from professionals.
### Course Provider
**HOPE (Hands On Peer Education)**

**Address**
Killarney Court, Buckingham Street, Dublin 1

**Web address**
http://www.nicdtf.ie

### Contact Person(s)
**Irene Crawley**
**Manager**
01 887 8404
hopehandson@yahoo.ie or hopehandson@gmail.com

### Course aims and objectives
**Aim:** Raise awareness of alcohol and drug use among young people  
**Objectives:** For participants to gain a brief overview of the process of substance use, drugs and their effects, intervention, treatment and support available

### Course content
- Brief description of:  
  - Process of addiction  
  - Alcohol, cannabis and solvent use  
  - Signs and symptoms  
  - Prevention tips with youth  
  - Support and further information available

### Target group
Members of the community

### Entry requirement
Parents of school child/children

### Selection procedure
None. Courses are run at the request of school principal, youth or community group.

### Qualification
n.a.

### Assessment
Feedback from group leader

### Accreditation
n.a.

### Course background
This course was begun in 2005, and will be run as requested.

### Course start date
Two-hour talk, daytime or evening

### Course location
Local schools / youth or community groups

### Application
Details from contact person listed above

### Cost
Free
Course Provider
HOPE (Hands On Peer Education)

Address
Killarney Court, Buckingham Street, Dublin 1

Web address
http://www.nicdiff.ie

Contact Person(s)
Irene Crawley
Manager
01 887 8404
hopehandson@yahoo.ie or hopehandson@gmail.com

Course aims and objectives
Aim: This is a parenting course with a focus on drug/alcohol prevention.
Objectives: To combine parenting skills with education around drugs issues

Course content
- Parenting skills
- Introduction to basic concepts of addiction
- Familiarisation with commonly used drugs and alcohol
- The family in addiction
- Games, film and speakers

Target group
Parents, grandparents, those working with children

Entry requirement
Have children in your care, either professionally or personally

Selection procedure
Telephone interview

Qualification
n.a.

Assessment
Group

Accreditation
n.a.

Course background
The H.O.P.E. project offers a first point of contact for those wishing to become drug free, and support to their families. Our Community Detox programme consists of assessment, referral, drug screening, counselling, holistic therapies, access to treatment and rehabilitation, follow on care and advocacy. The project develops and delivers a range of drug / alcohol educational programmes for youth and adults in the North Inner City.

Course start date
Various

Course location
Details from contact person listed above

Application
Details from contact person listed above

Cost
Free
UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCTION APPROACH

Course Provider
School of Social Work and Social Policy, Trinity College Dublin

Address
School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

Web address
http://www.tcd.ie/swsp/

Course Provider
School of Social Work and Social Policy, Trinity College Dublin

Address
School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

Web address
http://www.tcd.ie/swsp/

Contact Person(s)
Kay Inckle
Executive Officer
01 8962991
kinckle@tcd.ie

Course aims and objectives
This eight-week certified and IASW accredited training course is based on a holistic and harm-reduction approach to self-injury and is the first of its kind to be run in Ireland.

The course provides an in-depth programme and draws on the latest research and developments in the field. It takes a broad, holistic and critical view, enabling participants to understand and apply best-practice responses suited to their particular setting and to work intensively on knowledge, skills, practice and policy development for their field. The course is based on a group learning and participant-centred approach and participants leave the course highly resourced in terms of their own practice and also as leaders and developers of innovative responses in their field.

Course content
The course includes modules on:
• Self-injury: definitions, problems, positions
• Embodiment, well-being and the functions of self-injury
• An in-depth, life-course approach to self-injury
• Active listening and facilitating recovery
• Critical mental health
• Harm-reduction
• Creative interventions
• Policy development

Target group
Those with an interest in this area.

Entry requirement
Previous educational and work experience in a related field is desirable.

Selection procedure
For more information on the course visit www.tcd.ie/courses/preview/esc/az/course.php

Qualification
Certificate

Assessment
There are total of 52 teaching hours and two assignments. Full attendance and completion of assignments in mandatory for certification.

Accreditation
The course is credited with a certificate from the School of Social Work and Social Policy, TCD. It has also been assessed by the IASW and awarded 12 CPD points.

Course background
See website for more details.

Course start date
The course runs bi-annually commencing the first week of October and the second week of March each year.

Course location
Trinity College Dublin

Application
For a registration form contact Dr Kay Inckle, kinckle@tcd.ie, 01 896 2991, or by post to the School of Social Work and Social Policy.

Cost
€650 for the eight weeks
Course Provider
Community Outreach Drug and Alcohol Project – Cork City Partnership

Address
Cork City Partnership Ltd.
Level 1, Heron House
Blackpool Retail Park
Blackpool Cork City
Telephone: 021–4302310

Web address
http://www.corkcitypartnership.ie

Contact Person(s)
Jacqueline Daly
Community Development / Drug & Alcohol Worker
087 1962030
jdaly@partnershipcork.ie

Mella Magee
Community Development / Drug & Alcohol Worker
087 1962022
mmagee@partnershipcork.ie

Course aims and objectives
The course is designed for those who would like to increase their knowledge and train as parents / carers to be a barrier between children (aged 7-13) and the influence of today’s so called “toxic culture”.

Course content
The training delivers 16 hours of video based workshops, generally over four weeks.
1: "Toxic culture" explores the culture that young people are exposed to and “Put yourself in the way”, how to get involved in your young person’s life.
2: “Awareness is your best friend” concentrates on listening to your intuition as a parent and “Remember the difference” adolescence is a middle ground between childhood and adulthood.
3: “Expect and inspect” and “Never cry alone”. focus on sharing the bad times as well as the good times with your teenager and this aims to help them deal with feelings rather than masking them through the use of alcohol and drugs.
4: “Traps to avoid” explores seven traps for parents that they should avoid: wealth without work, love without limits, adulthood without childhood, education without character, entertainment without conscience, freedom without vision. The session also looks at “Building a family vision”: working with your children to help them reach their goals and dreams.

Target group
Parents or carers living in Cork city community.

Entry requirement
Applicants must be over 18 and parents / carers.

Selection procedure
Groups of parents and those working with them can apply for training to the Community Project. Parents can also self-refer.

See

Qualification
Certificate on completion of 16 hours training.

Assessment
Full attendance is requested

Accreditation
n.a.

Course background
This course is a response to the needs of local community groups.

Course start date
By arrangement

Course location
Community settings in Cork city

Application
Details and form from co-ordinators

Cost
n.a.
Course Provider
Addiction Response Crumlin

Address
101 Cashel Road, Crumlin, Dublin 12

Web address
http://www.addictionresponsecrumlin.ie

Course aims and objectives
Teach Tearmann, runs morning and afternoon programmes in Rehabilitation, Education and Training.

Course content
The service provides group support, structured activities, relapse prevention, etc.

Target group
People in recovery from Dublin 12.

Entry requirement
The programmes are available to individuals from the Dublin 12 area only.

Participants must be at least 3 months stable on methadone i.e. giving clean samples that is, a sample without any cocaine, heroin, benzos, hash traces, etc. Participants must present with a letter from their medical team confirming 3 months clean samples.

Selection procedure
Individuals wishing to access this programme will be asked to furnish a letter from the medical service stating that they are suitable for this programme and have been stable on their medication for 3 months.

Individuals can be referred by the team of ARC to the programme.

Contact Teach Tearmann to make an appointment for an assessment:
Teach Tearmann - 160a Sunshine Industrial Estate, Crumlin, Dublin 12; 01-4113222 roselynch@addictionresponsecrumlin.ie or joekearney@addictionresponsecrumlin.ie

The team also run ‘Phoenix programme’ a stabilisation progression route into the main programme. See the website for details http://www.addictionresponsecrumlin.ie/education.html

Qualification
Not applicable

Assessment
n.a.

Accreditation
n.a.

Course background
See website for more information.

Course start date
Programmes run from Monday to Friday. There are two programmes: 9.15am-1.15pm and 1.30pm-5.30pm daily.

Course location
Teach Tearmann, Dublin 12

Application
Contact Teach Tearmann to make an appointment for an assessment:

Cost
All service users are entitled to a FAS allowance as the programme is a special Community Enterprise Scheme. Although there is an induction period during which service users do not receive any payment, they can still claim the social welfare payments.
A18 DRUG EDUCATION AND AWARENESS (FOR PARENTS AND OTHERS)

Course Provider
Waterford Substance Misuse Team

Address
Substance Misuse Team, 10a Waterside, Waterford

Web address
n.a.

Contact Person(s)

Andy Hargreaves
Drug Education Officer
051 301 201
andy.hargreaves@maila.hse.ie

Course aims and objectives

Aims:
• To challenge attitudes towards drugs, addiction and other drug-related problems
• To raise awareness of drug-related issues
• To raise awareness of the dynamics of addiction

Objectives:
• For participants to recognise their own attitudes and prejudices towards various drugs and drug users; and to recognise how this affects their work and daily lives
• Gain knowledge of drugs and their effects
• Gain knowledge of drug-related issues
• For participants to have a clearer understanding of addiction

Course content

• Drug facts
• Attitudinal activities
• Risk-taking behaviour
• Signs and symptoms
• Potential drug-related scenarios in the workplace and in voluntary work
• In-depth look at alcohol-related issues
• Information on potential referral agencies
• Information on how to find further resources and information
• Cycle of change
• A chance to view the drugs

Target group
Parents, communities and voluntary organisations

Entry requirement
An interest in the subject

Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background

These courses have been run throughout the city and county for many years. They can be held any day (Monday–Friday) during daytime or evenings.

Course start date
Various dates and times (daytime or evening). Course is 2 to 4 two-hour sessions (depending on the needs of the target audience).

Course location
Waterford city and county

Application
Details from contact person listed above.

Cost
Free
Course Provider
Croi Nua Counselling and Psychotherapy

Address
The Orchard, Banshane, Midleton, Co. Cork

Web address
http://eastcorkcounselling.com/

Contact Person(s)
Pat Coughlan
Counsellor, Psychotherapist, Career and Life Coach
087 286 8590
pcoughlan7@eircom.net

Course aims and objectives
The purpose of this course is to enable people to:
• Learn about drugs and their effects.
• Develop an understanding of addiction
• Examine their own attitudes.
• Become more effective in their personal responses.
• Explore the effects of drug misuse on the family.
• Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

Course content
• Introduction
• Drug use, misuse and abuse
• Drugs as participants encounter them. Signs and symptoms
• Drugs used in particular communities and their effects.
• Attitudes
• Pharmaceutical information on drugs
• The process of addiction
• The effects of addiction on families
• Interventions at one to one level
• Intervention and listening skills role play.
• Referral and treatment programmes

Target group
Community members who feel they would like to be more effective when it comes to drug/alcohol issues.

Entry requirement
There are no educational requirements to be part of this course, only a willingness to learn.

Selection procedure
Contact Croi Nua.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
See website

Course start date
Contact Croi Nua for future dates.

Course location
Midleton, Cork

Application
Contact Pat Coughlan.

Cost
€320. Light lunch provided.
Course aims and objectives
Personality type is a key determinant in both how therapist and client bond therapeutically and in the nature of the presenting issue itself. This workshop will explore the dynamics of different personality types and how these individuals differences need to be specially engaged with.

Aims: To give learner a more in-depth understanding of Personality Types and Disorders and how to determine them. The personality types covered will include for example, Borderline, narcissistic, histrionic, obsessive, avoidant and anti-social.

Course content
The workshop will explore the developmental dynamics that give rise to each personality and the kinds of unconscious / conscious processes to sustain them. The workshop will focus on just what constitutes a personality problem in the first place and what distinguishes this from more normative self-identities.

Target group
Suitable for: Psychologists, Counsellors, Psychotherapists, Youth Workers, Social Care Workers

Entry requirement
n.a.

Selection procedure
See course website page for more details and booking:
http://www.thelearningcurve.ie/personalities-types-and-disorders

Qualification
Learners will be issued with a Certificate of Attendance entitled "Personality Types and Disorders".

Assessment
Assessment will be carried out through continuous assessment of role plays and listening exercises.

Accreditation
The Learning Curve. CPD points are available for many of our workshops and presentations, please contact 098 25530 for further information.

Course background
Presented by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Kevin is currently employed in the Adult Mental Health Service with the HSE. Among other qualifications he holds a Masters in Psychoanalytic Studies.

Course start date
13 Oct 2017, 10am - 4pm

Course location
Dublin, Skylon Hotel, Drumcondra, Dublin 9

Application
Book online. All applications must be completed by 6 October 2017

Cost
€85
Course provider:
The Learning Curve Institute

Address:
Rushbrook, Clogher, Westport, Co Mayo

Web address:
http://www.thelearningcurve.ie

Contact Person(s):
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
This one day training programme will explore the area of challenging behaviour and conflict as it arises with people and ways of dealing with this issue. It will allow time and space for participants to strengthen and underpin existing knowledge in relation to this area. Anger management is an essential part of any professionals training pack. This training programme is also designed to introduce workers to the concept of anger management and offer practical ways of teaching anger management to clients.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of Conflict and Anger Management appropriate to this level. In the session participants will have the opportunity to observe and practice dealing with conflict through role plays and scenarios provided by the trainer. There will be the opportunity during the training to allow participants to experience “real” situations and scenarios to transfer the theory of the course into practice in relation to Conflict and Anger Management in relation to dealing with challenging behaviour.

Target group
Those with an interest in dealing with conflict and challenging ?behaviour

Entry requirement
No specific entry requirements.

Selection procedure
See course website:
http://www.thelearningcurve.ie/dealing-challenging-behaviour-0

Qualification

Assessment
Assessment will be carried out through continuous assessment of role plays and listening exercises.

Accreditation
The Learning Curve Institute.

Course background
The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

The Learning Curve also provide a course in anger management:
www.thelearningcurve.ie/anger-management

Course start date
16 Nov 2017, 10am - 4pm

Course location
Dublin, The Skylon Hotel, Drumcondra.
Application
Please contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information.

Cost
€99.00
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<thead>
<tr>
<th><strong>Course Provider</strong></th>
<th>The Learning Curve Institute</th>
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<tbody>
<tr>
<td><strong>Address</strong></td>
<td>Rushbrook, Clogher, Westport, Co Mayo</td>
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<td><strong>Web address</strong></td>
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<td><a href="mailto:info@thelearningcurve.ie">info@thelearningcurve.ie</a></td>
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**Course aims and objectives**
The aim of this 2-day workshop is to:
- Enable participants to formulate a care plan with a complex client.
- Identify and, where appropriate, fill gaps in services with clients.
- Provide information to participants in relation to assessment, care planning and support for clients.
- Cover best practice in relation to recording of information.

**Course content**
Students will receive handouts and relevant literature to enable them to develop their understanding of Key Working and Case Management appropriate to this level. In each session students will have the opportunity to observe and participate in role-plays and discussions on key working and case management.

**Target group**
Workers in the drugs area.

**Entry requirement**
No specific entry requirements

**Selection procedure**
For more information or to book, see the website [www.thelearningcurve.ie/keyworking-care-planning-case-management](http://www.thelearningcurve.ie/keyworking-care-planning-case-management)

**Qualification**
Certificate in Keyworking, Care Planning and Case Management from The Learning Curve Institute.

**Assessment**
Assessment will be carried out through continuous assessment of role-plays and group exercises.

**Accreditation**
The Learning Curve Institute. This workshop has been awarded 8 CPD points from the Addiction Counsellors of Ireland (ACI).

**Course background**
This course is a 2 day training workshop delivered on a Thursday and Friday. This programme is designed to provide an overview of key working, care planning and case management. Key working is the simple process of working with clients to achieve their goals and part of this process is effective case management, in essence the two go hand in hand.

There will be examples of best practice in relation to key working and case management and practical examples given to develop theory into practice. Above all this programme is a practical application of relevant theory in relation to key working and case management.

The Learning Curve Institute was contracted by The HSE to deliver training on these topics as part of The National Addiction Training Programme in 2011/2012 and therefore possesses in depth knowledge of both the content and the training delivery. The last course in Dublin in December sold out very quickly so early booking is advisable.

Courses are also run as requested in house to groups where these two subjects can also be split into separate 2 day modules on each subject should this be required. In order to maximise
learning groups will be limited to a maximum of 16 students per course.

**Course start date**
05 Oct - 06 Oct 2017, 10am - 4pm

**Course location**
Dublin, Skylon Hotel, Drumcondra, Dublin 9. This course is also offered in-house to groups when requested. Please contact the Learning Curve Institute for more details.

**Application**
Contact the Learning Curve.

**Cost**
€199
INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY (SFBT)

Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
The aim of this two day workshop is to introduce the theory and practise of Solution Focused Brief Therapy (SFBT). The objective of the two days is to provide the theory of SFBT and the space to practice the skills associated with this therapy.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of Solution Focused Brief Therapy appropriate to this level. In each session students will have the opportunity to observe and practice Solution Focused Brief Therapy through role-plays and scenarios provided by the lecturer.

Target group
n.a.

Entry requirement
In order to maximize learning groups will be limited to a maximum of 20 students per course.

Selection procedure
For more information and booking see www.thelearningcurve.ie/introduction-solution-focused-brief-therapy

Qualification
Certificate in Introduction to Solution Focused Brief Therapy from The Learning Curve Institute.

Assessment
Assessment will be carried out through continuous assessment of role plays and listening exercises.

Accreditation
This training has been awarded 12 CPD points from the ACI and 8 CPD points from The Psychological Society of Ireland.

Course background
Solution-Focused Brief Therapy (SFBT) is a short-term goal-focused therapeutic approach which helps clients change by constructing solutions rather than dwelling on problems. Elements of the desired solution often are already present in the client’s life, and become the basis for ongoing change. The therapist intervenes only to the extent necessary, with treatment usually lasting for less than six sessions. SFBT was developed by Steve de Shazer, Insoo Kim Berg, and the team at the Brief Family Therapy Center of Milwaukee, Wisconsin, in the mid-1980's.

The SFBT workshop is designed and delivered by Sean Foy, Head of Addiction and Counselling at The Learning Curve Institute. An intermediate course www.thelearningcurve.ie/intermediate-level-solution-focused-brief-therapy and advanced course are also offered www.thelearningcurve.ie/advanced-level-solution-focused-brief-therapy

Course start date
Dublin: 15 & 16 June 2017, 9.30am-4.30pm.
Cork: 16 Nov & 17 Nov 2017, 10am-4pm. Dublin: 30 Nov & 01 Dec 2017, 10am-4pm.

Course location
Dublin, The Skylon Hotel, Drumcondra. Cork, CESC, Cork. Workshops and in house training courses on SFBT can also be run as requested for groups of staff or organizations.

Application
Book online at the URL above

Cost
€199
INTRODUCTION TO MOTIVATIONAL INTERVIEWING

Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
The objective of this two day workshop is to provide the theory of motivational interviewing and the space to practice the skills associated with Motivational Interviewing.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of Motivational interviewing. In each session students will have the opportunity to observe and practice Motivational Interviewing through role-plays and scenarios provided by the lecturer.

Target group
People who wish to develop their understanding and skills of MI.

Entry requirement
None

Selection procedure
None. For more information and booking see http://www.thelearningcurve.ie/introduction-motivational-interviewing

Qualification
Certificate in An Introduction to Motivational Interviewing from The Learning Curve Institute

Assessment
Assessment will be carried out through continuous assessment of role plays and exercises

Accreditation
The Learning Curve Institute. This workshop has been awarded 12 CPD points from the Addiction Counsellors of Ireland (ACI), 12 CPD credits from An Bord Altranais and 8 CPD points from The Psychological Society of Ireland.

Course background
background Developed by Miller and Rollnick. Motivational Interviewing is a client-centered approach that elicits behavioral changes by assisting individuals to explore and resolve ambivalence. This approach is especially helpful with individuals who are less motivated. Research has shown Motivational Interviewing to be helpful with a wide range of client groups and issues. This two day course will equip the attendees with a sound understanding of Motivational Interviewing theory and skills.

The Learning Curve also provide an intermediate course in MI: www.thelearningcurve.ie/intermediate-level-motivational-interviewing and an advanced course: www.thelearningcurve.ie/advanced-level-motivational-interviewing

Course start date
21 Sep - 22 Sep 2017, 10am-4pm. Contact the Learning Curve for future dates. Motivational Interviewing workshops are also run as requested.

Course location
Dublin, Skyon Hotel, Drumcondra, Dublin 9; and other locations around the country.

Application
Book online at the URL above. Closing date for applications for February course is 2nd February 2017

Cost
€199
COGNITIVE BEHAVIOURAL THERAPY

Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
The aim of this two day workshop is to provide an overview of CBT and the space to practice the skills associated with this approach.

There will be “real” scenarios taken from the group and then worked on using the skills and principles of CBT, this is done to enhance the learning experience and to make the connection between the theory and practice of CBT.

Course content
Methods used will be:
• Participative: Participants will be asked to contribute to the training in large and small groups. There will be exercises throughout the training designed for the group to be split up into smaller groups.
• Experiential: Training allows participants to contribute by using examples of anonymous clients that they have worked with.
• Theory into practice: Training will allow some role plays that will encourage participants to put the theory into practice.
• Information giving: There will be handouts and information on relevant reading that will be distributed at each days training.
• Worker led: Training will be flexible to the needs of the group.

Target group
Those interested in learning more about CBT.

Entry requirement
None

Selection procedure
For more course information visit http://www.thelearningcurve.ie/cognitive-behavioural-therapy

Qualification
Certificate of Attendance in “An Introduction to Cognitive Behavioural Therapy - CBT”.

Assessment
Continuous assessment of role plays and exercises.

Accreditation
The Learning Curve Institute. This training has been awarded 12 CPD points from the ACI and 12 CPD credits from An Bord Altranais.

Course background
Cognitive-behavioural therapy is a therapeutic therapy which can influence problematic and dysfunctional cognitions, behaviour and emotions by using a goal-oriented, systematic procedure conducted through individual weekly sessions.

It is based on the idea that our thoughts cause our feelings and behaviors, not external things, like people, situations, and events. We can change the way we think to feel / act better even if the situation does not change.

Course start date
19 Oct - 20 Oct 2017, 10am - 4pm. Contact The Learning Curve for future dates.

Course location
Dublin, The Skylon Hotel, Drumcondra. It can also be offered on-site to groups or organizations.

Application
View the course website page.

Cost
€199
Course aims and objectives
This one-day presentation is designed to provide an overview of alcohol and drug misuse and its effect on families and friends. There will be examples of best practice in relation to alcohol and drugs from both an abstinence view point and a harm reduction view point. Practical examples will be given to develop theory into practice. Above all this presentation is a practical application of relevant theory and evidence based practice in relation to alcohol and drug misuse and its effects.

Course content
Participants will receive handouts and relevant literature to enable them to develop their understanding of the effects of alcohol and drug misuse on families members and friends, raise awareness appropriate to this level.

During the presentation participants will have the opportunity to discuss the effects of alcohol and drug misuse impacts on the family / friends and develop better understandings around assisting/supporting the affected family members or friends.

Target group
Suitable for: Counsellors, Therapists, Social Care Workers, Addiction Workers, Family Care Workers, Those who have life experience dealing with this issue.

Entry requirement
No specific entry requirements

Selection procedure
See course website for more details: http://www.thelearningcurve.ie/alcohol-drug-misuse-support-those-affected-others-misuse

Qualification
Certificate in "Alcohol & Drug Misuse - Support for those affected by others' misuse".

Assessment
Assessment will be carried out through group work participation, discussions and exercises.

Accreditation
The Learning Curve. CPD points: To check if CPD points are available for this presentation with your Awarding Body / Organisation please contact our office on 098 25530.

Course background
The Learning Curve Institute offers a unique post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

Course start date
26 Oct 2017, 10am - 4pm

Course location
Dublin, Skylon Hotel, Drumcondra, Dublin 9

Application
See course website. Applications must be completed by October 19th 2017

Cost
€85
### Course aims and objectives
The Community Reinforcement Approach (CRA) is a comprehensive behavioural programme for treating substance-abuse problems. It is based on the belief that environmental contingencies can play a powerful role in encouraging or discouraging drinking or drug use. Consequently, it utilizes social, recreational, familial, and vocational reinforcers to assist consumers in the recovery process. Its goal is to make a sober lifestyle more rewarding than the use of substances.

The aim of this two day workshop is to provide an overview of CRA and to provide information on the approach and its principles. There will be time allocated to practice the skills associated with CRA. There will be "real" scenarios taken from the group and then worked on using these skills. This is done to enhance the learning experience and to make the connection between theory and practice.

### Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of The Community Reinforcement Approach. Throughout the training students will have the opportunity to observe and practice the theory of working with people using a CRA approach through role-plays and scenarios provided by the trainer. There will be the opportunity over the training to allow participants to experience “real” situations and scenarios to transfer the theory of the course into practice.

### Target group
Suitable for: Psychologists, Counsellors, Psychotherapists, Youth Workers, Social Care Workers

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### Entry requirement
No specific entry requirements.

### Selection procedure
For more information see the course website: [http://www.thelearningcurve.ie/community-reinforcement-approach-cra](http://www.thelearningcurve.ie/community-reinforcement-approach-cra)

### Qualification
Certificate of Attendance in “An Introduction to Community Reinforcement Approach” from The Learning Curve Institute.

### Assessment
Assessment will be carried out through continuous assessment of role plays and listening exercises.

### Accreditation
The Learning Curve. CPD points: CPDs are available for our courses and workshops. Please contact us 098 25530 to check with your Awarding Body / Organisation for CPD points.

### Course background
The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.
Course start date
09 Nov - 10 Nov 2017, 10am - 4pm

Course location
Dublin, Skylon Hotel, Drumcondra, Dublin 9

Application
Book online. All applications must be completed by November 2nd 2017.

Cost
€199
Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
This programme is designed to provide an overview of alcohol use/abuse both in Ireland and internationally. There will be examples of best practice in relation to alcohol from both an abstinence viewpoint and a harm reduction viewpoint. Practical examples will be given to develop theory into practice. Above all, this programme is a practical application of relevant theory and evidence-based practice in relation to alcohol use/abuse.

The aim of this 1-2 day workshop is to enable participants to:
1. Become aware of the effects of alcohol, both short term and long term.
2. Formulate a care plan/action plan with clients who are alcohol dependent.
3. Formulate a care plan/action plan with clients who are abstinent.
4. Become aware of the process of withdrawal and possible consequences.
5. Become aware of international best practice in the area of alcohol.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of alcohol awareness appropriate to this level. In each session, students will have the opportunity to observe and participate in role-plays and discussions on alcohol use and its management, both in residential settings and in the community.

Target group
Those interested in the subject.

Entry requirement
No specific entry requirements.

Selection procedure
None.

For further information on this course, visit www.thelearningcurve.ie/alcohol-awareness

Qualification
Certificate in Alcohol Awareness from The Learning Curve Institute

Assessment
Assessment will be carried out through continuous assessment of role-plays and group exercises.

Accreditation
The Learning Curve Institute

Course background
See the website for details.

Course start date
Courses are run as requested. Contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for further information.

Course location
This course is offered in various locations. It can also be offered on-site to groups or organizations.

Application
Please contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information.

Cost
To be confirmed.
Course aims and objectives
The core content of the programme is an introduction to counselling skills and is specifically designed to assist participants in identifying their own level of counselling skills and to build on these.

The programme is highly interactive with a mix of role-plays, group discussion and smaller group exercises. The aim of the programme is to assist those working in the area of addiction to underpin existing skills and build on and expand these skills throughout the course.

Course content
Learning outcomes
1. To equip students with the tools to enable them to develop their own counselling skills.
2. To build on and expand existing knowledge within the group.
3. To enhance confidence in participants use of basic counselling skills.
4. To provide space and time for participants to use the following key counselling skills:
   - Listening
   - Looking (non verbal communication)
   - Analysing (why is this person looking for help and what do they see as the problem)
   - Use of open-ended questions
   - Reflective listening
   - Summarising
   - Empathy
   - Paraphrasing

Target group
This programme is aimed at people who are already working in the area of addiction and wish to improve their counselling skills.

Entry requirement
Participants are required to have worked in or to be currently working in the field of addiction.

Selection procedure
For more information on this course, visit http://www.thelearningcurve.ie/basic-counselling-skills-addiction-workers

Qualification
Certificate in Basic Counselling Skills for Addiction Workers from The Learning Curve Institute.

Assessment
Continuous assessment of role plays and listening exercises.

Accreditation
The Learning Curve Institute

Course background
See the website.

Course start date
1-2 days depending on level needed. Courses are run as requested. Please contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for further information.

Course location
The course is run in various locations Castlebar, Co. Mayo. Sligo, Co. Sligo. Galway City.

Application
Contact Learning Curve or apply online.

Cost
To be determined.
**Course Provider**
The Learning Curve Institute

**Address**
Rushbrook, Clogher, Westport, Co Mayo

**Web address**
http://www.thelearningcurve.ie

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**Contact Person(s)**
Administrator
Administrator
098 25530
info@thelearningcurve.ie

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**Course aims and objectives**
The aim of this 1-2 day workshop is to enable participants to:
1. Define harm reduction as an approach.
2. Understand the approach from an Irish perspective and also on a broader global level.
3. Understand the historical and social contexts out of which harm reduction emerged and how harm reduction fits into an international human rights agenda.
4. Identify and adopt the general principles of harm reduction
5. Understand harm reduction models of intervention and their applications.
6. Describe the different drugs of abuse, their various routes of administration, their effects, and potential harms.

**Course content**
The main characteristics of Harm Reduction are Pragmatism, Humanistic Values, Focus on Harms, Balancing Costs and benefits and Hierarchy of goals. Throughout this programme there will be an emphasis on practical approaches to harm reduction and the historical context within which it sits. Some local, national and international examples will be given and there will be structured discourse on the pros and cons of harm reduction.

Learning outcomes: To build on and expand existing knowledge in relation to Harm Reduction within the group. To enhance confidence in participants use of Harm reduction strategies. To allow space and time for participants to look at their own practice in relation to Harm Reduction and discuss clients that they have had or are currently working with (suitably anonymous) in relation to a Harm Reduction approach.

**Target group**
Those with an interest in harm reduction.

**Entry requirement**
No specific entry requirements

**Selection procedure**
For more information about the course, visit http://www.thelearningcurve.ie/harm-reduction

**Qualification**
Certificate in Harm Reduction from The Learning Curve Institute

**Assessment**
Assessment will be carried out through continuous assessment of role-plays and group exercises.

**Accreditation**
n.a.

**Course background**
See website.

**Course start date**
Courses are run as requested. 1-2 day workshop depending on level needed. Please contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for dates.

**Course location**
Courses are run in various locations

**Application**
Please contact The Learning Curve Institute, or visit the website

**Cost**
€240 (to be confirmed)
Course aims and objectives
The aim of this workshop is to raise awareness among participants of the various drugs, both legal and illegal, that are available at the present time in their area. Participants will be presented with a wide range of information on various drugs, including alcohol, and the categories into which they fall. This is to inform participants of the effects of drugs and signs and symptoms of a person who may be using various types of drugs.

The workshop will enable participants to:
1. Become aware of the effects of alcohol and drugs, both short term and long term.
2. Formulate a care plan/action plan with clients who are alcohol or drug dependent
3. Formulate a care plan/action plan with clients who are abstinent
4. Become aware of the process of withdrawal and possible consequences
5. Become aware of international best practice in the area of alcohol and drugs.

Course content
The methodology used in this training will be a combination of the following:

Participative: The participants will be asked to contribute to the training both in the large group and also in smaller ones. There will be a number of exercises throughout the training that are designed for the group to be split up into smaller groups.

Experiential: The training will allow participants to contribute by using examples of anonymous clients that they have worked with or are currently working with.

Theory into practice: The training will allow some role plays that will encourage participants to put the theory into practice.

Information giving: There will be handouts and information on relevant reading that will be distributed at each days training.

Worker led: The training will be flexible to the needs of the group.

Target group
The programme is highly interactive with some group exercises and scenarios and is aimed at participants who wish to expand their knowledge of alcohol and drugs and their use/misuse. Practical examples will be given to develop theory into practice. Above all this programme is a practical application of relevant theory and evidence based practice in relation to drug and alcohol use/abuse.

Entry requirement
None

Selection procedure
See the course website for more information: http://www.thelearningcurve.ie/drug-alcohol-substance-misuse

Qualification
Certificate of attendance in Substance Misuse from The Learning Curve Institute.

Assessment
None

Accreditation
The Learning Curve

Course background
The Learning Curve Institute offers a unique post course support system whereby students are provided with the contact details of the lecturer.
and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

**Course start date**
1 or 2 days depending on client need. Contact The Learning Curve.

**Course location**
Various locations

**Application**
Please contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information.

**Cost**
To be confirmed.
Course aims and objectives
The aim of this 1 or 2 day workshop is to enable participants to identify and use specific interventions such as: identification of high-risk situations for each client, enhancing the client’s coping skills for these situations, increasing the client’s self-efficacy, eliminating myths regarding alcohol’s effects, managing lapses, and restructuring the client’s perceptions of the relapse process.
Global strategies comprise balancing the client’s lifestyle and helping him or her develop positive addictions, employing stimulus control techniques and urge-management techniques, and developing relapse road maps.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of Relapse Prevention appropriate to this level. In each session students will have the opportunity to observe and practice Relapse Prevention techniques through role-plays and scenarios provided by the lecturer.

Target group
Those who wish to know more about relapse prevention

Entry requirement
No specific entry requirements.

Selection procedure
For more information about the course visit http://www.thelearningcurve.ie/relapse-prevention

Qualification
Certificate in Relapse Prevention from The Learning Curve Institute

Assessment
Assessment will be carried out through continuous assessment of role-plays and group exercises.

Accreditation
The Learning Curve Institute

Course background
Good relapse prevention work is key amongst addiction professionals. This programme is designed to meet the needs of those working within the addiction field in relation to this area by following the specific model of relapse prevention of Marlatt and Gordon and covering some practical applications of this model.

This model proposed suggests that two issues come into play when looking at Relapse Prevention, namely immediate determinants (e.g., high-risk situations, coping skills, outcome expectancies, and the abstinence violation effect) and covert antecedents (e.g., lifestyle factors and urges and cravings) can all contribute to relapse.

Course start date
Courses are run as requested. See the website for planned dates.

Course location
Varous locations in Ireland

Application
Please contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for further information or book online.

Cost
€199
Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
To provide a good basic understanding of drugs and related issues.

Course content
- Drugs and their effects
- Signs and symptoms
- Drug trends and patterns
- Stages in the process of addiction
- Progression to problematic use
- Addiction and family
- Treatment approaches and making referrals

Target group
This workshop is aimed at those who wish to find out more about drugs and addiction related issues. The training will deal with a number of areas and give participants a good basic understanding of drugs and related issues. This course is for those who wish to refresh their knowledge about drugs and gain further information.

Entry requirement
n.a.

Selection procedure
For more information on the course, see the URRUS website
http://www.byap.ie/urrus/addiction-training

Qualification
Certification of completion

Assessment
n.a.

Accreditation
URRUS/Ballymun Youth Action Project

Course background
This workshop is run 2–4 times a year.

Course start date
7 & 8 September 2017, 10:00am-4:30pm. Contact URRUS for future dates.

Course location
Ballymun, Dublin 11

Application
Booking form is available from URRUS/BYAP
(See website URL)

Cost
Category 1 - €40.00 (non refundable €10 booking deposit). Category 2 - Living or working in the Ballymun Local Drug Task Force area - €5 registration fee.
## Course Provider
Urrus/The Ballymun Youth Action Project

## Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

## Web address
http://www.byap.ie

### Course aims and objectives
This one-day (10am-5pm) training is designed for persons working or volunteering in the social care and allied field, who come into contact with alcohol misuse and seek a deeper understanding of the subject and some strategies for dealing with the attendant problems.

### Course content
- Alcohol the drug and how it works.
- Effects of alcohol on the body and brain
- Acute and chronic harm caused by alcohol
- Alcohol the Individual/Family/Community
- Interventions and services
- Questions and answers

### Target group
This training is for those working in the social care and allied field, who come in contact with alcohol misuse and seek a deeper understanding of the subject and some strategies for dealing with the attendant problems.

### Entry requirement
An interest in the subject.

### Selection procedure
n.a.

### Qualification
Certificate of completion

### Assessment
n.a.

### Accreditation
URRUS/Ballymun Youth Action Project

### Course background
Facilitated by: Noel O’Connor, Trainer, Urrús.

### Course start date
12 October 2017, 10:00am-5:00pm. One-day workshop.

### Course location
Ballymun

### Application
Booking form is available from URRUS.

### Cost
Category 1 - €80. Category 2 - €20 Ballymun Local Drugs Task Force Area resident/working (proof of address to be enclosed with booking).
UNDERSTANDING HARM REDUCTION

Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of the principles and practice of harm reduction as an approach in relation to problem drug use.

Course content
Content includes:
• Definition of harm reduction.
• Principles of harm reduction.
• Drug related risk and harm.
• Practice of harm reduction.
• Development of services.
• Best practice service delivery.

Target group
Workers and volunteers in the drugs field

Entry requirement
n.a.

Selection procedure
Contact URRUS. For more details see http://www.byap.ie/urrus/addiction-training

Qualification
Not applicable

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits

Course background
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

Course start date
Half-day workshop. 16 November 2017, 10:00am-1:00pm. Registration at 9:45am.

Course location
Ballymun, Dublin 9

Application
Contact URRUS for booking form

Cost
Category 1 - €40.00. Category 2 - Living/working in the Ballymun Local Drug Task Force Area €5 Registration Fee (non-refundable).
**Course Provider**
Urrus/The Ballymun Youth Action Project

**Address**
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

**Web address**
http://www.byap.ie

**Course aims and objectives**
This training will enable participants to:
• Gain a greater understanding of gender differences and substance use.
• Increase their knowledge of the impact of substance use on women's lives.
• Understand the impact substance use has on the developing foetus during pregnancy.
• Identify the effects of parental substance use on the physical and mental health of the infant.
• Develop a greater understanding of treatment options available for substance using women and pregnant women.
• Be more aware of the barriers that women might experience when accessing treatment for substance use.

**Course content**
• Impact of substance use on women.
• Pregnancy and substance use – considerations for the mother’s health.
• Pregnancy and substance use – the implications for the health of the foetus.
• Effect of maternal substance use on early childhood development.
• Accessing treatment – Options and barriers.

Tutors: - Laura O'Reilly, URRÚS Training Centre Co-ordinator and Vera Hughes, Infant/Parent Support Worker, Ballymun Youth Action Project.

**Target group**
This training is for workers in the addiction field, particularly those who work with women, and who would like to acquire a better understanding of how substance use affects women, pregnant women, the foetus and infant.

**Entry requirement**
n.a.

**Contact Person(s)**
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

**Selection procedure**
Contact URRUS. See website for further details
www.byap.ie/services/urrus/addiction-training

**Qualification**
n.a.

**Assessment**
The training will be delivered through a mix of inputs, presentations, case studies and discussion.

**Accreditation**
Addiction Counsellors of Ireland - 6 CPD Credits.

**Course background**
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse. Most of our work is with adults, parents and professionals working in the area or with those who through their work encounter addiction issues.

**Course start date**
7 November 2017, 10:00am-4:30pm. Contact URRUS for upcoming start dates.

**Course location**
Ballymun, Dublin 11

**Application**
Telephone 01 8467980 or email urrus@byap.ie

**Cost**
€80. Booking deposit €10 (non-refundable). or category 2 - Ballymun Local Drugs Task Force area resident/working - €5 (non-refundable).
**Course Provider**
Urrus/The Ballymun Youth Action Project

**Address**
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

**Web address**
http://www.byap.ie

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**Course aims and objectives**
This two-day course (10am-5pm) is for those wishing to gain an understanding of the CBT approach and how they may apply it in their work. It will be of interest to anyone already working / volunteering in a care setting.

**Course content**
- Functional Analysis
- Automatic thoughts, assumptions and core beliefs
- 10 ways to untwist your thinking
- The thought diary
- Considering the DSM-V
- Overview of behaviour activation
- Behavioural experiment design
- Exposure therapy

**Target group**
Those wishing to gain an understanding of the CBT approach and how they may apply it in their work. It will be of interest to anyone already working / volunteering in a care setting.

**Entry requirement**
n.a.

**Selection procedure**
n.a.

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
URRUS/Ballymun Youth Action Project

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**Contact Person(s)**
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

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**Course background**
Facilitated by: Laura Turley, MA, MIACP, The CBT Centre, Naas.

**Course start date**
2-day course. Dates to be confirmed.

**Course location**
Ballymun

**Application**
Booking form is available from URRUS.

**Cost**
€250.
**Course aims and objectives**
This two-day course (10am-5pm) is intended to deepen participants understanding of the theories of cognitive behavioural therapy. It will also provide an opportunity to enhance skills regarding treatment planning and practice. The training is aimed at those who have completed the earlier 2-day Cognitive Behavioural Therapy training and are working / volunteering in a care setting.

**Course content**
Content includes:

- Case Conceptualisation Models
- Generating a Problem Maintenance Cycle
- Functional Analysis
- Self-Monitoring Tools
- Activity Scheduling
- Identifying Thinking Errors
- Cognitive Restructuring Techniques (e.g. Detective Work, Responsibility Pie, Continuums)

**Target group**
The course is aimed at project workers and volunteers working with drug users.

**Entry requirement**
n.a.

**Selection procedure**
Contact Urrus for more details
[http://www.byap.ie/services/urrus/addiction-training](http://www.byap.ie/services/urrus/addiction-training)

**Qualification**
n.a.

**Assessment**
n.a.

**Cost**
€250
Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
This training will enable participants to:-

- Develop an appreciation of the theoretical framework and principles underlying CRA.
- Gain an understanding of the strategies to develop drug and alcohol interventions.
- Assess the client's drug and alcohol use.
- Develop effective treatment planning interventions.
- Enhance their CRA skill set.

Course content
Community Reinforcement Approach (CRA) is an evidence based behaviour programme for effective interventions with drug and alcohol use problems. It is based on the belief that environmental contingencies can play a powerful role in encouraging or discouraging drinking or drug use. Consequently, it utilizes social, recreational, familial, and vocational reinforcers to assist consumers in the recovery process. Its goal is to make a sober lifestyle more rewarding than the use of substances.

Target group
People who want to begin to learn about the Community Reinforcement Approach.

Entry requirement
n.a.

Selection procedure
For more information on the course, see the URRUS website http://www.byap.ie/services/urrus/addiction-training

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
URRUS run a range of courses. This course is facilitated by Laura O'Reilly, URRUS Training Centre Coordinator. CRA Accredited Trainer.

Course start date
19 & 20 October 2017, 10:00am-5:00pm.

Course location
Ballymun, Dublin 9

Application
Booking form is available from URRUS.

Cost
€200
Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
This training will enable participants to:
• Describe the role of the keyworker and the keyworking process.
• Acquire the necessary skills to undertake an assessment.
• Develop the skills to put a care plan in place.
• Outline professional boundaries and potential boundary issues within the keyworking process.
• Enhance their knowledge of case management and shared care plans.
• Outline confidentiality within the keyworking role.
• Gain a greater understanding of the purpose and methods of record keeping.
• Discuss the use of reflection in their own work practice.

Course content
Content:
• Keyworker role - responsibilities and values
• Assessment and care planning
• Case management and shared care plans
• Confidentiality
• Record keeping
• Reflective practice

Target group
This training is for those who wish to develop and enhance their skills in the keyworking role. It will also be of interest to anyone already working / volunteering in a care setting.

Entry requirement
n.a.

Selection procedure
n.a. See website for further training details - http://www.byap.ie/services/urrus/addiction-training

Qualification
Certificate of completion

Assessment
The course is delivered in a workshop style incorporating inputs, group and individual exercises, guided skills practice and individual reflective practice.

Accreditation
8 CPD Credits - Addiction Counsellors of Ireland (ACI)

Course background
Facilitated by: - Laura O’Reilly, Training Centre Coordinator, URRUS.
Ann O’Connell, Team Leader, Contact Project, BYAP.

Course start date
5 & 6 October 2017, 10:00am-5:00pm. Contact URRUS for future start dates.

Course location
Ballymun, Dublin 11

Application
Booking form is available from URRUS.

Cost
Category 1 - €250, Category 2 - €70 Ballymun Local Drugs Task Force Area resident/working (proof of address to be enclosed with booking)
Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
This training will enable participants to:

- Have a clear understanding of blood borne viruses, their vectors of contagion, pathology and treatments.
- Gain knowledge of other systemic damage to blood vessels and circulatory system.
- Become aware of other drug related diseases, e.g. ulcers, cellulitis.
- Acquire an appreciation of drug related harm reduction practice.
- Access sound knowledge of health and safety best practice in working with drug related health issues.

Course content
Contents will include:

- Drug toxicity
- Blood viruses (HIV, Hep C, etc.)
- Fungal and bacterial infections
- Vein damage, associated with IV use
- Lung and other organ damage
- Overdose and universal precautions

Target group
This workshop is for project workers and volunteers working in the drugs field.

Entry requirement
To participate fully in this workshop you need to have a good knowledge of drugs (types and effects), and of the impact of addiction on the individual

Selection procedure
For more information on the course, see the URRUS website
http://www.byap.ie/urrus/addiction-training

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

Course start date
Thursday 16 November 2017, 2-5pm.

Course location
URRUS / Ballymun Youth Action Project, Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Application
Booking form is available from URRUS/BYAP (see URL)

Cost
Category 1 - €40.00. Category 2 - Living/working in the Ballymun Local Drug Task Force Area €5 Registration Fee (non-refundable).
Course aims and objectives
This one-day workshop will increase your knowledge of nutrition and its impact on our physical, mental and emotional well-being.

Course content
Content includes:

- What is nutrition and why is it important to our mental, emotional and physical health?
- The link between addiction and nutrition
- How to work with drug users from a nutritional perspective
- Substance use and over stimulation of the palate
- Understanding of nutritional deficits and requirements
- Sleep patterns and food
- Information about main food groups
- Structure, routine and food patterns

Target group
Workers in the drug field or social care area

Entry requirement
n.a.

Selection procedure
n.a. See URRUS training webpage for further details - http://www.byap.ie/services/urrus/addiction-training

Qualification
Certificate of completion. 4 CPD points

Assessment
n.a.
Course aims and objectives
This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of safer injecting practice.

Course content
Content includes:
• Different types of hypodermic injecting (e.g., intramuscular/intravenous).
• Differences between Veins and Arteries.
• Vein, artery and neural damage associated with needle use.
• Vectors of infection.
• Demo and practice of safer injecting technique as a harm reduction strategy.
• Best practice and ethics in assessing and advising service users on injecting.

Target group
Those working or volunteering in the drugs field.

Entry requirement
n.a.

Selection procedure
Contact URRUS. http://www.byap.ie/urrus

Qualification
n.a.

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits

Course background
Urrús (the Irish word for strength / confidence) was founded in 1996 by BYAP to provide training in relation to drug misuse. We have developed a range of training modules on drug misuse, addiction and community responses, and are continually developing new modules in response to emerging needs.

Course start date
Contact URRUS for upcoming start dates.

Course location
Ballymun, Dublin

Application
Contact URRUS

Cost
€40
Course aims and objectives
This half-day workshop is designed for persons working or volunteering with young people and drug users. It will enhance the participants knowledge of drug related issues specifically related to young people and the impact of such use on the individual, the family and community. It will also provide an update on interventions suitable to young people.

Course content
Content includes:
- Why do young people use drugs?
- Usage and effects of common drugs by young people.
- Physical and psychological behaviours indicative of drug use.
- Communicating with young people.
- Family support in youth drug work.
- Age appropriate interventions.

Target group
Those working or volunteering with young people and drug users.

Entry requirement
n.a.

Selection procedure
Contact URRUS. Visit website: http://www.byap.ie/urrus

Course background
Urrús (the Irish word for strength / confidence) was founded in 1996 by BYAP to provide training in relation to drug misuse. We have developed a range of training modules on drug misuse, addiction and community responses, and are continually developing new modules in response to emerging needs.

Course start date
Contact URRUS for upcoming start dates.

Course location
Dublin

Application
Contact URRUS

Cost
€40

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits
Course aims and objectives
This half-day workshop is for project workers and volunteers working with the homeless and drug users and will look at the causes of homelessness; the problems experienced by homeless people and the barriers to integration.

Course content
Content includes:
~ What is homelessness?
~ Statistical overview
~ Personal and social causes of homelessness
~ Mental, physical and emotional effects of homelessness
~ Social policy
~ Exit pathways
~ Integration and stable living

Target group
Project workers and volunteers working with the homeless and drug users

Entry requirement
A good basic knowledge of drugs

Selection procedure
For more information on the course, see the URRUS website
www.byap.ie/services/urrus/addiction-training

Qualification
Certificate of completion

Assessment
n.a.

Accreditation
URRUS/Ballymun Youth Action Project
Course aims and objectives
This half-day workshop is for those who would like to gain an understanding of the psychological and pharmacological implications, along with the potential harm associated with image enhancing drug use.

Course content
Content includes:
• Overview of performance and image enhancing drugs.
• Reasons for usage.
• How steroids work.
• Other common PIED.
• Physiological and psychological issues.
• Harm associated with toxicity and administration of PIED.

Target group
Those interested in PIED

Entry requirement
n.a.

Selection procedure
Contact URRUS. http://www.byap.ie/urrus

Qualification
n.a.

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits.

Course background
Urrús (the Irish word for strength / confidence) was founded in 1996 by BYAP to provide training in relation to drug misuse. We have developed a range of training modules on drug misuse, and are continually developing new modules in response to emerging needs.

Course start date
Contact URRUS for upcoming start dates.

Course location
Ballymun, Dublin 11

Application
Contact URRUS.

Cost
€40
Course aims and objectives
A brief intervention for alcohol use is a short, helpful conversation that focuses on assessing, and if necessary, assists a person to consider and alter their alcohol consumption. Brief interventions have shown to be effective in initiating change in alcohol consumption for people with mild to moderate alcohol-related problems and in helping people with more significant difficulties to access specialised alcohol treatment services. The SAOR Model has been adopted by the HSE as the model-of-choice for delivering brief interventions for alcohol use.

On completion of this course, participants should be able to:

• Critically discuss problem alcohol and drug use as it impacts their current work or area of practice
• Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
• Identify problem alcohol and drug users who present to health and social care settings
• Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios
• Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

Course content
The key course content which emerges from the course learning outcomes is outlined below:

• Evidence for the effectiveness of SBI
• Alcohol and drug-related presentations to health and social care settings
• Contemporary models of SBI for problem alcohol and drug use
• Overview of the SAOR model of intervention for problem alcohol and drug use
• Establishing a supportive working relationship with the service users
• Asking about alcohol and drug use and screening for alcohol and drug-related problems
• Delivering a structured brief intervention based upon the SAOR model
• Developing appropriate care pathways for service users and arranging appropriate follow up
• Accessing useful links and reference materials for further reading and research

Target group
Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

Entry requirement
This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Selection procedure
Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, Brendan.murphy@hse.ie

Also, see the WRDATF website for more
information and booking form (see training calendar) www.wrdaf.ie/training-calendars.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
14 June 2017 in Castlebar, Co. Mayo. 21 June 2017 Galway City. Please contact the WRDTF for future dates.

Course location
West of Ireland

Application
Complete the general booking form, which can be found in the WRDATF training calendar or email: training@wrdtf.ie

Cost
n.a.
## Course Provider
Western Regional Drugs and Alcohol Task Force

### Address
Unit 6, Galway Technology Park, Parkmore, Galway

### Web address
http://www.wrdtf.ie/

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### Course aims and objectives
Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.

**Learning outcomes:**
- To have some understanding of the theory of MI
- To have some understanding of the skills of MI
- To have experience practicing the skills of MI
- To have some ideas on how MI could be used in their work with service users

### Course content
This short, two-day, course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book Motivational Interviewing, Helping People Change (3rd Ed). Participants will be exposed to the fundamental spirit and skills of MI and will have an opportunity to observe, discuss and practice a range of MI skills. Participants will also have the opportunity to discover ways to apply MI within their own work context.

### Target group
Staff who work with service users who may need to make some changes to reduce the frequency or intensity of problems in their lives. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

### Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

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### Selection procedure
Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, Brendan.murphy@hse.ie

See also the WRDTF website booking form (see training calendar) [www.wrdtf.ie/training-calendar.php](http://www.wrdtf.ie/training-calendar.php)

### Qualification
Certificate for attendance on completion.

### Assessment
n.a.

### Accreditation
n.a.

### Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

### Course start date
Contact WRDATF for future dates.

### Course location
Mayo and Roscommon

### Application
Complete the general booking form, which can be found in the WRDTF training calendar.

### Cost
n.a.
A49 PUTTING THE PIECES TOGETHER

Course Provider
Western Regional Drugs and Alcohol Task Force

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

Course aims and objectives
A two-day training programme on the Putting the Pieces Together training manual, its content and use, incorporating exercises from the manual. This manual sets out to harness an integrated holistic approach to working with young people, parents and communities on the subject of drugs and alcohol. It aims is to act as a guide and a resource for persons working with young people of mixed abilities in an out-of-school setting.

Learning outcomes:
• Knowledge of up-to-date information concerning substance use
• Capacity to provide an holistic approach in substance awareness/prevention education
• Ability to deliver an awareness/prevention course encompassing issues of self-esteem, mental/sexual health, relationships and skills such as communications/decision making.

Course content
Course content:
• To explore and challenge attitudes in relation to substance use
• To enhance knowledge and understanding of substance use
• To explore how drugs affect the brain and elicit their effects
• To develop skills in delivering drugs and alcohol education
• To develop an understanding of Best Practice in substance use education
• To develop skills in relation to talking to young people about substance use
• To give an introduction into the use of brief interventions
• To develop an understanding of how to use the resource Putting the Pieces Together
• To be aware of services available locally and nationally

Target group
Individuals who intend to complete PTPT awareness / prevention courses with young people within organisations and groups in out-of-school settings.

Entry requirement
This training is for those living in the west of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Selection procedure
For further information, contact the trainers: Gillian Conway on 086-7814779 for course in Mayo & Roscommon and Neil Wilson on 086-7274888 for course in Galway City and County.

Please see the WRDTF website for a booking form (training calendar) http://www.wrdatf.ie/training-calendars.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.
Course start date
7-8 June 2017. Contact WRDATF for future dates.

Course location
Galway.

Application
Please complete the Putting the Pieces Together booking form, which can be found in the WRDTF training calendar

Cost
n.a.
Course aims and objectives
Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.

Learning outcomes:
- To gain a better understanding of the theory of MI
- To increase their fluency in the language of MI
- To increase their level of the skill in using MI
- To further practice the skills of MI on more complex cases
- To have a better idea on when to and when not to use MI skills with service users

Course content
This short course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book Motivational Interviewing, Helping People Change (3rd Ed). Participants will be exposed to the further aspects of MI and will have an opportunity to observe, discuss and practise a range of MI consistent responses to difficulties that they have encountered while working with their service users. Participants will also have the opportunity to discuss changes in their practice since they completed the Level 1 MI course and discover ways to enhance and support changes that their service users have already made.

Target group
Those who have completed level 1 Motivational Interviewing.

Entry requirement
Attendance at level 1 MI course. Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
Further inquiries to Brendan Murphy, Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231 or Brendan.murphy@hse.ie
See the WRDTF website booking form (in training calendar) http://www.wrdtf.ie/training-calendars.php

Qualification
Certificate for attendance for completion of the two day course

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
30-31 May 2017. Contact the WRDTF for future dates

Course location
Castlebar, Co. Mayo

Application
Complete the booking form in training calendar (stating the name of the course) and return to: Training. WRDTF, or email: Training@wrdtf.ie
Cost
n.a.
Course Provider
Western Regional Drugs and Alcohol Task Force

Address
Unit 6, Galway Technology Park, Parkmore, Galway

Web address
http://www.wrdatf.ie/

Course aims and objectives
The course looks at new and emerging drugs and drug use on a local, national and international basis

Learning outcomes:
• Knowledge of new trends within existing ‘traditional’ drug categories
• Knowledge of new and emerging drugs & the psychonaut movement
• Understanding of reasons behind the changing market for substances (legal & illegal)
• Understanding of the likely future direction of substance use in the Irish context

Course content
• Emerging trends of use with ‘traditional drugs’ (e.g. Cannabis and Ecstasy)
• Newly established drugs (e.g. Mephedrone, MXE, and GBL)
• Current information on ‘Headshop’ products sourced from the internet or abroad
• Future possible trends of drug use including

Target group
Professional training targeted at An Gardaí Síochána, Drug Services, Social Work, medical staff or anyone already working in the drug area

Entry requirement
This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Selection procedure
See the WRDATF website for more information and booking form (see training calendar)
www.wrdatf.ie/training-calendars.php

Qualification
Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Please contact the WRDATF for future dates.

Course location
Galway and Claremorris, Co. Mayo

Application
Complete the general booking form, which can be found in the WRDATF training calendar. Further enquiries contact Neil Wilson on 086 7274888 or neil@aidswest.ie

Cost
n.a.
Course Provider
Western Regional Drugs and Alcohol Task Force

Address
Unit 6, Galway Technology Park, Parkmore, Galway

Web address
http://www.wrdatf.ie/

Course aims and objectives
This training will provide an overview of current substance use behaviours in the west of Ireland and explore some of the reasons for and implications of same.

Trainees will be:
• Informed of current substance use issues
• Understand some of the reasons for use
• Better understand some of the dependency factors that may develop from use
• enhance knowledge and understanding of the link between use and wellbeing
• Be able to identify the connection between drug use, physical and mental wellbeing
• Have a sense of the risks involved in drug trends
• Be aware of some alternatives to use

Course content
• Overview of common trends
• Outline main substances involved in these trends and the reasons for same
• Establish a link between trends in use and social, environmental, physical, mental and individual factors
• Assess the risks involved in these trends
• Inform and suggest alternatives to preferred substances
• Explore the implications of use

Target group
Youth workers/Teachers/Social workers; Third level students/Community workers

Entry requirement
Training is for those living in the west of Ireland, though we accept trainees from outside who will travel.

Selection procedure
Further inquiries: Gillian Conway on 086-7814779 gconway@southmayo.com

See the WRDATF training calendar for booking form www.wrdatf.ie/training-calendars.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact the WRDATF for future dates.

Course location
Roscommon

Application
Complete booking form in WRDATF training calendar and return to address above or email training@wrdtf.ie

Cost
n.a.
Course aims and objectives
The Community Reinforcement Approach (CRA) is a comprehensive behavioural program for treating alcohol and other drug problems. CRA is an evidence based approach for helping people overcome alcohol and other drug related problems. It is based on the theory that environmental contingencies can play a powerful role in encouraging or discouraging drinking or other drug use. Consequently, it utilises social, recreational, familial, and vocational reinforcers to assist clients in the recovery process. Its goal is to make a sober lifestyle more rewarding than the use of substances.

The course fulfils the basic training requirement for participant to go on and seek accreditation as a CRA Therapist. Additional study and supervised practice will be required in order to achieve accreditation as a CRA Therapist.

Course content
This short course will be based upon the work of Robert J Meyers developments in CRA. Participants will be exposed to the theoretical framework and skills necessary to practice as a CRA Therapist and will have an opportunity to observe, discuss and practice a range of CRA skills and protocols. A description of the CRA Therapist Accreditation Process will also be outlined.

Target group
Participants must be working with an active caseload of clients in a key working or counseling capacity who may need to make some changes to their alcohol or other drug use. Ideally, participants will be open to continue on with training to become proficient in the use of CRA reaching a standard for accreditation.

Entry requirement
See target group. Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
Inquiries to Brendan Murphy, Regional Training Officer, 094 9049231 Brendan.murphy@hse.ie

See the WRDTF training calendar for booking form www.wrdtf.ie/training-calendar.php

Qualification
A Certificate of Attendance will be awarded on completion of the training.

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date

Course location
Galway

Application
Complete booking form in the WRDTF training calendar and return to WRDTF or email: Training@wrdtf.ie
Cost
n.a.
## Course Provider
Western Regional Drugs and Alcohol Task Force

## Address
Unit 6, Galway Technology Park, Parkmore, Galway

## Web address
http://www.wrdatf.ie/

### Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

### Course aims and objectives
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland. (See other WRDATF courses)

### Course content
The following courses may be provided by the WRDTF. They vary in length from short sessions to one-day.

- Work place drug awareness
- Drugs & sexual health
- Responding to drug-related intimidation programme
- Drug awareness
- Alcohol awareness
- Melanotan

### Target group
These courses are for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

### Entry requirement
Detail for each course is listed in the WRDATF training calendar on their website
[www.wrdatf.ie/training-calendars.php](http://www.wrdatf.ie/training-calendars.php)

### Selection procedure
See the contact details for your course.

### Qualification
n.a.

### Assessment
n.a.
Course aims and objectives
The course is intended to act as an introduction or ‘orientation’ on the theory and practice of the differing pillars of the National Drugs Strategy. It will consider issues on the local, national and international stage that relate to drug and alcohol-related harm. The course will also act as an introduction to other training possibilities which the WRDATF makes available.

On completion of this course, participants should be able to:

- Have a greater awareness of the variety of drugs used in Irish society and their use/misuse
- Understand the main ways in which the statutory organisations and other groups respond to drug issues
- Engage in discussion on a range of drug-related issues
- Identify how they may support the work of their host organisation in this area

Course content
The course is intended to act as an introduction or ‘orientation’ on the theory and practice of the differing pillars of the National Drugs Strategy. It will consider issues on the local, national and international stage that relate to drug and alcohol-related harm. The course will also act as an introduction to other training possibilities which the WRDATF makes available.

Content includes:

- Current drug prevalence in Ireland
- The National Drug Strategy and organisational structures
- The drug market: Established and emerging drugs
- Supply reduction: Responding to changes in the drug market
- Treatment & Rehabilitation: Linking with available services
- Research: The effects of drugs on the brain. Other topical drug related issues
- Working with clients: Harm reduction, dealing with situations, ‘signposting’ services.

Target group
Students, interns, and recently appointed staff. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

Entry requirement
This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Selection procedure
See the WRDATF website for more information and booking form (training calendar) www.wrdatf.ie/training-calendars.php

Qualification
A Certificate of Attendance will be awarded on completion of the training.

Assessment
n.a.
Accreditation
n.a.

Course background
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact WRDATF for future dates.

Course location
West of Ireland.

Application
Complete the booking form, which can be found in the WRDATF training calendar or email: training@wrdtf.ie

Cost
n.a.
Course Provider
Western Regional Drugs and Alcohol Task Force

Address
Unit 6, Galway Technology Park,
Parkmore, Galway

Web address
http://www.wrdatf.ie/

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

Course aims and objectives
The aim of the training is to enable workers to diagnose and treat suspected opioid overdose and to supply and administer Naloxone in emergency situations competently and safely. It is advised that only those workers who have successfully completed the training on CPR may undertake the Diagnosis and Treatment of Suspected Narcotic (i.e. Opioid) Overdose and the Supply and Administration of Naloxone Programme.

For the purposes of delivering the service in 2015/16 the naloxone preparation Prenoxad® will be utilised and therefore administration will need to comply with the Summary of Product Characteristics (SmPC) for this product. This means that Prenoxad® will be given by intramuscular injection in accordance with the SmPC. In the future other products may be considered.

Course content
- Principles of harm reduction, narcotic opioid overdose and safe administration of injections
- Preparation for delivering a naloxone service
- Supply and administration of naloxone in an emergency situation
- It is recommended that the learning outcomes be achieved through a blended learning format including an online component (www.drugs.ie/naloxone) and face-to-face session(s)

This workshop is designed to provide you with the following:
- Recognise the signs of overdose
- Steps in dealing with someone in an overdose
- The administration of Naloxone injection

Target group
This training is targeted specifically at those who work with opioid drugs users including those in frontline health services, homeless services and family members.

Entry requirement
This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Selection procedure
See the WRDATF website for more information and booking form (see training calendar) www.wrdatf.ie/training-calendars.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
Note this training is accredited for pharmacists since 2016.

Course background
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Trainers: Dr Denis O’Driscoll, Chief Pharmacist with the HSE
Course start date
Contact WRDATF for future dates

Course location
West of Ireland

Application
Complete the general booking form, which can be found in the WRDATF training calendar or email: training@wrdff.ie

Cost
n.a.
Course Provider
Western Regional Drugs and Alcohol Task Force

Address
Unit 6, Galway Technology Park, Parkmore, Galway

Web address
http://www.wrdtf.ie/

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

Course aims and objectives
This three-hour seminar provides an introduction to harm reduction for all groups, organisations, companies or clubs whether established as a specific substance use service or not.

The seminar will be useful to those who:

- Want to develop approaches based on harm reduction principles
- Would like to review their existing approach to utilising harm reduction principles.

Course content
The seminar aims to provide you and your organisation with:

- An understanding of the importance of harm reduction within any service provision
- An understanding of the issues involved in utilising harm reduction approaches
- An increased knowledge of current and proposed initiatives based upon harm reduction principles

This seminar will equip those attending with the necessary background to further develop services based on harm reduction principles that are appropriate to their setting.

Target group
Those interested in learning more about Harm Reduction principles and the utilisation of such approaches.

Entry requirement
This training is for those living in the West of Ireland, though we will accept trainees from outside who will travel to training.

Selection procedure
For further information on this course contact Neil Wilson at 091 566266 or email; neil@aidswest.ie

See WRDATF training calendar [www.wrdtf.ie/training-calendars.php](http://www.wrdtf.ie/training-calendars.php)

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact WRDATF for future dates

Course location
West of Ireland

Application
Complete the general booking form, in the WRDATF training calendar, or email training@wrdtf.ie

Cost
n.a.
# RESPONDING TO FAMILY NEEDS IN RELATION TO DRUG AND ALCOHOL USE

<table>
<thead>
<tr>
<th>Course Provider</th>
<th>Contact Person(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Western Regional Drugs and Alcohol Task Force</td>
<td>Western Regional Drugs Task Force</td>
</tr>
<tr>
<td>Address</td>
<td>091 480056</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:training@wrdtf.ie">training@wrdtf.ie</a></td>
</tr>
<tr>
<td>Web address</td>
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<tr>
<td></td>
<td><a href="http://www.wrdatf.ie/">http://www.wrdatf.ie/</a></td>
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## Course aims and objectives
A 2-hour information session to highlight the experience of families affected by substance use and ways to respond.

**Learning outcomes:**
- Increase awareness of the effects on families dealing with substance use
- Increased awareness of referral options/support pathways
- Increased awareness of ways to respond to families coping with substance use

## Course content
- How many families are affected?
- Types of substances used
- Models of addiction
- How are families affected?
- How families cope?
- Stress strain coping support model
- Ways to respond

## Target group
Key workers, Community Workers, Youth Workers, Family Support Workers, Social Workers

## Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

## Selection procedure
See WRDATF website booking form (training calendar) [www.wrdatf.ie/training-calendars.php](http://www.wrdatf.ie/training-calendars.php) or contact Debbie McDonagh Debbie.mcdonagh@wrdtf.ie or 087-6955557

## Cost
n.a.

## Assessment
n.a.

## Accreditation
n.a.

## Course background
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

## Course start date
The course is run as required. Contact WRDATF for future dates.

## Course location
Galway.

## Application
email: debbie.mcdonagh@wrdtf.ie or training@wrdtf.ie

## Qualification
n.a.
ADDICTION AND LOSS

Course Provider
Irish Hospice Foundation

Address
Bereavement Education & Resource Centre
Morrison Chambers (4th floor)
32 Nassau street
Dublin 2

Web address
http://hospicefoundation.ie

Contact Person(s)
Education Team
01 679 3188
info@bereaved.ie

Course aims and objectives
Both the process of addiction and of recovery from addiction can be seen as having loss and grieving as central themes. This workshop will look at the psychological dynamics common to different addictions in relation to these inevitable themes of loss and grieving, with an emphasis on how clients may be practically helped to work through their particular loss issues.

Course content
On completion participants will be able to:
• describe the main criteria which define an addictive attachment;
• outline the losses which occur as a result of the progression of an addiction;
• understand the necessity for the addictive attachment to be mourned in order for healthy recovery to take place;
• reflect on the possible role of earlier unresolved grief issues in the genesis of an addiction, and in recovery from the addiction.

Target group
Professionals and volunteers who wish to learn more about loss and bereavement and for those working with people who have experienced a major loss.

Entry requirement
n.a.

Selection procedure
For further information on the course visit hospicefoundation.ie/workshops/

Qualification
n.a.

Assessment
n.a.

Accreditation
The Irish Association of Social Workers accredit the workshop for 2 CPD points. Professional accreditation is also under application from An Bord Altranais and the Irish College of General Practitioners. A certificate of participation/attendance at the workshops is available on request.

Course background
Presenter profile: Eoin Stephens is an Integrative cognitive behavioural therapist specialising in addictive behaviours and dual diagnosis issues. He has worked in addiction counselling and training, as well as in general private practice and supervision, for over 20 years. He is currently College President at PCI College, and a Director of CBT Solutions.

Course start date
Thursday, 15th June 2017, 9.15am-4.15pm. See website for further dates.

Course location
The Irish Hospice Foundation, Dublin 2

Application
Contact iris.murray@hospicefoundation.ie or visit website. Booking forms should be returned with a cheque or details of address for invoice.

Cost
€100, includes light lunch/tea and coffee.
Course Provider
PCI College

Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22

Web address
http://www.pcicollege.ie

Course aims and objectives
One day workshop using an integrative cognitive behavioural approach.
The aim is to become more confident about common behavioural addictions such as:
• Sexual addiction/compulsivity
• Compulsive gambling
• Food addiction
• Computer/gaming/online addictions

Participants will gain familiarity with an Integrative CBT model of addiction and its application.

Course content
The workshop will explore these questions, which follow the 5 Levels of Integrative CBT:
1. How do I best connect with an addicted person, and form a therapeutic relationship with them?
2. What are the immediate problems/consequences/damages that need action?
3. What is the typical individual psychology/psychopathology of an addicted person? What are their typical cognitive distortions, automatic thoughts, compensatory behaviours, maintaining cycles?
4. What are the developmental sources of the client’s addiction? How do they see the world, what are their core beliefs?
5. What core human issues are they struggling with, in addiction and in recovery?

Common themes and relevant differences between the various common addictions will also be explored.

Target group
Those with an interest in an Integrative CBT model of addiction.

Contact Person(s)
Kelley Farrell
Enquiries
01 464 2268
info@pcicollege.ie

Entry requirement
Qualification in counselling, psychotherapy or other qualified helping professionals with therapeutic experience and students currently in training. Entry is by application form.

Selection procedure
Completion of application form, and payment. For more information on the workshop see www.pcicollege.ie/cpd-course/working-with-addictive-behaviours

Qualification
Attendance certificate

Assessment
n.a.

Accreditation
n.a.

Course background
See website for details.

Course start date
To be confirmed

Course location
Clondalkin, Dublin West. Training also takes place in Cork and Limerick.

Application
Application forms available by email or from website.

Cost
€100 (€80/90 for students/graduates of PCI)
## Course aims and objectives

This Professional Development programme prepares trainers and people who work with parents, children and/or families to design and deliver One Family’s Family Communications programme to groups or in one-to-one work. The emphasis is towards those parenting alone, sharing parenting, and parenting through family change such as separation. The comprehensive manual includes 15 modules, all of which give a step-by-step guide and handouts for facilitating each session.

## Course content

After taking part in this course, you will be able to:

- plan, design and deliver a 6 to 12 week Family communications: Coping with family life and communication with teenagers programme
- understand the theory behind the related manual
- understand and coach parents in the principles of clear and direct communication in the home for problem-solving
- support parents in implementing and managing changes in the home
- support parents in parenting teenagers
- resource parents in creating a positive environment at home
- understand family diversity today
- support parents in parenting when they are: separating or divorcing, sharing-parenting, parenting in a multicultural society
- resource parents to re-build family life after a crisis
- support one-parent and separated families to encourage family pride and a strong family identity

## Target group

All those who are interested in delivering family strengthening courses and those who work with parents and their children such as project workers, family support workers, social workers and so on.

## Entry requirement

n.a.

## Selection procedure

Contact One Family
https://onefamily.ie/education-training/for-professionals/family-communications-training/

## Qualification

n.a.

## Assessment

n.a.

## Accreditation

n.a.

## Course background

See website for details

## Course start date

Contact One Family for dates.

## Course location

Dublin

## Application

Contact One Family

## Cost

€400. All materials provided, including Family Communications Trainers Manual. Light lunch & refreshments included in cost.
**Course Provider**
One Family

**Address**
2 Lower Pembroke Street, Dublin 2

**Web address**
http://www.onefamily.ie

**Contact Person(s)**
**Paula Lonergan**
Training & Consultancy Manager
01 6629212
training@onefamily.ie

### Course aims and objectives
After taking part in this training you will be able to:
- design and deliver a ten-week Positive Parenting for Changing Families programme
- understand the theory behind the Positive Parenting for Changing Families manual
- be familiar with a range of approaches for managing difficult behaviour in children while raising self-esteem
- support parents in implementing these approaches
- support parents to develop strong relationships with their children
- know the provisions of the UN Convention on the Rights of the Child
- support parents in parenting when they are: separating or divorcing, sharing parenting, parenting in a multicultural society, parenting alone
- support parents to talk to their children about their family situations, and
- support families to parent through difficult times

### Course content
This 3-day intensive training, prepares professionals to deliver the programme to groups or in one-to-one sessions with parents. Redeveloped and redesigned from our flagship pre-existing Positive Parenting course and with a trainer’s manual containing 15 highly practical sessions which focus on the realities of parenting in diverse and changing families, this programme addresses the real challenges for parents today from a strengths-based and positive approach.

### Selection procedure
See course website: [https://onefamily.ie/education-training/for-professionals/positive-parenting-training/](https://onefamily.ie/education-training/for-professionals/positive-parenting-training/)

### Qualification
n.a.

### Assessment
n.a.

### Accreditation
One Family accredited

### Course background
We can develop this course to suit your needs by providing additional modules.

### Course start date
21-23 June 2017. Duration: 3 days, 10.00-16.00 each day.

### Course location
UCD Dublin.

### Application
Register or make a booking enquiry by completing online form. For additional information, contact Paula Lonergan by email or call 01 6629212.

### Cost
€400
## A63 - DUBLIN NORTH EAST DRUG PREVENTION COURSES

<table>
<thead>
<tr>
<th><strong>Course Provider</strong></th>
<th>Dublin North East Drugs and Alcohol Task Force</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Contact Person(s)</strong></td>
<td>Training co-ordinator</td>
</tr>
<tr>
<td></td>
<td>01 846 5070</td>
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<tr>
<td></td>
<td><a href="mailto:reception@dnetaskforce.ie">reception@dnetaskforce.ie</a></td>
</tr>
<tr>
<td><strong>Address</strong></td>
<td>The Mornington Centre, 44A Malahide Road, Artane Roundabout, Artane, Dublin 5.</td>
</tr>
<tr>
<td><strong>Web address</strong></td>
<td><a href="http://www.dnetaskforce.ie/">http://www.dnetaskforce.ie/</a></td>
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</tbody>
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### Course aims and objectives
The Prevention Education Team of the DNEDATF, provide a range of services aimed at preventing, delaying onset and reducing the harms associated with drug use. All of these services are informed by current research and best practice guidelines.

### Course content
- We help with the development and delivery of Drugs Awareness Programmes in local schools and youth projects.
- We provide drugs education and awareness programmes for parents on a range of issues.
- We offer support to parents and, where necessary, provide information on useful services and agencies offering counselling, family therapy and other supports.
- We work in partnership with community drug programmes, teachers and Home School Community Liaison Officers in the area.
- We continue to deliver substance use programmes as a support to the Walk Tall and Social Personal and Health Education programmes at primary and post-primary levels.
- In conjunction with relevant agencies, we continue to support schools with the development, implementation and review of school substance use policies.
- We offer information and training on substance use and related issues to community and youth workers that are based in the catchment area.
- We act as an information resource in the Dublin North East region providing high quality and up to date information on drugs and other relevant issues.

Courses include: Diploma in addiction studies and Strengthening families programme
Longer courses providing information, raising awareness and developing skills among those whose work brings them into contact with substance misuse. Around NFQ (National framework of qualifications) level 5.
Course aims and objectives
This course is designed to promote good practice among those who work (paid / voluntary) with young people and communities. It provides a critical perspective on some of the issues including community development and drug / alcohol issues which can affect young people and communities and encourages the development of coherent responses at individual and organisational level. The two components should promote the ability of learners to work safely and effectively in youth and / or community work settings. The programme also aims to provide the participants with the necessary knowledge and skills in sourcing and / or resourcing applicable supports systems, both within and outside their communities.

Course content
1. Understanding Community Development
   - The purpose of this component is to equip the learner with the knowledge, skill and ability to engage with the key ideas which underpin community development in Ireland. It will also outline the potential of community development to contribute to social change in relation to a range of issues e.g. poverty, equality, attitudes to substance misuse, immigration etc. This component will also look at some current challenges to community development's role as a process of social change in favour of the most marginalised.

2. Substance use issues for youth work

Target group
n.a.

Entry requirement
Applicants must:
• Be aged 21 or over,
• Send in relevant application form,
• Attend a pre-entry information session,
• Attend an interview in Cork City Partnership,
• Have Leaving Certificate or its equivalent and /or relevant life and work experiences (recognised prior learning),
Applicants are expected to be active participants in the community in either a voluntary or work capacity.
In order to gain employment or volunteer in this sector Garda Vetting is mandatory.

Selection procedure
Interviews will be held. For more information see:
http://corkcitypartnership.ie/community-outreach-and-drug-awareness-programme/ or the course brochure

Qualification
Graduates will receive a QQI /FETAC Level 5 Combined Component Award.

Assessment
A variety of continuous assessment models will be employed and at least 80% attendance at the course is essential.
Accreditation
NFQ

Course background
n.a.

Course start date
This course will be offered on a part time basis over the academic year (Sept/Oct— April/May), Tuesday evening: 7.00 — 10.00 pm

Course location
Cork College of Commerce, Morrison’s Island
Cork City

Application
Contact Jacqueline Daly on 021 4302310 / 087 1962030 or jdaly@partnershipcork.ie for application form.

Cost
€125. Subject to change.
Course aims and objectives
The aim of this course is to enable participants to be aware of the various drugs, both legal and illegal that are available at the present time in their area. It focuses on their impact on the community and on the whole process of addiction. Essentially the course will cover four main areas:
1. Drugs and their effects
2. The process of addiction
3. Intervention strategies
4. Community responses

Course content
This QQI Level 5 Community Addiction Studies course is a Component Certificate or module at QQI Level 5 of 36 hours duration delivered part time over 10 weeks.

Students will receive handouts and relevant literature to enable them to develop their understanding of addiction studies appropriate to this level. In each session students will have the opportunity to observe and discuss the various categories of drugs and the effects that addiction may have on the family and community.

Target group
Participants who wish to expand their knowledge of addiction, drugs and their use/misuse

Entry requirement
Level 4 Certificate, Leaving Certificate or equivalent qualifications and/or relevant life and work experience

Selection procedure
Application form www.thelearningcurve.ie/qqi-level-5-community-addiction-studies

Qualification
QQI Level 5 Component Certificate in Community Addiction Studies.

Assessment
The programme is delivered as a part time course consisting of 24 hours face to face learning with another 12 hours online contribution/discussion time. A total of 36 hours contact time between student and lecturer. A further 30 hours of self-directed learning is recommended for successful completion of the module by the learner. Students must attend at least 80% of the classes and complete all the necessary assessments in order to be eligible for certification through FETAC.

The online element to the course will be in the form of a discussion forum. This forum will be open for the entire 10 week period and students will be expected to contribute to the discussions as posted by the tutor every week, this will account for approx 1.5 hours in total each week for the 8 weeks.

• Collection of work - 60%
• Research project - 40%

Accreditation
This component certificate can be combined with other Level 5 Minor Awards or Components to achieve a QQI Level 5 Major Award in Community Development.

Course background
The Learning Curve Institute offers a unique post-course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or queries with which they would like the lecturers help.
Course start date
Dublin: 03 Oct - 05 Dec 2017, 6pm-9pm. Mayo: 03 Oct - 05 Dec 2017, 6pm-9pm. Cork: 04 Oct - 06 Dec 2017, 7-10pm

Course location

Application
Book through the website link or contact The Learning Curve Institute directly on 098 25530 or info@thelearningcurve.ie. See website for closing dates.

Cost
€375
### Course Provider
ALÂ (Participatory theatre)

### Address
83 Castle Park, Ballybane, Galway

### Web address
http://ala-ct.ie/

### Contact Person(s)

#### Project Director
Tel 091 492852
to.galway@gmail.com

### Course aims and objectives
This course will introduce participants to the world renowned drama facilitation methods created by Augusto Boal known as Theatre of the Oppressed (TO). It will provide participants with a thorough grounding of TO drama facilitation techniques for practical use in group work situations. Through the use of stimulating games, exercises and other drama techniques, the course will explore group dynamics, effective communication and the idea of the reflective practitioner.

### Course content
Specific learning outcomes are in 4 units.

- **Unit 1: Interpretation**
- **Unit 2: Movement**
- **Unit 3: Voice**
- **Unit 4: Collaboration**

### Target group
1. Learners who want to gain an in depth understanding of Theatre Performance.
2. Learners who have already taken up a position in a theatre/production company.
3. Good English language, literacy and computer skills.
4. Well motivated, team player, with good interpersonal and communication skills.
5. Good time-keeping, attendance and commitment.
6. Learners who feel they have experience but who do not possess an appropriate qualification.

### Entry requirement
Previous facilitation or group work experience would be an advantage. Prior drama experience is not essential.

### Selection procedure
All applicants should be interviewed against Target Learner Profile. Recognition of prior learning will be considered. General education: Leaving Certificate (with relevant direct experience) or higher.

### Qualification
FETAC Level 5 - E20019 Theatre Performance

### Assessment
The course is highly participative and practical in nature. Assessment will be ongoing throughout the duration of the course. Both didactic and inductive methods are used.

### Accreditation
All assessment is carried out in accordance with FETAC regulations.

### Course background
ALÂ is a personal, social and community development organization. It uses theatre arts and education as developmental tools.

### Course start date
Contact ALÂ for details of upcoming courses. Classes run on Friday evenings and on Saturdays and Sundays. There are 72 hours tuition plus learning journal and assessments.

### Course location
Aras na Mac Leinn, NUI Galway

### Application
Return completed forms by post or email.

### Cost
The course fee is usually €400.
**SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME**

**Course Provider**  
HIV Ireland

**Address**  
70 Eccles Street, Dublin 7

**Web address**  
http://www.hivireland.ie

**Contact Person(s)**  
Susan Donlon  
Prevention Education & Training Co-ordinator  
01 873 3799  
susan.donlon@hivireland.ie

**Course aims and objectives**
Funded by the North Inner City Drugs Task Force (NICDTF), the primary aim of the programme is to provide youth and community workers with the information, resources, and skills necessary to work with the client group in their care in relation to sexual health and drug and alcohol use.

**Course content**
The programme is delivered one day a week, for 8 weeks.

Week 1: Sexual health and HIV & AIDS  
Week 2: Sexually transmitted infections (STIs), condom use, and contraception  
Week 3: Hepatitis and sexuality  
Week 4: Cultural issues and sexual health, and presentation skills  
Week 5: Drugs and alcohol awareness  
Week 6: Interventions with clients: An introduction to motivational interviewing  
Week 7: Policies, best practice and legal issues, and information recap  
Week 8: Participant presentations

**Target group**
Youth and community workers in the north inner city area

**Entry requirement**
Ideally, candidates should be trained trainers and working in the youth and community sectors, in particular with vulnerable at-risk groups.

**Selection procedure**
Candidates from the north inner city will be assessed for entry before others will be considered. The maximum number of participants on each course is 12.

For HIV Ireland training webpage see

http://www.hivireland.ie/what-we-do/training/

**Qualification**
NFQ Level 5 Component Certificate in Sexual Health and Drug Awareness Training

**Assessment**
Learner record, short assignment, and a skills demonstration presentation

**Accreditation**
NFQ

**Course start date**
No dates are currently scheduled. Contact HIV Ireland for future dates and other courses.

**Course location**
Eccles Street, Dublin 1

**Application**
Contact

**Cost**
To be confirmed
Course Provider
Urrus & Local Steering Group, Dun Laoghaire

Address
Community Addiction Team, Unit 8, Leopardstown Office Park, Burton Hall Ave, Dublin 18.

Web address

Contact Person(s)
John Doyle
Course Facilitator
01 2176 140
alcoholdrugcourses@hotmail.com

Course aims and objectives
Drug & Alcohol issues will be explored from the individual, family, and community perspectives.

Course content
Drug & Alcohol issues will be explored from an individual, family, and community perspective. Participants will learn about a variety of drugs and their effects. Become effective in intervention strategies and managing crisis. Explore the different approaches to treatment & rehabilitation. Learn about drug & alcohol policy. Gain valuable insights from the experiences of course participants. Learn about drug prevention & education. Challenge your perceptions and beliefs regarding substance misuse and network with members of community, voluntary and statutory services.

Target group
Community members who feel they would like to be more knowledgeable and effective when it comes to drug & alcohol issues, those working in community, voluntary, and statutory agencies who encounter substance misuse, and anyone who has an interest in addiction studies. The course is taught within an adult education ethos and there are no educational requirements, only a willingness to participate and learn.

Entry requirement
No previous experience or education required to apply.

Selection procedure
Complete an application form and attend an interview.

Qualification
FETAC Level 5 Community Addiction Studies Certificate

Assessment
Students are required to attend at least 80% of classes and complete assignments to receive FETAC level 5 Award.

Accreditation
FETAC

Course background
This course was first offered in 1998 and has been repeated most years.

Course start date
Course starts in September and finishes in February (annually). Every Tuesday evening 6:15-9:15pm

Course location
Dun Laoghaire (Mounttown Community Facility).

Application
For enquiries or to request an application form email; alcoholdrugcourses@hotmail.com or ring 087 3484653. If you have miss the deadline please contact us regarding late applications.

Cost
Full fees = €399. Part payment of €100 required upon offer of place. Phased payment option available for students.
Course Provider
Health Service Executive

Address
Health Promotion Service, 1st floor, Unit 4,
Nexus Building, Blanchardstown Corporate Park,
Dublin 15

Web address

Contact Person(s)
Marwin Jagoe
marwin.jagoe@hse.ie

Course aims and objectives
This course aims to prepare nurses, midwives, health and social care professionals to implement Screening and Brief Interventions (SBI) for problem substance misuse.

On completion of this course, participants should be able to:

- Critically discuss problem alcohol and drug use as it impacts on their current work or area of practice
- Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
- Identify problem alcohol and drug users who present to health and social care settings
- Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios
- Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

Course content
The key course content which emerges from the course learning outcomes is outlined below:

- Evidence for the effectiveness of SBI.
- Alcohol and drug related presentations to health and social care settings.
- Contemporary models of SBI for problem alcohol and drug use.
- Overview of the SAOR model of intervention for problem alcohol and drug use.
- Establishing a supportive working relationship with the service users.
- Asking about alcohol and drug use and screening for alcohol and drug related problems.
- Delivering a structured brief intervention based upon the SAOR model.
- Developing appropriate care pathways for service users and arranging appropriate follow up.
- Accessing useful links and reference materials for further reading and research.

Target group
The primary target audience is nurses, midwives and allied health and social care professionals who are in a position to offer Screening and Brief Interventions to service users presenting with problem alcohol and drug use.

Entry requirement
Please email Marwin Jagoe Marwin.Jagoe@hse.ie in Drug & Alcohol Service

Selection procedure
Places will be allocated on a first come, first served basis for each completed application. See HSE for SAOR booking form or in-house training request form

See also website: http://www.hse.ie/eng/about/Who/primarycare/socialinclusion/homelessness-and-addiction/alcohol-and-substance-use-saor/

Qualification
n.a.

Assessment
n.a.
Accreditation
An Bord Altranais - Category 1 approval

Course background
See HSE website for SAOR resources

Course start date
One day course arranged by HSE as required.

Course location
Cork and Kerry

Application
Please return the completed application form to marwin.jagoe@hse.ie

Cost
n.a.
B07 PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS

Course Provider
IICP Education and Training

Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

Web address
http://www.iicp.ie

Contact Person(s)
Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

Course aims and objectives
Mindfulness is increasingly recognised as a valuable intervention in counselling internationally. In the field of medicine, more Irish doctors now recommend mindfulness to patients. Millions of people around the world practice mindfulness to enhance their experience of living. Put simply, mindfulness involves continually returning your awareness to your present-moment stream of experience in a non-judgmental way. This very simple approach, though at odds with our normal way of thinking, can be very helpful to people suffering loss, anxiety, stress, depression and other aspects of the human condition.

Course content

Definitions and purpose of mindfulness.
Exploration of the use of mindfulness with clients.
Exploration of the use of mindfulness in your own life.
Consideration of the scope and limitations of mindfulness as a therapeutic tool.
Opportunities to role-play in triads as therapist, client and observer using participants’ own case work.
Opportunities to practice mindfulness during the course days and guidelines for practice at other times.
An introduction to the basics of Buddhist psychology from which mindfulness emerged.
Understanding how Buddhist psychology ‘fits’ with Cognitive Behavioural Therapy and other Western approaches.

Target group
This course is intended for therapists, mental health practitioners and for those professionals who would like to add mindfulness to the range of clinical interventions available to them. Additionally, it is ideal for those who would like to use mindfulness in their own lives. Participants will gain a rewarding life skill and a valuable tool for intervention.

Entry requirement
No entry requirements

Selection procedure
For course information see https://www.iicp.ie/cpdcourses/mindfulness/

Qualification
Certificate of completion and transcript of course content and hours for continuing professional development (CPD).

Assessment
Attendance at all training days is necessary to qualify for the award of the Certificate.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course background
This course has been organised in response to requests from trainees and professionals who wish to learn more about mindfulness.

Course start date
3 full days. Monday 28 Aug, 04 Sept, and 11 Sept 2017; 10:00am – 4:00pm. This course runs a number of times a year.
Course location
Killinarden Enterprise Park, Dublin 24; Silver Springs Hotel, Cork; Eglantine Avenue Belfast

Application
Application form available from contact persons or IICP website listed above.

Cost
€295.00.
## Course Provider
IICP Education and Training

## Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

## Web address
http://www.iicp.ie

## Contact Person(s)
Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

## Course aims and objectives
The aim of the course is to equip participants with the necessary theoretical and clinical understanding of the CBT approach to counselling. The course content can be broken into four broad areas.

- Theory
- Assessment of presenting problems
- Disputation of irrational beliefs
- Homework

## Course content

### Section one:
Participants will learn the history of CBT with emphasis on Beck's Cognitive Therapy and Ellis' Rational Emotive Behavioural Therapy. Participants will gain an understanding of the psychology behind the CBT model and its clinical application in today's climate. Difference in counsellor style will form an integral part of this phase of training. The importance of the counsellor as educator will be discussed. Ellis' ABC Model will be explored in detail and participants will learn how to explain the model to clients in a variety of ways.

### Section two:
Assessment of a problem will be explored in the second phase of training. The different classifications of irrational beliefs will be explained and discussed. (inferences, evaluations etc). Trainees will learn how to identify rational and irrational beliefs and will clearly understand the difference between healthy and unhealthy emotions. The impact of thinking on emotional disturbance will be further discussed and explored. At this stage of training, Participants will begin to apply the ABC model to some of the presenting problems they identify.

### Section three:
At this stage of training, Participants will be taught the different types of disputation in CBT. They will learn how to dispute irrational beliefs at a logical, empirical and pragmatic level. They will be taught how to assist their client's in disputing their irrational thoughts and beliefs. The integration of Alternative Rational Beliefs will be introduced to students and they will be given opportunity to practice these skills in class through triad work and round robins.

### Section four:
The role of homework will be explored in detail in this section. Having identified the need to develop and strengthen rational beliefs, trainees will be given the skills required to help their clients achieve same. Students will learn how to develop both written and behavioural assignments to address the identified issues. These homework assignments will focus on both disputing the irrational beliefs and consolidating the rational beliefs. Effective planning strategies will also be explored.

## Target group
Professional or personal interest in the area of Cognitive Behavioural Therapy.

## Entry requirement
No entry requirements.

## Selection procedure
See the course website for further details [https://www.iicp.ie/cpdcourses/cbt/](https://www.iicp.ie/cpdcourses/cbt/)

## Qualification
IICP Practitioners Certificate in Cognitive Behavioural Therapy. CPD: 28.5 hours
Assessment
n.a.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course background
This course has been organised in response to those seeking professional training and qualifications in Cognitive Behavioural Therapy

Course start date
Sunday 11 June 2017 for four Sundays. This course runs a number of times a year.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form from contacts or online.

Cost
€495.00 (€450 for IICP Students/Alumni and VCS Counsellors)
Course aims and objectives
This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

Programme aims:
• To introduce learners to a practical cutting-edge approach to mental health care and counselling;
• To encourage psychological wellbeing within the programme and empower and encourage support networks;
• To provide a warm and challenging environment where students can learn and grow;
• To enable learners to begin to develop a clear and transparent understanding of counselling and psychotherapy that is congruent with the principles associated with bone fide helping professionals; and
• Encourage learners to view this course in the context of lifelong learning and personal as well as professional development.

Course content
The programme is highly interactive and taught through role-play, lectures, group work and audio/video presentations. Participants will have the opportunity to produce and participate in individual written assignments, group projects and group work.

Module:
1. Introduction to counselling and psychotherapy: This module aims to give the learner a broad introduction to the field of counselling and psychotherapy and the main approaches therein. Learners will have the opportunity to explore various definitions in counselling and psychotherapy, understand the historical developments, appreciate how the need for therapy has evolved at a societal level and understand how theories aid a therapist in understanding human behaviour, emotions, unconscious factors, motivation and making sense and meaning of life experiences. Learners will also be given an overview of the models of Choice Theory and Reality Therapy, Person Centred Counselling and Multicultural approaches.

2. Introduction to counselling skills: This module aims to introduce the learner to the basic and intermediate skills of counselling. Learners will be coached in a range of key skills that will facilitate effective listening within the helping relationship. Learners will explore the characteristics of an effective listener, understand the core conditions of empathy, congruence and unconditional positive regard within the helping relationship and become increasingly aware of listening blocks. Learners will have the opportunity to practice listening skills with peer learners throughout this module.

3. Introduction to personal development: This module aims to enable learners to increase their levels of self awareness of their own personal development within the context of becoming a helper. Learners will explore their levels of self-awareness and how this relates to becoming an effective helper in the caring profession. Accurate and sensitive self-awareness underpins any type of helping relationship, as the main instrument for becoming a helper/therapist is the person themselves.
Target group
This programme is suitable for those seeking to pursue their awareness and development in the field of counselling and/or who work in the helping/caring professions.

Entry requirement
• Applicants should be able to articulate their interest in the therapeutic field and their reasons for pursuing this course of study; and
• Produce evidence of prior educational attainment (see application form for further details)

Entry onto the certificate programme is through application and interview. Selection procedures will apply.

Selection procedure
See the course webpage at https://www.iicp.ie/courses/certificate/

Qualification
QQI Minor Certificate in Integrative Counselling and Psychotherapeutic Studies (NFQ Level 6)

Assessment
Assessments will include practical work, individual and group projects and written assignments.

Accreditation
Institute of Integrative Counselling and Psychotherapy

Course background
Course was developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

Course start date
Friday 16 June 2017, 6:00pm-10:00pm. See website for future dates. This course runs over the three full weekends throughout June, July and August.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€1,250.00 (Plus QQI/HETAC fee of €50.00) If successful in your application a non-refundable deposit of €400.00 is payable on acceptance of offer.
Course Provider
IICP Education and Training

Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

Web address
http://www.iicp.ie

Contact Person(s)
Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

Course aims and objectives
The aim of this programme is to facilitate counsellors and therapists in furthering their knowledge and experience of counselling children and adolescents. This programme will focus on an integrated model for counselling minors and will include a placement component.

There will be ten full teaching days and 20 hours of peer group discussion. There is also a requirement for 50 hours of supervised clinical work to achieve the award. The programme will run over a series of Saturdays and Sundays throughout the year from July to November and will include workshops and lectures. Candidates have a full calendar year in which to complete the clinical requirements.

Course content

Practical implications & theoretical underpinnings:
- Assessment of minors
- Use of the CORE YP Form/Beck Youth Inventory
- Including families in the counselling process
- Contracting with children and parents
- The child’s internal process of change

SPICC Model of working with minors:
- Overview of the process of child counselling
- Person centred therapy interventions
- Cognitive behaviour therapy interventions
- Gestalt therapy interventions
- Behaviour therapy interventions
- Play therapy interventions
- Reality therapy interventions
- Narrative therapy interventions
- Use of creative and child specific therapy material and resources

Other specific issues:
- Developmental psychology
- Abnormal psychology
- Child protection issues
- Grief work with children
- Dealing with transference and resistance
- Issues in adolescence
- Personal development and reflective work

Course assignments:
- Group project
- Theory essay
- Supervision report & self-evaluation of supervision

Target group
Counsellors and psychotherapists, counselling psychologists and/or clinical psychologists, or those with a recognised clinical qualification in the helping profession.

Entry requirement
- The course is open to counsellors and psychotherapists, counselling psychologists and/or clinical psychologists, or those with a recognised clinical qualification in the helping profession.
- Applicants must have experience of working with clients therapeutically and under supervision.
- Learners will demonstrate an ability to engage in self-directed learning
Selection procedure
For further course details see -
https://www.iicp.ie/cpdcourses/childadolescent/

Qualification
IICP Certificate in Child and Adolescent Counselling & Psychotherapy.

Assessment
Attendance at all training days is necessary to qualify for the award of the Certificate.

Accreditation
IICP

Course background
n.a.

Course start date
Course is run periodically. 10 full teaching days, 20 hours of peer group discussion. Requirement for 50 hours of supervised clinical work to achieve the award.

Course location

Application
Apply online on IICP website

Cost
€950.00 (€807.50 for IICP Diploma/BA Alumni or qualified VCS counsellors)
## Course Provider

PCI College  

## Address

Corrig House, Old Naas Road, Clondalkin, Dublin 22  

## Web address

http://www.pcicollege.ie

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### Course aims and objectives

This 30 hour programme consists of five one-day workshops, each of 6 hours duration. They will explore case work with particular emphasis on the impact of substance addiction on the individual, the family and the community.

### Course content

- **Drug types**: pharmacological categorisation; how they work; their effects.  
- **Legal perspective**: The Misuse of Drugs Act (Ireland); similarities and variances with the laws of other countries.  
- **The legalisation of cannabis and other drugs debate.**  
- **Addiction research**: Ireland & international.  
- **The causes of addiction.**  
- **A range of treatment modalities**: philosophies and practices.  
- **The family context of addiction.**  
- **Counselling skills, particularly associated with addiction work.**  
- **Health-related issues** e.g. H.I.V., Hepatitis.  
- **The addictive personality?**  
- **Personal factors enhancing recover.**  
- **The role of support groups** e.g. A.A., N.A., G.A., Al Anon etc.  
- **After-care.**

### Target group

Counsellors wishing to develop skills to enable them recognise the presence of addiction issues in the story of a client, to enable them work with the addiction issue or to make an appropriate referral.

### Entry requirement

Qualification in counselling, psychotherapy or other helping professionals with therapeutic experience. Students currently in training will be considered, though the certificate cannot be used until they have qualified.

### Selection procedure

Download application form on PCI website  
www.pcicollege.ie/cpd-course/substance-addiction

### Qualification

PCI College Certificate in Substance Addiction

### Assessment

1. Visit a treatment service and make a 30 minute presentation on this experience.  
2. Write an essay on the rehabilitation of substance addicts in your work.

### Accreditation

n.a.

### Course background

n.a.

### Course start date

30 hour programme over 2 weekends. Contact PCI for next dates.

### Course location

Clondalkin, Dublin. This course can also be provided as an in-service programme for government bodies, professional groups or community organisations

### Application

Contact PCI

### Cost

€750 (€500 for PCI students and graduates)
Course aims and objectives
You will learn to observe, assess, evaluate, and formulate treatment using the client’s environmental influencers as well as their thoughts, moods and emotions, and behaviour. The approaches presented are usable, up-to-date and strongly evidence-based.

Course content
Course content:
Day 1: Foundation level theory and practice
Day 2: Behavioural & cognitive strategies in CBT
Day 3: Depression - a cognitive behavioural approach
Day 4: Anxiety - a cognitive behavioural approach
Day 5: Integration/assessment day

Workshops can be taken individually, or combined to make up the requirements for the Certificate Course. There is no time limit to complete the course.

Target group
For helping professionals (with therapeutic experience) who want to gain the knowledge and skills necessary to incorporate CBT into their practice.

Entry requirement
Applicants will ideally have a professional qualification in counselling, psychotherapy, or similar – accreditation is not necessary. Students currently in training will be considered, on the understanding that the certificate qualification cannot be used until they have qualified.

Additional requirements (before integration day): 20 hours of work with clients using CBT & 3 sessions with a qualified supervisor to review your client work.

Selection procedure
For more information please visit http://www.pcicollege.ie/cpd-course/cognitive-behaviour-therapy

Qualification
Participants must attend all days for a certificate in cognitive behaviour therapy.

Assessment
As per syllabus. Additional Course Requirements: (Before Integration Day): 20 hours of work with clients using CBT and 3 sessions with a qualified supervisor to review your client work

Accreditation
PCI College

Course background
See website for more details.

Course start date
30 hour programme over 5 days. Next start date to be confirmed. Please call 01-464 2268 or email info@pcicollege.ie to add your name to the Waiting List.

Course location
Dublin. This course can also be provided as in-service training for government bodies, professional groups or community organisations.

Application
Application forms by email or online.

Cost
Fees (full course): €780. If you have completed the PCI College Advanced Diploma in CBT, you are entitled to an exemption of day 1 & day 2 - course cost €570.
Course aims and objectives
This short course is designed to introduce participants to addiction studies and looks at:
• what substances are being used, how these impact on users,
• Irish drug and alcohol policy, treatment approaches and
• an introduction into research and treatments and how well these work.

Course content
This programme will provide a basic introduction about the impact of addiction in Ireland. It will open a door for greater understanding of this complex and difficult topic. It will also review what substances look like, what is available and their effects.

We will discuss the use and abuse of various substances and explore Irish policy around drugs and alcohol. Different treatment approaches and access to treatments will be reviewed and current research on treatment effectiveness will be introduced.

Signs of substance misuse among adolescents will also be discussed. Recent policy developments and current research into treatments are also examined.

Target group
For those who have an interest in addiction including members of the public, volunteer workers and public servants who wish to learn about this important topic. It will also serve as an introduction to the area of addiction for practising counsellors.

Entry requirement
An interest in addiction.

Selection procedure
Completion of the application and fulfilment of the conditions.

For more information about the course visit http://www.pcicollege.ie/short-courses/introduction-addiction-studies

Qualification
PCI College Certificate in Addiction Studies

Assessment
As per syllabus.

Accreditation
PCI College

Course background
See website for more information.

Course start date
30 hour programme over 10 weeks. Start date to be confirmed.

Course location
Clondalkin, Dublin

Application
Please email info@pcicollege.ie or call 01 464 2268 to add your name to the waiting list.

Cost
€650.00
# MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.

**Course Provider**
National Youth Council of Ireland

**Address**
3 Montague Street
Dublin 2
Ireland

**Web address**
http://www.youth.ie/training

**Contact Person(s)**

<table>
<thead>
<tr>
<th>Training Administrator</th>
<th>Training Administrator</th>
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<tbody>
<tr>
<td>01-478 4122</td>
<td><a href="mailto:training@nyci.ie">training@nyci.ie</a></td>
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</table>

## Course aims and objectives

The training is based on the resource MindOut which has been developed by Health Promotion HSE West and NUI Galway. MindOut is a twelve-session mental health programme which takes a positive approach to the promotion of emotional and mental health among young people. The emphasis is on giving time to young people to explore what challenges their mental health and looking at the ways they cope ranging from personal coping skills to informal networks of support to professional or voluntary support services. All participants will receive a copy of the MindOut resource pack and Good Habits of Mind support pack.

## Course content

Training for the resource is carried out over three days. Following training day one and two participants begin to implement the programme. Participants then return 6 weeks later for day three which includes a review, self-care for the tutors and organisational issues.

### Learning content:

- Expressing feelings
- Gender differences in coping behaviour
- Dealing with rejection and depression
- Seeking help
- Coping strategies and resilience
- The importance of social support
- Positive self-talk

## Target group

Designed for anyone working with young people in a youth work, out-of-school or non-formal education setting.

## Entry requirement

n.a.

## Selection procedure

For more course information visit [http://www.youth.ie/nyci/Mindout-Mental-Health-Promotion-Programme-Out-School-Settings](http://www.youth.ie/nyci/Mindout-Mental-Health-Promotion-Programme-Out-School-Settings)

## Qualification

n.a.

## Assessment

n.a.

## Accreditation

n.a.

## Course background

n.a.

## Course start date

Contact NYCI for future dates.

## Course location

Various locations

## Application

Obtain an application form online or by contacting NYCI's Training Administrator on 01 4784122 or e-mail training@nyci.ie

## Cost

Free of charge.
Course aims and objectives
This is a one-year full-time course suited to mature students returning to education. This is an access course for those who are new to the study of addictions and counselling.

The course will focus on:

- Studies in drug and alcohol dependency and addictive behaviours
- Introduction to common therapeutic interventions such as motivational interviewing and brief solution-focused therapy
- Introduction to counselling skills

Course content
Principal areas of study:

- Psychology
- Intercultural studies
- Social studies
- Communications or English literature
- Work experience

Personal development and experiential learning

- Personal effectiveness
- Safety and health at work
- Substance use
- Counselling skills
- Word processing

Target group
Mature students with relevant experience and interest in working with people (supported by appropriate references).

Entry requirement
Training is of value in a wide range of settings, such as An Garda Síochána, nursing, youth work, the prison service, social services, information services or the voluntary sector. Garda vetting is required for work experience.

Selection procedure
For more information visit (full time courses) [http://libertiescollege.ie/index.php](http://libertiescollege.ie/index.php)

Qualification
QQ Level 5 Applied Social Studies SM2181

Assessment
Project work and continuous assessment

Accreditation
QQ Level 5

Course background
This is a one-year full-time programme.

Course start date
September each year.

Course location
Liberties College, Bull Alley Street, Dublin 8

Application
Application form available online

Cost
Contact the college for details. Optional workshops incur additional costs
**Course Provider**
Liberties College

**Address**
Liberties College, Bull Alley Street, Patrick Street, Dublin 8

**Web address**
http://www.libertiescollege.ie

**Contact Person(s)**
Brid Milliken
Department Head: Counselling and General Information
01 454 0044
info@liberties.cdvec.ie

**Course aims and objectives**
Students wishing to obtain the Applied Social Studies Award may do so by attending part-time classes over two years. Students will be expected to attend college two days per week and find a work placement for a third day. Students study four modules each year.

**Course content**

**Substance Use – Issues for youth workers – 5N2176**

Having studied this module learners should have the knowledge, skill and competence to work safely and effectively as part of a team in youth and community work settings where the population have been negatively affected by substance use.

Units of study:
- Identify the different types and legal status of a range of substances
- The contexts in which contribute to young people engaging in substance use
- Examine a range of strategies which focus on initiatives and responses to young people’s substance use

**Psychology – 5N0754**

This module introduces learners to psychological perspectives, psychology as a science and psychological disorders.

Units of study:
- Psychological perspectives and therapeutic interventions
- Relating perspectives to the understanding of the individual and their beliefs and attitudes
- Apply skills/ knowledge to typical work based problems

**Work experience – 5N1356**

Learners will get their opportunity to prepare relevant work experience material and to participate effectively in work experience which students will need to organise for one day a week. Work Experience skills will include observing good time-keeping, communicating with colleagues and working independently while under direction.

Units of study:
- Examine work organisations and personal career opportunities in a particular vocational area
- Explore options for future education, training and employment in light of work experience

**Intercultural studies – 5N0765**

The aim of this module is to equip the learner with the knowledge, skills and competence to explore, reflect on and analyse intercultural issues.

Units of study:
- Culture and society
- Popular culture
- Exploring intercultural issues – research and development
**Target group**
Those with an interest in this area.

**Entry requirement**
Students must be over 18 at the time of registration and should have been attending other courses at Fetac Level 4 or equivalent in the previous year.

**Selection procedure**
For more information see application form [http://libertiescollege.ie/images/pdfs/BTEI1516.pdf](http://libertiescollege.ie/images/pdfs/BTEI1516.pdf) or Liberties College website

**Qualification**
Level 5 Applied Social Studies Award

**Assessment**
Project and continuous assessment

**Accreditation**
Liberties College

**Course background**
n.a.

**Course start date**
September

**Course location**
Liberties College, Dublin

**Application**
Please return the application form (see website link above) to Brid Miliken, Liberties College, Bull Alley, D8

**Cost**
The course is free to people on Social Welfare payments, with a medical card or adults who left school without a Leaving Certificate.
## CPCAB LEVEL 5 DIPLOMA IN COUNSELLING WITH SUBSTANCE MISUSE THEORY & INTERVENTIONS

### Course Provider
HURT (Have Your Tomorrows)

### Address
14 Clarendon Street, Derry. BT48 7ET, Northern Ireland.

### Web address
https://hurtni.org.uk/

### Contact Person(s)
**Dessie Kyle**  
Centre Manager  
(0044) 028 7136 9696.  
https://hurtni.org.uk/contact/

### Course aims and objectives
As a result of the course candidates will be able to demonstrate:

- A multi-theoretical approach to working with substance misuse issues

### Course content
Candidates will undertake modules in the following areas:

- Context and trends in Substance Misuse  
- Models of Treatment (including Pharmacological) and Intervention  
- Assessment Tools/Psychometrics  
- The Therapeutic relationship and its impact on substance misuse interventions  
- Ethics  
- Working with Trauma  
- Impact of substance misuse on the family

### Target group
This course is for individuals who want to gain specialist counselling knowledge and skills to work with individuals with substance misuse issues. It is aimed at those who are working in the drug/alcohol field.

### Entry requirement
n.a.

### Selection procedure
For more information about the course, visit the website  
https://hurtni.org.uk/upcoming-course-at-hurt-for-2017/

### Qualification
Diploma

### Assessment
Course Requirements (to be completed during the course):

- A minimum of 60 formally contracted counselling hours (one-to-one)  
- Supervision Log  
- Supervisor’s Report  
- Enhanced Access NI Check  
- Assignments  
- Completed Portfolio  
- 90% attendance

### Accreditation
Accredited by both the Counselling & Psychotherapy Central Awarding Body (CPCAB) and the National Counselling Society (NCS) (pending approval)

### Course background
The course is the first of its kind in Northern Ireland.

### About HURT
- We are a community based addiction treatment centre with premises in Derry & Strabane  
- We offer support to individuals and families affected by substance misuse through a holistic care plan  
- We deliver community based preventative/education initiatives on substance misuse issues  
- For more information: https://hurtni.org.uk

### Course start date
The course will be delivered over 20 days (10 weekends). contact HURT for future dates.
Course location
Derry

Application
If you are interested in applying for the course or would like any more information on other courses offered by HURT, please contact Dessie Kyle, Centre Manager, HURT on 02871 369696 or dessie@hurtni.org.uk

Cost
Contact HURT
## STRENGTHENING FAMILIES PROGRAMME

<table>
<thead>
<tr>
<th><strong>Course Provider</strong></th>
<th>Blanchardstown Local Drugs Task Force</th>
</tr>
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<tbody>
<tr>
<td><strong>Address</strong></td>
<td>2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15</td>
</tr>
<tr>
<td><strong>Web address</strong></td>
<td><a href="http://www.blftf.ie">http://www.blftf.ie</a></td>
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### Course aims and objectives

SFP involves not just parents or children alone, but the whole family. It is a 14 week skills enhancing programme. It is an inter-agency initiative, delivered by a range of community, statutory and voluntary local services in Blanchardstown which is managed and funded by Blanchardstown Local Drugs Task Force.

### Course content

The SFP curriculum includes three courses (Parent skills training, Teen skills training and Family life skills training) that involves the whole family in three classes run on the same night once a week for 14 weeks.

### Target group

The Strengthening Families Program (Kumpfer & DeMarsh, 1989; Kumpfer, DeMarsh, & Child, 1989) is an evidence-based 14-week family skills training program for parents and their teenagers (Age 12-16) in three classes run on the same night once a week.

Crèche facilities and child care is provided for younger children in family (aged 1-5yrs) and youth group is provided for children aged 6-11yrs.

### Entry requirement

Referrals can come from many different sources: self-referral, schools, School completion Programmes, Youthreach, Social Workers, JLOs, Family services, Youth services, Child & Family Services, Garda Youth Diversion Projects, Community Mental Health Centres, Housing Projects, Drug Treatment Centres, Community Drug Teams, Probation, Rehabilitation Projects and other local agencies.

### Selection procedure


### Qualification

n.a.

### Assessment

n.a.

### Accreditation

n.a.

### Course background

- SFP is a family based Programme which aims to improve parenting and family functioning by strengthening the family
- Strong families reduce risk for many adverse behaviors in children & teens; substance abuse, teen pregnancy, school failure, aggression and delinquency.

### Course start date

6–8.30pm, every Tuesday for 14 weeks in a local community centre

### Course location

Blanchardstown, Dublin

### Application

Contact Blanchardstown LDTF

### Cost

Free of charge
Course aims and objectives
You will gain a thorough understanding of drug misuse and its effects on Irish society. You will acquire critical awareness of the causes of addiction; models of treatment of addiction; and learn to identify patterns of drug abuse by examining historical trends in Irish society.

This course helps to identify strategies appropriate to the various stages of the addiction process. Analysis of community and local level responses, and of media representation of addiction and how it affects attitudes in society will help you develop a broader view of this complex area.

Course content
1. Drugs and their effects
2. The impact of addiction on the family and the community.
3. The services available in response to addiction
4. Community responses
5. The nature and practice of intervention
6. The media presentation of addiction
7. Application of psychological theory & behavioural interventions
8. The participant's own personal learning

Target group
This course is relevant to anyone interested in working with persons with different types of addiction. Ideally suited for care workers, community workers, social workers, charity volunteers, agency workers, or indeed anyone, who wishes to work in this challenging area.

Entry requirement
n.a.
### Course Provider
Waterford College of Further Education

### Address
Parnell Street, Waterford

### Web address
http://www.wcfe.ie/jcms/

### Contact Person(s)
**Philip Deegan**  
Director of Adult Education  
051 874053  
pdeegan@wcfe.ie

### Course aims and objectives
This course will benefit those with an interest in the care, diagnosis and treatment of addiction. The course is a springboard to higher education courses in Social Studies, Health Care, Community Studies, Counselling and Psychology, Psychotherapy and Addiction Counselling.

### Course content
Work experience placement in a related vocational area is an integral part of this course. Students must obtain one day per week work experience for the academic year. There will also be one week of block placement in the first and second terms.

### Target group
Progression: The full QQI Level 5 Certificate facilities entry, on a competitive basis, to a range of third level institutions nationwide. Further details are available from the relevant institutions. Progression to Advanced Social Care in WCFE is also possible, specific progression pathways to WIT are agreed.

### Entry requirement
Minimum entry requirements:
- Leaving Certificate/Leaving Certificate Applied or equivalent
- Successful completion of interview
- Applications from mature students will be considered
- Applicants will be required to undertake Garda Vetting
- Written references

### Qualification
QQI Level 5 - Social and Vocational Integration (5M2181)

### Assessment
n.a.

### Accreditation
QQI

### Course background

### Course start date
One year course. Contact WCFE for details.

### Course location
Waterford

### Application
Check website for details.

### Cost
No tuition fees. But other fees include: Occupational First Aid €90; Patient and Manual Handling €50; MAPA €25; Textbooks approx €100. ? Hepatitis B Injections [through your GP or medical centre]
COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5

Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Course aims and objectives
The purpose of the Community Addiction Studies Course is to enable people to:
- Learn about drugs and their effects
- Develop an understanding of addiction
- Examine their own attitudes
- Become more effective in their personal responses
- Explore the effects of drug misuse on the family
- Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities

Course content
- Introduction
- Drug use, misuse and abuse
- Drugs as participants encounter them, signs and symptoms
- Drugs used in participant’s community and their effects
- Attitudes
- Pharmaceutical information on drugs
- The process of addiction
- Families and the effects of addiction on families
- Interventions at a one to one level
- Intervention and listening skills, role play
- Referral and treatment programmes
- Agency visits
- Community responses to problem drug use

Target group
Community members who feel they would like to be more effective when it comes to drug/alcohol issues. There are no education requirements to be part of this course, only a willingness to learn.

Entry requirement
n.a.

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Selection procedure
See webpage:
http://www.byap.ie/urrus/addiction-training

Qualification
QQI Award (Minor) Level 5.

Assessment
n.a.

Accreditation
QQI Award

Course background
n.a.

Course start date
This course runs over ten weeks (one-day each week) or over 20 weeks (one evening each week) and the next start dates will be late September or early October 2017. Contact URRUS for future dates.

Course location
Ballymun, Dublin

Application
Contact URRUS. Ph. 01 8467980. email urrus@byap.ie or see website above.

Cost
€200. Category 2 - Ballymun Local Drugs Task Force Area - €70
**Course Provider**
Urrus/The Ballymun Youth Action Project

**Address**
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

**Web address**
http://www.byap.ie

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**Contact Person(s)**
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

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**Course aims and objectives**
Successful learners will:
- Appreciate their own ways of participating in groups.
- Recognise the characteristics of effective groups.
- Understand key elements of group development and group process.
- Gain an understanding of the nature of conflict in groups.
- Understand the function of leadership in groups.
- Have developed good practices for working with groups.

**Course content**
Content will include:
- Participating in groups, experiences, strengths and challenges
- Group theory, types of groups, stages of development, group structures, etc.
- Diversity in groups, managing difference and conflict.
- Group leadership, roles and skills of facilitation, planning, implementation and review.
- Skill development - facilitation practice and reflection

**Target group**
This training is for those who are working or interacting within a group setting and would like to gain greater knowledge of the theory and practical skills associated with effective groupwork.

**Entry requirement**
n.a.

**Selection procedure**
Contact URRUS

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**Qualification**
n.a.

**Assessment**
The course is delivered in a workshop style incorporating inputs, small and large groupwork, group and individual exercises, guided skills practice and individual reflective practice.

**Accreditation**
n.a. 12 CPD points.

**Course background**
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug and alcohol misuse. Most of our work is with adults, parents and professionals working in the area or with those who through their work encounter addiction issues.

http://www.byap.ie/urrus

**Course start date**
This is a six-day course. Contact URRUS for next start dates.

**Course location**
Balcurris Road, Ballymun, Dublin 11

**Application**
Contact 01 8467980 / Email: urrus@byap.ie

**Cost**
Category 1 - €250 Category 2 - €40 Ballymun Local Drugs Task Force Area resident/working (proof of address to be enclosed with booking)
Courses leading to a professional or academic qualification (at NFQ level 6 or higher) in the field of substance misuse or related areas.
Course Provider
DBS School of Arts

Address
Dublin Business School, 13/14 Aungier Street, Dublin 2

Web address
http://www.dbs.ie

Contact Person(s)
Administrator

01 417 7500
admissions@dbs.ie

Course aims and objectives
Aims:
• To investigate several areas of addiction, including theory, treatment, addictive behaviour and its impact on the individual, the family and the wider community
• To provide a grounding in the study of addiction and cover most of the major associated themes
• To provide some theoretical knowledge for people who are working or interested in the area, to deepen their understanding and knowledge

Course content
• Theoretical models of addiction
• Types of addiction, addictive behaviours, including self harming and eating disorders
• Pharmacology
• Treatment methods and models of treatment
• Harm reduction, health promotion, HIV/AIDS and hepatitis
• Gender issues
• Criminal behaviour associated with drug misuse
• Impact of addiction on family, family adjustment and co-dependency
• Impact of addiction on wider community
• Contemporary social policy and social issues

Target group
The course provides a comprehensive introduction to the field of addiction studies. It is relevant for anyone involved in addiction service provision or for anyone interested in working in this area. It also informs anyone who encounters the challenges of dealing with addiction in their work or personal lives.

Entry requirement
Applicants must be aged 18 years or over.

Selection procedure
By application.

For more information about the course, visit the course website at http://www.dbs.ie/Addiction-Studies/Evening-Diploma.htm

Qualification
Diploma in Addiction Studies

Assessment
Written assignment (100%).

Accreditation
Dublin Business School

Course background
This course was first offered in 2003 and runs in October and February each academic year.

Course start date
This course may be run twice a year. Spring and Autumn. 1 evening per week, 6.15 pm-9.30 pm for 10 weeks.

Course location
Dublin Business School, 13/14 Aungier Street, Dublin 2

Application
For further information please contact the Admissions Office on 01 417 7500 or visit our website www.dbs.ie

Cost
€1,325
Course aims and objectives

Aims:
• To formally explore addictions from a variety of academic and scientific perspectives; including social, cultural, psychological, anthropological, and psychoanalytic perspectives
• To evaluate how these perspectives interact and how they differ from each other
• To critically inform policy making in relation to addictions, as well as the management of addiction services and the treatment of addictions

Course content

Semester 1:
• Basic concepts in psychoanalysis
• Approaches to the theory & treatment of addiction
• Transference issues in addiction treatment
• Research methodology 1

Semester 2:
• Cultural issues in the study of addiction
• Social policies & social context of addiction
• Research methodology 2
• Integrative tutorials
• Clinical visits

Semester 3:
• Clinical visits
• Research project

Target group

This programme is designed for students with a background in psychology, psychoanalysis, anthropology, sociology, or a cognate discipline who wish to acquire a postgraduate qualification in the area of Addiction. It is also very suitable for applicants with a clinical training in health or social care who wish to apply a knowledge of the theory and approaches to addiction to their clinical work. In addition, the course provides an exciting and thought-provoking foundation for students who may wish to subsequently pursue training in the counselling or psychotherapy of addiction.

The full-time day programme is one year in duration & contains three twelve week semesters. The course has four key components:
• An academic programme of lectures
• A weekly seminar with emphasis on research
• Clinical visits to addiction treatment centres
• A period of research for an extended thesis

Entry requirement

To be considered for admission, applicants must:
• Hold a minimum Second Class Honours (2:2) Degree in any humanities or social science discipline from a recognised third level institution, or equivalent qualification,
• Be a graduate of any non-cognate discipline & hold a qualification in a conversion style programme such as a Postgraduate Higher Diploma in Psychoanalytic Studies, or
• Have an equivalent professional qualification.

In addition, applicants whose first language is not English must:
• Hold an IELTS score of a minimum 6.0 or equivalent

Selection procedure

For more information about the course, see the course website at http://www.dbs.ie/Addiction-Studies-MA.htm

Qualification

Master of Arts
Assessment
Assessment is by examination, project and presentation work and continuous assessment

Accreditation
HETAC Level 9

Course background
This course was first offered in 1999 and is repeated annually.

Course start date
Full time, for 26 weeks, from October to May; clinical visits and thesis work continuing until August. Also offered part-time over 2 years.

Course location
Dublin Business School, Dublin

Application
For further information please contact the Admissions Office on 01 4177500 or visit our website www.dbs.ie

Cost
€8,300 for one year, and €4,150 for two years.
Course Provider
Dublin Region Homeless Executive / Dublin City University

Address
Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.

Web address
http://www.homelessagency.ie

Contact Person(s)
Maria Fitzpatrick
Learning and Performance Officer
01 703 6103
landpbookings@dublincity.ie

Course aims and objectives
The key aim of the Certificate modules is to develop current professional responses into a Pathway to home model of homeless and housing provision. The modules have been designed to facilitate professionals in developing key competencies, and incorporate key learning derived from the sectoral skills audit, the accreditation survey, review of the existing Learning and Performance Programme, and the Evaluation of the Holistic Needs Assessment.

Course content
This course involves the study of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness. The programme aims to help practitioners in homeless related services to develop knowledge and skills in the prevention of homelessness and in the use of effective, supportive interventions with people encountering homelessness.

Module 1: NS459 Assessment and support planning: process and practice
Module 2: NS460 Socio-economic needs of people experiencing homelessness
Module 3: NS461 Health, illness, addiction and homelessness

Visit the course website for more information

Target group
This course may suit you if your current role involves working with people experiencing / at risk of homelessness and if you wish to develop your skills in assessment and support interventions in this area. You should have educational attainment at Leaving Cert level or equivalent and be in a position to engage in online learning (i.e. have access to and ability to use basic computer programmes).

Entry requirement
Sectoral line manager/organisation nominates a potential candidate.

Selection procedure
The application process is as follows:
1. Download application form via the Dublin City University website
2. Complete application in full
3. Print, sign and date the form and post, along with a passport photograph to:
Admissions, Registry, DCU, Collins Avenue, Dublin 9.

Application process for funding contribution towards the cost of the programme:
All homeless sector organisation key workers/case managers wishing to be considered for a funding contribution towards the cost of the certificate fees (from the Dublin Region Homeless Executive: DRHE) must be nominated by their organisation via the official nomination form and must complete the standard consent form. Both forms are available to download/print off on the DRHE website:
www.dcu.ie/prospective/deginfo.php
Forward completed nomination forms (accompanied by the signed consent form) to Maria Fitzpatrick.
Qualification
Certificate in Homeless Prevention and Intervention

Assessment
Contact provider for more information

Accreditation
Dublin City University

Course background
The three existing key workers/case managers modules, which to date were classified as ‘stand alone’ modules have now been formally approved by Dublin City University as a Certificate Programme.

Course start date
Annually in September

Course location
Dublin

Application
All applications must be made directly to DCU. The application form is available online.

Cost
The cost of the certificate programme per student is €2,037 in total and is inclusive of a €37 university application fee (subject to change)
Course aims and objectives
This course is designed to facilitate the development of a competence within this specialist modality of practice for those who have completed a level 8 programme in the fields of counselling, psychology, psychotherapy, health and social care or who have relevant professional practice.

Cognitive Behavioural Therapy (CBT) is an evidence based intervention that is recognised across the broad area of health and social care as an approach that can deal effectively with issues within psychotherapeutic practice either on its own or in combination with pharmacological or other interventions.

This masters degree will support the learner to develop the skills, knowledge, attitude and approach to be able to work in this area. On completion of the programme, graduates should be able to demonstrate the capacity to utilise CBT approaches appropriately and autonomously. They should also be capable of demonstrating reflective skills at a higher order level and be capable of leading others as role models of best practice in the field of CBT.

Course content
There are 5 taught modules in addition to a practicum and dissertation module. Taught modules are delivered over 3 evenings and 3 Saturday classes per module. Applicants completing this masters degree over 1 year must complete all modules. Applicants completing the degree over 2 years will complete their taught modules in first year and complete their dissertation and practicum in second year.

Dissertation topic is subject to approval by the ICHAS Ethics Committee. Practicum module requires clinical supervision, the cost of which must be negotiated between the learner and their supervisor.

Target group
The course is suitable for those who have completed a level 8 programme in the fields of counselling, psychology, psychotherapy, health and social care or who have relevant professional practice.

Entry requirement
A minimum of a 2.2 level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview.

Selection procedure
For more information about the course, please visit the course website at [http://ichas.ie/courses/m-cognitive-behavioural-therapy/](http://ichas.ie/courses/m-cognitive-behavioural-therapy/)

Qualification
Masters Degree in Cognitive Behavioural Therapy

Assessment
The assessment strategy accommodates different learning styles and therefore the programme requires learners to undertake a range of practical assignments, essays, learning journals, examinations, reflective exercises, and projects.

Accreditation
NFQ Level: 9
Course background
CBT is now recognised as an appropriate intervention for a range of complex problems. Graduates of this masters will find opportunities for employment in areas such as private practice, the community and voluntary sector, addiction centres, rehabilitation centres, the prison service, etc. There is also demand from industry based organisations for professional practitioners with a CBT focus in the area of employee assistance and similar programmes.

Course start date
Autumn. Duration: 1 Year (all modules) or 2 Years (Year 1: Taught Modules; Year 2: Dissertation & Practicum)

Course location
All courses run subject to a viable cohort in the following locations - Dublin, Limerick, Galway, Waterford, Tralee, Cork

Application
Please contact Ms Gemma Harte - 061 501126, or visit the course website.

Cost
Tuition fees: €7,700 (if taken over 1 year) or €8,800 (if taken over 2 years). See course description for more information.
**C05**

**DIPLOMA IN INTEGRATIVE COUNSELLING AND PSYCHOTHERAPY**

**Course Provider**  
IICP Education and Training

**Address**  
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

**Web address**  
http://www.iicp.ie

**Contact Person(s)**  
Marcella Finnerty  
Course Director  
01 260 0805 / 086 260 9989  
marcella@iicp.ie

**Course aims and objectives**  
This diploma programme provides comprehensive training that meets the required standards for professional accreditation (subject to the completion of post-diploma counselling hours as required by the IACP). IICP have an on-site clinical placement facility in Killinarden (the Village Counselling Service), which enables students to complete clinical hours (100 hours minimum). The programme is highly interactive and taught through role-play, lectures, group work, assignments and clinical work. Personal development is facilitated through making use of and reflecting upon life experience.

**Course content**  
Modules include: theory of counselling and psychotherapy; advanced microskills; personal development; group dynamics and group process; ethics and values in the counselling relationship; counselling supervision; developmental psychology; the dynamics of addiction; sociology and equality studies; universal issues in counselling: bereavement, loss and grief; Introduction to research methods; clinical placement and professional development.

**Target group**  
This course is designed for people who wish to become professional counsellors or to upgrade their qualifications base, or who have an opportunity to use counselling skills as part of their work, either in a paid or voluntary capacity. It is of special interest to those who work within communities or in human resources.

**Entry requirement**  
Application is limited to mature candidates (over 23 years) with an established interest in and commitment to the use of counselling or counselling techniques as part of their work. Short listing and selection criteria will apply. Candidates will demonstrate evidence of the following:

- Foundation course in counselling or equivalent;
- Experience in personal development;
- Capacity to cope with emotional and intellectual demands of the course;
- Potential to form a therapeutic relationship;
- Self-awareness, maturity and stability;
- Searching for meaning or purpose in the world in which they live; and
- Proactive and self directed approach.

**Selection procedure**  
Candidates submit a brief resume and an application form to the course director. Candidates are short-listed for an interview with a panel of two course tutors.

See course website for further information - [https://www.iicp.ie/courses/diploma/](https://www.iicp.ie/courses/diploma/)

**Qualification**  
Professional Diploma in Integrative Counselling and Psychotherapy

**Assessment**  
Assessment includes practical work, individual and group projects and written assignments. Learners will complete a portfolio for each stage of the programme which demonstrates their growth and development on the programme.

**Accreditation**  
This diploma programme is a recognised training course of the Irish Association for Counselling and Psychotherapy (IACP).
Course background
This programme has been established to provide a comprehensive training service for those who wish to pursue professional accreditation in the mental health services that encompasses a multicultural and pluralistic approach, with a core philosophical framework reflecting the principles and practices of Choice Theory, person-centred counselling and multicultural counselling and therapy.

Course start date
The programme is run one day per week or one Saturday (9.30am to 5pm) from September to May over two academic years. There is a final semester at the end of the second year to facilitate completion of programme requirements.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
Year 1: €4,400; Year 2 & summer semester: €5,200 Additional costs include: Personal therapy and supervision, and student membership with IACP There is a non refundable application fee of €50.
Course aims and objectives
Supervision in some form is viewed as a key component of many professions in the provision of support to practitioners, enhancement of ongoing learning, and, to a greater or lesser degree, it offers some protection to the public. This course is intended for people from a variety of disciplines who are intending, beginning or already practising supervisors. It is designed to enable individuals to extend their understanding and knowledge of supervision, incorporating theoretical input with opportunities for group discussion and experiential exercises.

Course content
- Definitions and purpose of supervision.
- Models of the supervisory process will be explored including those of Page and Wosket and Hawkins and Shohet.
- Learning styles.
- Consideration of the training development and supervisory needs of supervisors.
- Opportunities to role-play in triads as supervisor, supervisee and observer, using participants' own case work.
- Exploration of transference, counter-transference and the parallel process.
- Reflection on the similarities and differences of supervision in a one-to-one, group or organisational context.
- Consideration of multicultural, ethical and professional issues

Target group
This course will be of interest to professionals who work in an integrative manner. It will be of particular interest to counsellors, psychotherapists, guidance counsellors, psychologists, healthcare professionals, probation officers, social services personnel, managers, and all who supervise the work of others in the helping professions.

Entry requirement
No entry requirements.

Selection procedure
See the course website for details https://www.iicp.ie/cpdcourses/supervision/

Qualification
IICP Professional Diploma in Integrative Supervision This course has meets the supervision accreditation criteria for IACP/IAHIP

Assessment
Attendance at all training days is necessary to qualify for the award.

Accreditation
Institute of Integrative Counselling and Psychotherapy

Course background
This course has been organised in response to those seeking professional training and qualifications in therapeutic supervision.

Course start date
Friday 09 June 2017. 13 teaching days..

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form from contacts or online.

Cost
€1,350.00 – Places are limited and allocated on a first come first served basis following interview.
Course aims and objectives
The aim is to provide an introduction to the topic of addiction to participants and to enable them to make an initial low-level intervention with an individual displaying addiction-related behaviour. On completion participants will be able to:
• Recognise addiction-associated behaviour in a work or personal setting
• Identify the proximate cause of the addiction-associated behaviour
• Compile appropriate behaviour-related information
• Make an initial intervention with the individual displaying such behaviour
• Assist the individual displaying the addiction-related behaviour to seek professional help and be able to outline the nature of the help available

Course content
• Drug & alcohol education
• Crisis intervention & detox
• Harm reduction policy
• Ethics & self-awareness
• Effects of addiction on individual, family & community
• 4 Tier Model
• Screening & assessment
• Treatment options & approaches

Target group
The programme is particularly aimed at those who may encounter such behaviour in their personal or working lives.

Entry requirement
Applicants must be 18 years or older and demonstrate an interest in the field of addiction studies. Applicants will be offered a place on the basis of a written application.

Selection procedure
For further information and application form, contact Maureen Ryan: 0504 28112, TippPartTimeCourses@lit.ie
For queries on course content, contact Marie Walsh: 0504 28451, Marie.AWalsh@lit.ie
Course details:
http://flexiblelearning.lit.ie/course/certificate-in-addiction-studies/

Qualification
Graduates will be awarded a Addiction Studies (Special Purpose Award Certificate, Level 6). This programme is offered at NQF (National Qualifications Framework) Level 6 and carries 10 ECTS credits.

Assessment
As per course programme.

Accreditation
Limerick Institute of Technology

Course background
See website.

Course start date
September 2017

Course location
LIT Moylish / LIT Thurles

Application
See contact details in selection procedure.

Cost
€750 (subject to review)
Course aims and objectives
This course is designed for students who wish to gain specialist training and a Level 9 Masters qualification in counselling & psychotherapy for teenagers and children under 18.

It will provide you with the theoretical background and practical skills to work with children and adolescents in a therapeutic setting, with particular emphasis on working through creative approaches.

This course is pending validation by Middlesex University

Course content
Exploring creative media such as art, sandplay, therapeutic storytelling, drama, music and other approaches, this course places significant emphasis on experiential learning and the acquisition of key skills for work with young clients. It draws on established and current theory in counselling and psychotherapy, up to date approaches in child and adolescent mental health, lifespan development, family systems and trauma.

Students will also engage in clinical placement work of 100 hours over the duration of the course to put into practice the skills and knowledge gained in the programme. Individual clinical supervision will be required and personal therapy is required for students.

Target group
The course is suitable for counsellors/psychotherapists, social workers, guidance counsellors, psychologists, youth workers, teachers and other related disciplines that work therapeutically with those under 18.

Entry requirement
Year One: Students entering the MA course must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

Year Two: Students who hold a Postgraduate Certificate in Child and Adolescent Counselling & Psychotherapy (PCI College or equivalent) may apply for entry to Year 2 of the course. Students entering the course at Year 2 must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

Selection procedure
For further course information visit www.pcicollege.ie/counselling-courses/child-adolescent-counselling-psychotherapy

Qualification
Middlesex University MA in Child and Adolescent Counselling & Psychotherapy (pending validation)

Assessment
Written and practical assignments

Accreditation
Middlesex University

Course background
This course has been run for a number of years.

Course start date
7th October 2017. Two years (24 months) part-time. The course will take place at weekends (approx. 1 weekend per month from October to
May).

**Course location**
Clondalkin, Dublin

**Application**
Entry is by application form and interview. Please contact Lynn or Declan at 01-464 2268 or enquiries@pcicollege.ie with any queries and to add your name to the waiting list.

**Cost**
Year 1: €3,650 + Middlesex University Registration Fee €1,200, Year 2: €4,250
C09 MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY

Course Provider
Irish College of Humanities and Applied Science

Address
Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

Web address
http://www.ichas.ie/

Contact Person(s)
Administration offices

061 216 288
info@ichas.ie

Course aims and objectives
This is a specialist programme which enables the learner to develop the skills, knowledge, attitude and approach necessary in order to work as a professional psychotherapist in a range of settings. Graduates will be complex consumers of evidence based practice.

Higher order practice in counselling or psychotherapy is largely dependent on the capacity of practitioners to integrate theory and practice in a reflective manner and the development of reflective competencies is central to this programme. On completion of this degree, learners will have developed a critical awareness of current discourses within counselling & psychotherapy and have the capacity to generate new insights within these fields.

Course content
There are 5 taught modules in addition to a practicum and dissertation module. Taught modules are delivered over 3 evenings and 3 Saturday classes per module. Applicants completing this masters degree over 1 year must complete all modules. Applicants completing the degree over 2 years will complete their taught modules in first year and complete their dissertation and practicum in second year.

Dissertation topic is subject to approval by the ICHAS Ethics Committee. Practicum module requires clinical supervision, the cost of which must be negotiated between the learner and their supervisor.

Target group
See entry requirement

Entry requirement
A minimum of a 2.2 level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview.

Selection procedure
For more information about the course, visit the course website at http://ichas.ie/courses/m-counselling-psychotherapy/

Qualification
NFQ Level: 9

Assessment
The assessment strategy accommodates different learning styles and therefore the programme requires learners to undertake a range of practical assignments, essays, learning journals, examinations, reflective exercises, and projects.

Accreditation
HETAC

Course background
See institution website. The NCPI also run a BA Hons in Counselling and Psychotherapy http://ichas.ie/courses/b-hons-counselling-psychotherapy/

Course start date
September. 1 Year (all modules) or 2 Years (Year 1: Taught Modules; Year 2: Dissertation & Practicum)
**Course location**
All courses run subject to a viable cohort in the following locations - Dublin, Limerick, Galway, Waterford, Tralee, Cork

**Application**
Please contact Ms Gemma Harte at 061 501126 for application form, or visit the course website.

**Cost**
Tuition Fees: €6,050 – €7,050 See course website for more details.
Course Provider
Irish College of Humanities and Applied Science

Address
Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

Web address
http://www.ichas.ie/

Contact Person(s)
Administration offices
061 216 288
info@ichas.ie

Course aims and objectives
This is a 1-year add-on programme, revised and validated by Quality and Qualification Ireland (QQI) in 2015. It is highly interactive and designed specifically for those who want to study to become competent professional practitioners in counselling and addiction related areas.

This course is designed to give learners the knowledge, skills and attitude to develop the theoretical knowledge and practical skills needed to work with a social and therapeutic model within areas of addiction practice & intervention.

Course content
- Psychopathology
- Principles & practice of group therapy
- Contemporary discourses in counselling & addiction studies
- Managing process and behavioural addictions
- Advanced counselling & psychotherapeutic skills
- Final year project
- Applied practice
- Elective module

Target group
Those who are interested in pursuing a degree in counselling skills and addiction studies.

Entry requirement
For the full-time programme: prospective students under the age of 23 on 1st January of application year must process their application through the CAO on http://www.cao.ie
Students over the age of 23 on 1st January of application year, and all non-EU applicants (regardless of age), should apply directly through NCII. All part-time applications are processed directly through NCII.

Selection procedure
By application.
Visit http://ichas.ie/courses/b-hons-counselling-addiction-studies

Qualification
QQI Level 8 BA Ordinary Degree

Assessment
Essays, project work, practical element and exams.

Accreditation
QQI

Course background
Course has been running for the past three years.

Course start date
Full-time programmes commence September.
Part-time programmes commence in March and September.

Course location
Full-time programmes are held in Limerick only.
Part-time courses run subject to a viable cohort in the following locations - Dublin, Limerick, Galway, Waterford and Tralee.

Application
For an application form and prospectus contact Helena Hanrahan, Programme Coordinator, 061 501131 or visit the website.

Cost
€3,450 per annum. Academic Administration fees are charged separately and are €300.
Course aims and objectives
The aim of this 4-day level 6 course is to give attendees an in-depth understanding of mental health difficulties and to help them to apply this knowledge to support people who have mental health difficulties in a positive way.

Learners who complete this module will:
• acquire an understanding of the theoretical background associated with mental health issues
• be aware of the moral, ethical and legal considerations associated with mental health
• be familiar with theories and types of mental illness
• understand the positive and negative factors which may affect your mental health
• apply this knowledge in the workplace and in everyday life
• appreciate various treatment approaches.

Course content
This course has the following four units:
• What is mental health?
• The realities of mental illness
• Intervention and treatment approaches
• Recovery and advocacy options

Target group
Personnel currently working in the mental health field or for those people who wish to develop a career in nursing, mental health or other sectors of the caring professions.

Entry requirement
While there are no specific entry requirements, QQI and The Learning Curve Institute have the following preferred entry requirements: Level 5 Certificate in an associated or relevant subject area, Leaving Certificate or equivalent qualifications and/or relevant life and work experiences.

Selection procedure
For information visit www.thelearningcurve.ie/qqi-level-6-mental-health-awareness

Qualification
Upon successful completion participants will receive a QQI Level 6 Mental Health Awareness Component Certificate. It is also known as a "Minor Award" at Level 6 on the National Framework of Qualifications. It carries a Credit Value of 15 credits and can be combined with other Level 6 Minor Awards to achieve a Level 6 Major Award in Social and Vocational Integration.

Assessment
There are two assignments: 1. Learner record - 50% 2. Project - 50%

Accreditation
QQI level 6

Course background
This module was developed to enhance the understanding of mental health by personnel working in the mental health field, or those who wish to develop a career in nursing, mental health or other caring profession.

Course start date
10 Oct - 21 Nov 2017, 9am-6pm (4 Tuesdays)

Course location
Galway, Westside Resource Centre, Galway.
Dublin, Skylon Hotel, Drumcondra, Dublin 9.

Application
See website or contact the Institute.

Cost
€599
Course aims and objectives
This Higher Diploma is a transition course providing a foundation in social policy for graduates of other disciplines. The course is designed to enable people to have the opportunity to pursue further training and careers in social work or social policy. Successful completion of the programme to good honours standard confers eligibility to apply for programmes such as the MSocSc (Social Work) and the research degree in social policy. There may, in addition, be non-academic entry requirements for these programmes which must also be met. Please consult the school website for more detailed information on entry requirements for particular programmes. The Higher Diploma in Social Policy is not of itself a professional qualification.

Course content
This Higher Diploma provides a selection of modules from the BSocSc undergraduate Social Policy programme which students cover in a single year. Students attend classes with Level 1, 2 and 3 undergraduates.

There are a number of core modules which all Higher Diploma students must take, in addition to the optional modules which they choose. Students who wish to apply for the Master of Social Science (Social Work) programme are strongly advised to take optional modules in ‘Introduction to social work’ and ‘Social work in practice’.

Core modules for previous years include the following:
* Comparative social policy
* Gender and social policy analysis

* Family, demography and social policy
* Theories and concepts
* Contemporary Irish social policy
* Exploring contemporary social policy

Optional modules for previous years included the following:
* Introduction to social work
* Social work in practice
* Policy making, implementation and evaluation
* Sustainable development, community development
* Alcohol and drug policy
* Development of social policy
* Housing and social cohesion
* Crime, social services and the justice system
* Economics of social policy
* Sexual and reproductive health research

Students will be given full details of the current core modules and optional modules at the beginning of the academic year. Detailed module outlines and booklists for individual modules will be made available by individual lecturers.

Target group
Graduates wishing to pursue further training and careers in social work and social policy.

Entry requirement
Applicants to the HDip programme who intend to apply for the MSocSc(Social Work) should note that they will be expected to have a minimum of 420 hours relevant paid or voluntary work experience by the closing date for applications to the Masters programme, in addition to the academic requirements. (Placements do not count towards these but may be drawn upon at interview should you be shortlisted). Applicants with fewer hours may still be...
considered at the discretion of the school.

**Selection procedure**
The minimum standard for entry is a NFQ level 8 degree in any subject. However, students are normally expected to have achieved a minimum grade of 2.2 (second class honours, grade 2). If the degree grade is given as a GPA, the standard for entry is the GPA equivalent of a second class honours, grade 2 in the institution which awarded the degree. This may vary between institutions. For degrees awarded by UCD it is a GPA of 2.48. Applicants whose degree was awarded outside Ireland should contact the school office to check the equivalency of their qualifications.

Click for further details
https://sisweb.ucd.ie/usis/IW_HU_MENU.P_PUBLICISH?p_tag=PROG&MAJR=W050

**Qualification**
Higher Diploma in Social Policy (HDipSP)

**Assessment**
Submission of written work throughout the year, in addition to examinations.

**Accreditation**
University College Dublin

**Course background**
n.a.

**Course start date**
September each year. A full-time course lasting one academic year.

**Course location**
UCD Dublin

**Application**
The course will be held only if a sufficient number of suitably qualified candidates apply. Once the course has filled, applicants may be placed on a waiting list or advised to re-apply the following year.

**Cost**
EU fee per year - €5,950; non-EU fee per year - €11,900. Successful applicants will be required to pay a non-refundable deposit of €500 upon acceptance of a place.
Course Provider
Urrus and University College Dublin

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie/services/urrus/diploma-in-community-drugs-work

Course aims and objectives
This comprehensive and professional course is run by URRÚS in partnership with University College Dublin and intended to provide participants with a range of skills and knowledge both academic and practical which will enhance their effectiveness in responding to the complex issue of drug and alcohol misuse within a community environment. This one year intensive programme leading to a NFQ Level 7 Diploma is based on community development principles and uses adult learning approaches in its delivery. The programme is accepted as part fulfilment of the educational requirements for membership of Addiction Counsellors of Ireland and offers a progression pathway to B.Soc Science with UCD.

Course content
The modules covered during the course are:

- Nature and Context of Addiction
- Community and Group Work Theory and Practice
- Understanding Prevention and Support in a Community Setting
- Introduction to Irish Social Policy / Drug and Alcohol Policy
- Introduction to Counselling
- Reflective Practice
- Approaches to Treatment and Rehabilitation
- Motivational Interviewing
- Professional Work Practice
- Community Research Methods

Target group
People who wish to return to education and enhance their skills and knowledge in the area of addiction and enter the mainstream university system.

Entry requirement
The Diploma is designed to provide a progression route for those who have already completed the Community Addiction Studies Course© or equivalent. Participants must have the capacity to complete a course at NUI Diploma Level 7, however this capacity is understood in the light of the principles of Adult Education. Participants must be over the age of 21.

Selection procedure
Initially by application and then by interview.

For further information and application form please contact urrus@byap.ie or call 01-8467980. Or see www.byap.ie/services/urrus/diploma-in-community-drugs-work

Qualification
Level 7 Diploma – Diploma in Community Drug and Alcohol Work.

Assessment
Assessment methods used include: written assignments; practical skill assessments; exams; presentations; and a learning journal. Assessment is carried out throughout the course as individual modules are completed.

Accreditation
University College Dublin, The National University of Ireland. The Diploma Course is accepted as part fulfilment of the Education Requirements for accredited membership of the ACI.

Course background
The Diploma Course was developed in response to the need for a progression route for people who have participated in the Community
Addiction Studies Course®; and also it provides a much needed source of further training to those already involved in the drugs/addiction area, whether this be in the community, voluntary or statutory sector.

**Course start date**
September. It is delivered one day a week (Tuesday), plus two Thursdays (6:30pm-9:30pm) each month and ten Saturdays over the academic year. This is a one year course, and runs from August to May.

**Course location**
URRUS Training Centre, Horizons Centre, Balcurris Rd, Ballymun, Dublin 11, and NUI University College Dublin, Belfield Campus, Dublin

**Application**
Application can be made by application form only, please note closing date for application is April. Contact mailto:urrus@byap.ie or phone 01 8467980

**Cost**
€2,300 course fee is non-refundable, and is due in full at registration. Payment options available. An administration fee of €25 is required with your completed application.
Course Provider
Merchants Quay Ireland and University College Dublin

Address
Merchants Quay Ireland, 25 Cork St, Dublin 8 or School of Applied Social Science, John Henry Newman Building, UCD, Belfield, Dublin, 4

Web address
http://www.mqi.ie

Contact Person(s)
Peter Kelly
Course Co-ordinator
01 524 0936
Peter.Kelly@mqi.ie

Course aims and objectives

Year 1 of Diploma (Certificate In Drugs Counselling Theory & Intervention Skills, NFQ Level 7). This course delivers a broad introduction to the issue of drug use and addiction and seeks to empower participants to respond more effectively in their client work through the development of their knowledge and skills base.

Course objectives include:
- To gain an understanding of the psychoactive nature of particular drugs and implications for use, misuse, and abuse.
- To understand and critique treatment models and their efficacy in service provision/delivery.
- To learn and critically evaluate primary health care and harm minimization approaches to legal and non-legal substances.
- To learn key counselling skills and strategies in order to enable students to intervene effectively in terms of assessments, referrals, one-to-one work and holistics.
- To give students opportunities to experience a drug service and to provide opportunities to link theory to practice.
- To introduce students to some of the macro issues around problem drug use particularly in relation to community development and social policy.

Course content

Merchants Quay Ireland in conjunction with University College Dublin offers this unique and innovative course which empowers participants to respond more effectively to the issues of drug use and addiction. All students who undertake this course will be automatically registered for the Diploma in Drugs Counselling Theory & Intervention Skills in Dublin. However, students may exit after year one with a Certificate award. Progression onto the Diploma in Drugs Counselling Theory & Intervention Skills is subject to grade performance, and possible interview.

The course runs over one academic year and includes classroom teaching, tutorial support, and placements in specialist drug services.

Target group

This course is for anyone with a serious interest in the area of substance use and who interacts on either a paid or voluntary capacity with people who may have drug or alcohol related problems.

Entry requirement

Course application forms should be returned to Merchants Quay Ireland with a €30 processing fee.

Places will be offered to candidates subject to successful interview.

Selection procedure

Course application forms can be downloaded from: https://www.mqi.ie/training/certificate-diploma-courses

Qualification

Certificate in drugs counselling theory and intervention skills.

Assessment

Assessment is by way of learning logs, case studies, and essays; 80% attendance is required.
Accreditation
University College Dublin. This course is accepted by the Irish Association of Alcohol & Addiction Counsellors (IAAAC) as part fulfillment of the educational requirements for accreditation.

Course background
The course has been running successfully for the past 14 years and is offered annually.

Course start date
Next intake is September 2018. Dublin Certificate: Tuesday Morning 10am – 1pm Cork Certificate: Thursday Afternoon 1.30pm – 4.30pm

Course location
CIT Cork School of Music, Union Quay, Cork; University College Dublin, Belfield Campus, Dublin 4 Merchants Quay, Dublin 2.

Application
For further information and application forms please contact Peter Kelly on 01 524 0936, email: peter.kelly@mqi.ie (Dublin Courses) or Gerry Raftery on 087 984 1821, email: ger.raftery@gmail.com (Cork Course)

Cost
€2449 (€30 non-refundable processing fee)
## Course Provider
Merchants Quay Ireland and University College Dublin

## Address
Merchants Quay Ireland, 25 Cork St, Dublin 8 or School of Applied Social Science, John Henry Newman Building, UCD, Belfield, Dublin, 4

## Web address
http://www.mqi.ie

## Contact Person(s)
**Peter Kelly**
Course Co-ordinator
01 524 0936
Peter.Kelly@mqi.ie

## Course aims and objectives
To provide a broad-based holistic approach to the issue of drug use and to offer students a comprehensive overview of the therapeutic, clinical and social implications associated with drug use and dependency.

To empower participants to respond more effectively through development of their knowledge and skills base. The diploma is at HETAC level 7.

Course objectives include:
- To provide students with a range of skills and interventions to engage effectively with clients presenting with addiction issues.
- To develop students’ individual counselling intervention skills in beginning, sustaining, and maintaining a helping relationship.
- To give students a group work perspective in working with addiction/dependency from both a theoretical and experiential framework.
- To examine the areas of social and drug policy with a view to teasing out the wider macro issues in relation to problem drug and alcohol use.
- To offer students a month placement in a drug/alcohol agency in order to observe and engage in supervised work and to provide students with an opportunity to link theory to practice.
- To examine the interface between problem drug use and mental health and to explore the role of dual diagnosis in addiction/dependency.

## Course content
This professional training course offered by Merchants Quay Ireland in conjunction with UCD is an opportunity for individuals working with drug users to gain intensive training in this interesting and complex field. The course runs over two academic years and includes classroom teaching and placements in specialist drugs services.

This course offers a progression pathway into a degree programme, B.Soc Science with UCD.

## Target group
People whose work brings them into contact with problem drug and alcohol users

## Entry requirement
Successful completion of the Certificate in Drugs Counselling Theory and Intervention Skills [www.drugsandalcohol.ie/courses/info/C14](http://www.drugsandalcohol.ie/courses/info/C14), or equivalent at level 7 and modules/assignment completed must correspond to those completed in the MQI/UCD Year 1 course

Admission is limited to 26 students.

The course is offered in accordance with the principles and ethos of adult education and allows access for those who do not meet the traditional entry requirements of the university.

## Selection procedure
Application form and interview.

For course application click [https://www.mqi.ie/training/certificate-diploma-courses](https://www.mqi.ie/training/certificate-diploma-courses)

## Qualification
Diploma in Drugs Counselling Theory and Intervention Skills
Assessment
Assessment is by way of learning logs, case studies, video role play, essays, and agency profiles. 80% attendance is required.

Accreditation
University College Dublin. This course is accepted by the Irish Association of Alcohol & Addiction Counsellors (IAAAC) as fulfilling the educational requirements for accreditation.

Course background
The course has been run every year since 2001.

Course start date
Note: next intake is September 2018

Course location
MQI and UCD, Belfield, Dublin

Application
Course application forms should be returned to Merchants Quay Ireland with a €30 processing fee.

Cost
Year one: €2449 and Year two: €2995.00 (subject to change).
Course aims and objectives
The Master of Public Policy is a 90-credit programme. When starting the course, students will choose one of eight streams. Students must take four core modules (10 credits each), one dissertation design module (5 credits/half term), and 2-4 option modules (20 credits in total). Students also submit a thesis worth 25 credits that will be written during the summer term.

Optional specialist streams which enable you to examine the policy fields which interest you in-depth include the Community Drugs and Health Policy Stream.

Course content
You will develop an understanding of the political, ethical, social and economic factors which influence policy-making along with the challenges associated with effective policy implementation and regulation. You will also learn to systematically analyse public policies, and acquire skills in policy research and evaluation. In addition, you will have the opportunity to examine a number of policy fields in depth.

Target group
This programme is suitable for graduates who plan to pursue a career in the public or non-profit sectors, policy analysis or consulting and for those already working in these sectors, who want to develop their policy analysis, research and evaluation skills.

Entry requirement
Each application is considered on its individual merits. The applicants should have earned an undergraduate degree in a relevant subject such as political science, international relations, social science, sociology, geography, economics, global studies, public policy, EU studies, law/international law etc. with at least Upper Second Class Honours, or its equivalent (an overall GPA of 3.0 (B) or higher in the American system). Relevant professional experience will also be taken into account.

Note that meet the requirements do not guarantee admission. Applicants in their final year of undergraduate study may be admitted conditional on satisfactory completion of their undergraduate degree.

Selection procedure
Visit http://www.ucd.ie/socscilaw/publicpolicy/masterofpublicpolicy/

Qualification
Master in Public Policy

Assessment
Over the summer, students complete a thesis of approximately 10,000 words.

Accreditation
UCD

Course background
For more details visit: http://www.ucd.ie/socscilaw/publicpolicy/masterofpublicpolicy/

There is an opportunity to undertake the MA (Public Policy and Management) at the City University of Hong Kong subsequent to MA-Public Policy completion. There is an option of the Graduate Diploma in Public Policy without a dissertation.

There is a possibility of progressing to the PhD in Public Policy or the Graduate Diploma in Public
Policy.

Course start date
September to April each year.

Course location
Belfield, Dublin 4

Application
Visit the website or contact UCD. There is no particular deadline for submission of applications.

Cost
Full time (one year): EU Fee €6,240.00; Non-EU fee €17,500.00. Part time (two years): EU Fee €4,060.00 per year; Non-EU fee €8,700.00 per year (subject to change)
### Course Provider
University of Limerick

### Contact Person(s)
Sancha Power
087 9914042
sancha.power@ul.ie

### Web address
http://www.ul.ie/

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### Course aims and objectives

This one year part-time programme is offered in two locations nationally: in Limerick, Cherry Orchard Hospital (Ballyfermot, Dublin 10).

The course has been designed to meet the need for educational progression routes in the area of drugs and alcohol. It also aims to support actions in national drug and alcohol policy that call for increased training opportunities for individuals working in the field.

- The course aims for personal and professional growth and development of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.
- The course aims to build upon existing knowledge and skills among participants, with a focus on developing theoretical and evidence based knowledge together with a range of practical skills to enable them to respond effectively and appropriately to drugs and alcohol issues in their work setting.
- The programme has a commitment to principles and values underpinning lifelong and adult learning.

### Course content

The course is run on a part-time basis, equivalent to one full day a week, over two semesters (September to May).

Semester one:
- Experiential group work and group processes in the context of drug and alcohol studies
- Substance use: theoretical foundations
- Models of intervention: theory and practice 1
- Research and reflective practice 1

Semester two:
- Models of intervention: theory and practice 2
- Substance use: community, social and policy perspectives
- Substances and mental health
- Research and reflective practice 2

### Target group

Typical applicants include those who have completed a Certificate in Addiction Studies or another relevant area and who wish to progress their professional education in the area of drug and alcohol studies. The course is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse. Typical applicants also include health professionals, social care professionals, teachers, guidance counsellors, youth and child care workers, prison officers, Gardai, probation officers and community workers among others.

### Entry requirement

- Certificate in addiction studies, or a related area, or equivalent academic qualification
- Desired: At least two years experience of working or volunteering in the area of drug and alcohol or a related field
- Successful completion of interview

### Selection procedure

Written application and interview

See course website for application form: [http://www.ul.ie/cpe/node/207](http://www.ul.ie/cpe/node/207)
Qualification
Level 7 NFQ Diploma

Assessment
Each module is assessed separately using a variety of assessment methods.

Accreditation
The programme is accredited by the University of Limerick.

Course background
The course was developed using a partnership approach including the University of Limerick, in partnership with the Health Service Executive (West-Limerick, West-Donegal and Dublin Mid-Leinster areas), Vocational Education Committees (City of Limerick and County Donegal), the Mid-West and North West Regional Drug Task Forces and the North West Alcohol Forum.

The course has been developed in response to expressed needs for educational progression routes in the area of Drug and Alcohol Work. It also aims to support actions in National Drug and Alcohol policy that call for increased training opportunities for individuals working in the field.

Course start date
September each year.

Course location
University of Limerick campus and Cherry Orchard Hospital, Dublin 10.

Application
Deadline for application is Friday 26th May 2017. Apply directly to the location where you intend to study. All forms and further information can be found online. For more information see course website.

Cost
Course fee for the 2017/18 academic year €1500 for EU students + €36 student centre fee Fees undergo annual review and are subject to change.
Course aims and objectives

- The course aims for personal and professional growth and development of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.
- The course aims to build upon existing knowledge and skills among participants, with a focus on developing theoretical and evidence based knowledge together with a range of practical skills to enable them to respond effectively and appropriately to drugs and alcohol issues in their work setting.
- The programme has a commitment to principles and values underpinning lifelong and adult learning.

Course content

This one year part-time programme is offered in three locations nationally: in Limerick, and Cherry Orchard Hospital (Ballyfermot, Dublin 10). The course has been designed to meet the need for educational progression routes in the area of Drugs and Alcohol. It also aims to support actions in National Drug and Alcohol policy that call for increased training opportunities for individuals working in the field.

The course is run on a part-time basis, equivalent to one full day a week, over two semesters (September to May). It is offered in:
- The University of Limerick Campus
- Cherry Orchard Hospital, Dublin

Semester one:
- Experiential group work and group processes in the context of drug and alcohol studies
- Substance use: theoretical foundations
- Models of intervention: theory and practice 1
- Research and reflective practice 1

Semester two:
- Models of intervention: theory and practice 2
- Substance use: community, social and policy perspectives
- Substances and mental health
- Research and reflective practice 2

Target group

Typical applicants include those who have completed a Certificate in Addiction Studies or another relevant area and who wish to progress their professional education in the area of drug and alcohol studies. The course is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse. Typical applicants also include health professionals, social care professionals, teachers, guidance counsellors, youth and child care workers, prison officers, gardaí, probation officers and community workers among others.

Entry requirement

- Level 6 Certificate in Addiction Studies, or a related area, or equivalent academic qualification
- At least two years experience of working in the area of drug and alcohol or a related field
- Successful completion of interview

Selection procedure

Applicants will complete an application form for short listing, then attend for interview.

See course website for further information and application form www.ul.ie/cpe/node/207

For Further Information for the University of Limerick programme see course 26
For Information and application forms for the Cherry Orchard Outreach Programme contact
Esther Wolfe (087) 9092730 esther.wolfe@hse.ie
Catherine Hawkins (01) 6206412 catherine.hawkins@hse.ie

**Qualification**
Diploma in Drug and Alcohol Studies

**Assessment**
Assessment will use a variety of methods, including written assignments, oral presentations, case study, project work, and reflective portfolio.

**Accreditation**
University of Limerick: Level 7 HETAC National Framework of Qualifications

**Course background**
The HSE West and Dublin Mid-Leinster regions recognised an expressed need among individuals working in all sectors for a locally based diploma in drug and alcohol studies.

**Course start date**
September each year. The course is run on a part-time basis, equivalent to one day a week, for one academic year (September to May). Dublin classes will take place on Wednesdays from 10.00—16.00 hrs.

**Course location**
Bridge House, Cherry Orchard Hospital, Dublin; Also run in Limerick.

**Application**
Prospective applicants will be required to complete an application form. Short-listed applicants will be required to attend an interview. The deadline for receipt of applications - 26 May 2017.

**Cost**
Course fee for the 2017/18 academic year €1500 for EU students + €36 student centre fee. Fees are subject to annual review.
### Course Provider

An Cosan  

**Address**  
Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24  

**Web address**  
http://www.ancosan.ie

### Contact Person(s)

**Eithne Dunne**  
Education Co-ordinator  
01 462 8488  
e.dunne@ancosan.com

### Course aims and objectives

This programme aims to develop an understanding and analysis of theories and practices of addiction studies and community development. It will support the professional development of people who are employed in the field of addiction studies and community development, people who work in the community in a voluntary capacity and people with an interest in addiction studies and community development.

### Course content

**Year 1**  
- Learning to learn at third level  
- Introduction to community development  
- The nature and context of addiction  
- Group work and facilitation skills  
- Social analysis  
- Drug prevention, education and awareness

**Year 2**  
- Approaches to treatment and rehabilitation  
- Community development and practical approaches  
- Understanding and managing conflict in a community development context  
- Reflective practice: knowledge, skills and attitude  
- Social policy  
- Introduction to counselling and motivational interviewing

**Year 3**  
- Community development and technology  
- Research methods and practice  
- Project cycle management in the community and voluntary sector  
- Community education and transformational change  
- Drugs and crime in a global context  
- Community drug work and leadership in practice

### Target group

People who are employed in the field of addiction studies and community development; people who work in the community in a voluntary capacity; and people with an interest in addiction studies and community development.

Past students of the two year part time UCD Diploma in Community Drugs Work, or equivalent.

### Entry requirement

Applicants should have completed the Leaving Certificate or a Certificate at Level 5 of the National Framework of Qualifications in addiction studies and community development or a related area. Other applicants will be considered on a case-by-case basis in accordance with the Institute of Technology Carlow policy on recognition of prior learning.

### Selection procedure

Applications are treated on a case-by-case basis. Applicants may be required to attend for an interview. See website [http://www.ancosan.ie/higher-education.php](http://www.ancosan.ie/higher-education.php)

### Qualification

Bachelor of Arts in Applied Addiction Studies and Community Development (awarded by the Institute of Technology Carlow).

### Assessment

A variety of assessment methods such as reflective journals, presentations, research projects and portfolios, written examination and assignments are used on the programme.

### Accreditation

NFQ Level 7 (180 ECTS)
Course background
This BA was new in 2012.

Course start date
The programme runs from September to June and operates on a three-year cycle. The next intake to Year 1 is scheduled for September 2017/2018.

Course location
Tallaght, Dublin

Application
For further information or to express your interest in the programme contact Eithne Dunne at An Cosán.

Cost
€2,000 per year in 2016/2017 (subject to change). Phased payment options are available.
Course Provider
NUI Maynooth

Address
Department of Adult and Community Education, NUI Maynooth, Co Kildare

Web address
http://adulteducation.nuim.ie

Contact Person(s)
Administrator
n.a.
01 708 6062
Adcomed@nuim.ie

Course aims and objectives
1. To provide participants with a broad view of key theoretical framework and practical debates which arise in relation to substance misuse and dependence
2. To enable participants develop basic helping and intervention skills in the field of drug and alcohol misuse
3. To enhance participants’ knowledge of social and community issues relevant to substance misuse and dependence
4. To heighten participants’ awareness in relation to personal, organisational and vocational issues which may arise in the course of their work within the field of substance misuse.

Course content
Module 1: Group work & facilitation skills/reflective learning
Module 2: Substance misuse and dependence
Module 3: Drug & alcohol misuse in contemporary Ireland
Module 4: Approaches to prevention treatment & rehabilitation

Target group
The course is aimed at people aged 21 and over.

Entry requirement
Participants must be 21 years of age or over. It is preferable that applicants have:
• Experience of working in a community setting.
• Experience of working with alcohol and/or drug-related problems.
• Openness to reflect on one’s own practice attitudes and beliefs.
• Commitment to learning in a group setting.

Applicants must submit a short essay describing their reasons for applying.

For more information see www.nuim.ie/study-maynooth/undergraduate-studies/courses/certificate-addiction-studies#tabs-overview

Selection procedure
On the basis of a written application and essay. See the course brochure for further details: http://adulteducation.nuim.ie/courses/index.shtml

The course may take place in the following locations:
Location, telephone & time
• Cavan Institute 049 437 7940 Tues, 7.00–10.00
• Cork 021 422 2100, Check with venue
• Donahies Community School, Donaghmede 01 848 2217/01 847 3522, Mon 7.00–10.00
• Dun Laoghaire 01 274 4132, Check with venue
• Ennis Community College 065 6829432, Check with venue
• Limerick 065 686 5852 Wed 10.00–1.15
• Kilkenny Campus (NUI Maynooth) 056 777 5910 Check with venue
• NUI Maynooth 01 708 6062, Tues 7.00–10.00pm
• Arklow, Co. Wicklow 01 274 4132, Check with venue
• Clondalkin 01 457 9445, Tues 10.00–1.00

Qualification
Certificate in Addiction Studies

Assessment
85% minimum attendance.
Participation in class.
Completion of relevant assignments/projects.

Accreditation
National University of Ireland. NFQ Level 7
Course background
This course has been running in various locations for a number of years.

Course start date
September until end of May each year. This course is 100 hours and may involve 3 - 4 Saturdays throughout the year.

Course location
NUI Maynooth and other locations nationwide. Please refer to the Continuing Education Brochure for further details. Telephone 01 7084500 or visit the website.

Application
Apply to College.

Cost
€950
## C21 NUI DIPLOMA IN ARTS: ADDICTION STUDIES

### Course Provider
NUI Maynooth

### Address
Department of Adult and Community Education, NUI Maynooth, Co Kildare

### Web address
http://adulteducation.nuim.ie

### Contact Person(s)

- **Administrator**
  - n.a.
  - 01 708 6062
  - Adcomed@nuim.ie

## Course aims and objectives
- To provide students with a strong theoretical grounding in substance misuse and addictive behaviours;
- To provide participants with an opportunity to develop skills to respond effectively to substance misuse within their community, in either a voluntary or occupational capacity;
- To encourage participants to reflect critically on drug- and alcohol-related issues as they emerge in contemporary Ireland.

- Students will develop skills in substance misuse education and prevention;
- Students will apply their learning to work, vocational or community settings;
- Students will learn to critically appraise current evidence-based practice in relation to prevention and intervention.

## Course content
- Group work and facilitation skills / reflective practice
- Intervention skills
- Drug and alcohol policy in Ireland
- Prevention education: theory and practice
- Social analysis – theorising society
- Social change and everyday life in contemporary Ireland
- Social capital and social network analysis
- Community engagement and learning

There may be a short period of placement.

## Target group
People who are working in a paid or voluntary capacity in the area of addiction.

## Entry requirement
Successful completion of NUI Certificate in Addiction Studies or equivalent. Applicants should be 23 years of age or over.

## Selection procedure
Written application and interview.

For further course information visit
[www.nuim.ie/study-maynooth/undergraduate-studies/courses/diploma-arts-addiction-studies](http://www.nuim.ie/study-maynooth/undergraduate-studies/courses/diploma-arts-addiction-studies)

## Qualification
NUI Diploma in Arts: Addiction Studies

## Assessment
Continuous assessment throughout the course

## Accreditation
National University of Ireland

## Course background
Following the success of the NUI Maynooth & HSE Certificate in Addiction Studies since 1994, there has been continued demand for a progression path.

## Course start date
200 hours over one year starting September each year; This will be delivered every Friday plus 1 Saturday in every month of the academic year.

## Course location
NUI Maynooth Campus / Outreach venue by arrangement

## Application
Application form available by phone.

## Cost
€2,350 (to be confirmed)
Course Provider
Waterford Institute of Technology

Address
Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford

Web address
http://www.wit.ie

Contact Person(s)
Marie Claire Van Hout
Lecturer
051 302 000
mcvanhout@wit.ie

Course aims and objectives
Postgraduate research in the substance misuse field

Course content
Course involves submission of thesis and completion of WIT postgraduate training courses

Target group
Those actively involved in the substance misuse field

Entry requirement
2.2 Honours Degree

Selection procedure
Subject to approval by head of department and review group.

Course location
Supervised at WIT

Application
Directly to WIT admissions office

Cost
Standard postgraduate fees apply

For more information on research in WIT see the website https://www.wit.ie/research/institutes_and_centres/centre_for_health_behaviour_research

Qualification
Masters

Assessment
WIT/HETAC & External examiner

Accreditation
WIT/HETAC

Course background
Postgraduate qualification by research

Course start date
September or January
Course Provider
Cuan Mhuire and IT Tralee

Address
Tralee, Co Kerry

Web address
http://www.ittralee.ie/en/

Contact Person(s)
Admissions Officer

066 7145638
admissions@ittralee.ie

Course aims and objectives
This four year course is a collaborative programme between the Institute of Technology Tralee and Cuan Mhuire/Galilee House of Studies.

The purpose of this programme is to provide systematic training in counselling theory and practice at a level that prepares participants to counsel in a variety of settings and to use various counselling approaches.

Course content
The programme will be delivered by a team of experienced practising addiction counsellors and third level academic staff in Galilee House of Studies, Athy, Co. Kildare (Year 1 and Year 2) and the Institute of Technology Tralee, Co. Kerry (Year 3), with practice placement undertaken in Cuan Mhuire’s residential centres or other relevant clinical sites across Ireland (Year 4).

Target group
Those interested in counselling.

Entry requirement
Applicants must: Be over 23 years of age on the 1st of January on the year of entry. AND Hold a Leaving Certificate or equivalent with a minimum of 2 x H5 and 4 x 06/H7. OR • Hold a full QQI (level 5) award with a minimum of 3 distinctions. OR • Have completed a recognition of prior learning (RPL) process with the college (applicants, who hold other qualifications and/or experience, may be considered for a place on this undergraduate programme).

Selection procedure
Visit http://www.ittralee.ie/en/

Qualification
Ba (Honours) in Counselling with Addiction

Assessment
See course description.

Accreditation
NFQ level 8. Graduates will also be accredited with the Irish Association for Counselling and Psychotherapy (IACP), Addiction Counsellors of Ireland (ACI) and the National Association of Pastoral Counselling and Psychotherapy (NAPCP).

Course background
Cuan Mhuire is Ireland’s largest multi-site provider of residential detoxification and treatment for those suffering from addiction. Galilee House of Studies is an established provider of a higher education undergraduate diploma programme in counselling located in Athy, Co. Kildare.

Course start date
September 2017

Course location
Athy Co Kildare and Tralee, Co Kerry

Application
Apply to IT Tralee. Closing date for applications is 30 June 2017

Cost
Tuition fees are covered by the Free Fees Initiative, see www.studentfi nance.ie. • Students who are eligible for the free fees scheme are required to pay a student contribution charge of €3,000 (2016/17). • Students will be required to pay for additional personal supervision and counselling fees during the programme.
Course aims and objectives
Graduates of counselling and psychotherapy programmes, completing studies in 2019 will be regulated under CORU, and all of the relevant Irish professional bodies will require practitioners in counselling to hold, as a minimum entry qualification, a NFQ Level 8 (Honours) Degree in counselling.

This one year programme has been specifically designed to facilitate holders of an NFQ Level 7 qualification in counselling to upskill and bring their qualifications into line with the upcoming changes in regulation.

Course content
The first semester will be delivered on Thursday evenings, Fridays and Saturdays over 12 weeks commencing 11 September, 2017 (excluding mid-term week commencing 30/10/2017).

- Research methods
- Psychodynamic perspectives
- Motivational interviewing
- Clinical supervision

The second semester will commence 22 January 2018 and will run every Saturday for 12 weeks (excluding week commencing 12/2/2018 and weeks 12/3/2018 to 31/3/2018).

- Dissertation
- Advanced addiction studies

Target group
Counsellors with a NFQ Level 7 qualification in counselling.

Entry requirement
Applicants must be 23 years of age on 01 January on the year of entry AND hold an NFQ Level 7 in Counselling (or equivalent) AND are accredited as counsellors with the IACP or ACI or NAPCP.

See website for further requirements http://www.ittralee.ie/en/

Selection procedure
See requirements.

Qualification
Ba (Honours) in Counselling with Addiction

Assessment
As per course description

Accreditation
IT Tralee.

Course background
This is a collaborative programme between the Insitute of Technology Tralee and Cuan Mhuire/Galilee House of Studies in Athy, Co. Kildare.

Course start date
September 2017. Part time.

Course location
Athy, Co Kildare

Application
Apply to IT Tralee. Closing date 30 June, 2017.

Cost
Tuition fees are covered by the Free Fees Initiative, see www.studentfinance.ie. • Note, students who are eligible for the free fees scheme are required to pay a student contribution charge of €3,000 (2016/17).
Courses on substance misuse for young people
**Course Provider**
HOPE (Hands On Peer Education)

**Address**
Killarney Court, Buckingham Street, Dublin 1

**Web address**
http://www.nicdtf.ie

**Contact Person(s)**
Irene Crawley  
Manager  
01 887 8404  
hopehandson@yahoo.ie or hopehandson@gmail.com

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**Course aims and objectives**
Aim: Training young people to facilitate drug and alcohol education to their peers
Objectives: For participants to become familiar with course content, and to empower youth to be peer leaders, and be comfortable with facilitation skills

**Course content**
- Introduction to basic concepts of addiction
- Information on drugs
- Information on alcohol
- Creative facilitation skills
- Role play
- Prevention with youth
- Delivery of presentations

**Target group**
Course is open to young people in the community who would have an interest in educating their peers on drug prevention

**Entry requirement**
Aged 14–19, showing some leadership skills

**Selection procedure**
Application form and interview

**Qualification**
Certificate of attendance

**Assessment**
Group assessment at end of course

**Accreditation**
N.a.

**Course start date**
Telephone or email to above numbers for more information.

**Course location**
Various

**Application**
Telephone or email to above numbers for more information on upcoming courses

**Cost**
Free; a small donation for supplies is requested from organisations.
Course aims and objectives
Peer Education is about providing young people with the skills and training to inform their peers on issues that affect them. The initial 6-week training programme is designed to inform and examine the participants' knowledge and behaviour around sexual health and drugs. A further 6-week accredited training programme includes more in-depth training in group work and facilitation.

Course content
- Introduction
- Listening and communication
- Trust
- Relationships
- Discrimination
- Drugs
- Sexuality and pregnancy
- Sexually transmitted infections and contraception
- Decision making
- Evaluation

Target group
- Someone aged 16–21
- Someone who cares about their friends and other young people.
- Someone who can interact with others.
- Someone who wants to be able to discuss issues around sexual health and drugs in a safe place and have a bit of fun while doing it!
- Someone who just wants something different!

Entry requirement
Commitment from participants to all sessions

Selection procedure
Apply online or call in at the centre.

Assessment
Work during each session is recorded for assessment.

Accreditation
Northern Ireland Open College Network (NIOCN)

Course background
The initial 20-hour training programme is designed to inform and examine the participants' knowledge and behaviour around sexual health and drugs. A further accredited training programme includes more in-depth training in the process of delivering the new knowledge learned through Peer Education. The Peer Educators are then provided with support and supervision to help them undertake their work.

Course start date
Ongoing throughout the year

Course location
The Sexual Health Centre

Application
Online or call in

Cost
Free
**Course Provider**
Youthwork Ireland and Galway & Rahoon Youth Project

**Address**
Corrach Bui Community, Centre, Rahoon, Galway

**Web address**
http://www.youthworkgalway.ie

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**Course aims and objectives**
- To increase knowledge and awareness of the effects of alcohol and other drugs.
- To deliver information/supports which impact positively on development and well-being
- To build resilience skills

**Course content**
Communication skills, relationships, confidence techniques, knowledge of alcohol and other drugs, decision making and consequences, equality issues and strategies for developing resilience.

**Target group**
10–21-year-olds living in Corrach Bui area of Rahoon, Westside, Galway

**Entry requirement**
Project participant in target age range

**Selection procedure**
Mandatory for all participants.

**Qualification**
Certificates of participation.

**Assessment**
Internal evaluation. Course content material is largely based on "Putting the pieces together", the Western Region Drugs Task Force training resource manual.

**Accreditation**
no

**Course background**
Project participants frequently have little prior factual knowledge of the effects of drugs and alcohol. Some have experience of early misuse and the effects of dependency in their community.

**Course start date**
Programmes throughout the year.

**Course location**
Corrach Bui Community Centre, Rahoon, Galway

**Application**
The project is funded to deliver appropriate drugs education and preventative measures to young people in the 10-21 target age range

**Cost**
Free

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Contact Person(s)
Anne Pigott
Project Worker
091 589 832
annepigottinrahoon@eircom.net
Course Provider
Peer Drug Prevention Education Group

Address
Blanchardstown Youth Service, Main Street,
Blanchardstown, Dublin 15

Web address
n.a.

Contact Person(s)
Brian Fitzsimons
01 821 2012
brian.fitzsimons@foroige.ie

Course aims and objectives
Enables young people to become peer educators in relation to drug prevention for other young people in the area.

Course content
Peer education

Target group
Young people in the Blanchardstown area.

Entry requirement
Under 18 years of age.

Selection procedure
Not applicable

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
These clubs are run by Foroige.

Course start date
Ongoing

Course location
Blanchardstown, Dublin

Application
Contact the education group

Cost
n.a.
In-service or on-site training for professionals and other vocational groups working in the field of substance misuse or related areas
**Course Provider**
Community Awareness of Drugs

**Address**
31 Central Hotel Chambers, Dame Court, Dublin 2

**Web address**
http://www.cadaboutdrugs.ie

**Contact Person(s)**
Training co-ordinator
01 878-3656
info@cadaboutdrugs.ie

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**Course aims and objectives**
- To respond to the needs of staff and volunteers in relation to drugs awareness
- To provide participants with a drugs awareness update
- To discuss a range of issues that may impact on individuals in the workplace or agency
- To provide reading materials that may be of benefit to participants
- To highlight where participants can access drugs helpline staff or volunteers
- To respond to any additional requests for information

**Course content**
- Pharmacological update
- patterns of drug use
- signs and symptoms of drug use
- drugs and mental health matters
- drugs and sexual health matters
- responding to drug use
- getting along with young people
- the wheel of change
- risk and protective factors
- where to go for help

**Accreditation**
n.a.

**Course background**
Our workplace drug awareness seminars have been held in various locations since our establishment in 1983.

**Course start date**
By arrangement

**Course location**
In the workplace or agency

**Application**
Contact the CAD Office.

**Cost**
Donation to CAD
## Course Provider
PCI College

## Contact Person(s)
Kelley Farrell
Enquiries
01 464 2268
info@pcicollege.ie

## Course Provider
PCI College provide tailor-made training programmes designed to the specific needs of clients in the health and helping professions and also to community, voluntary and commercial organisation.

For course information visit [http://www.pcicollege.ie/tailor-made-training](http://www.pcicollege.ie/tailor-made-training)

### Course content
Training and awareness programmes can be provided on workplace related issues including:
- Mental health & well being
- Boosting confidence
- Managing stress
- Dealing with employee grief
- Critical incident stress management
- Coaching and mentoring
- Mediation

Courses can be provided for government bodies, professional groups or community organisations:
- Foundation in counselling & psychotherapy
- Dip & BSc in counselling & psychotherapy
- Dip & BSc in addiction counselling
- Adv Dip in supervision
- Adv Dip in supervision for coaches
- Dip in suicide studies
- Prof Cert in cognitive behaviour therapy
- Prof Cert in addictive behaviours
- Cert in brief therapy
- Cert in advanced psychodynamics
- Cert in group therapy
- Cert in art therapy
- Cert in sexual abuse & dysfunction
- Cert in substance addictions
- Cert in workplace counselling
- Cert in conflict management
- Cert in pastoral/spiritual counselling
- Cert in drug abuse in Ireland
- Cert in sexual addictions
- Cert in dual diagnosis

### Target group
Interested organisations.

### Entry requirement
n.a.

### Selection procedure
n.a.

### Qualification
See course details

### Assessment
See course details

### Accreditation
See course details

### Course background
In service training has been provided for a number of years.

### Course start date
Training courses are offered 7 days a week, anywhere in the Ireland, we will meet your requirements.

### Course location
In client organization

### Application
See PCI website for details.

### Cost
Contact PCI
**Course Provider**
HOPE (Hands On Peer Education)

**Address**
Killarney Court, Buckingham Street, Dublin 1

**Web address**
http://www.nicdf.ie

<table>
<thead>
<tr>
<th>Contact Person(s)</th>
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<tbody>
<tr>
<td>Irene Crawley</td>
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<tr>
<td>Manager</td>
<td></td>
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<tr>
<td>01 887 8404</td>
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<tr>
<td><a href="mailto:hopehandson@yahoo.ie">hopehandson@yahoo.ie</a> or <a href="mailto:hopehandson@gmail.com">hopehandson@gmail.com</a></td>
<td></td>
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**Course aims and objectives**
The goal of our course is to impart our information to individuals who will in turn present drug and alcohol awareness to others. We would like to make a difference to communities in this way, as education is an effective tool in substance abuse prevention.

At the end of the course you will have all the tools to put run a drug/alcohol education training day or full length course yourself.

**Course content**
Drug and alcohol information, facilitation and presentation skills.

Our course is hands-on, interactive, practical, informative, and hopefully fun. We expect each participant to leave with a good knowledge of the harmful affects of drug and alcohol abuse, as well as group facilitation skills.

**Target group**
Anyone living or working in the community that would be planning on delivering this information

**Entry requirement**
People take this course for different reasons. Maybe you would simply like the knowledge for your own children, perhaps you are looking into working in the field of addiction, or perhaps you are currently working with clients for whom drugs and alcohol may be an issue and would like to up skill.

**Selection procedure**
Interview

**Assessment**
Each participant will be expected to deliver one aspect of the course to the group, to practice this in a comfortable setting.

**Accreditation**
Certificate of Attendance

**Course background**
n.a.

**Course start date**
Runs continually.

**Course location**
Various locations in North Dublin.

**Application**
Email or telephone above

**Cost**
€20.00 for unemployed; €75.00 CE scheme; €160.00 employed
**Course Provider**  
Waterford Substance Misuse Team

**Address**  
Substance Misuse Team, 10a Waterside, Waterford

**Web address**  
n.a

**Contact Person(s)**  
Andy Hargreaves  
Drug Education Officer  
051 301 201  
andy.hargreaves@maila.hse.ie

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**Course aims and objectives**

Course aims
- To provide a framework from which to develop a substance use policy
- To bring together all stakeholders to develop the policy

Course objective
- To develop a comprehensive substance use policy

**Course content**

- Development of substance use policy
- Drug facts
- Attitudinal activities
- Potential drug-related scenarios in the workplace and in voluntary work
- Information on potential referral agencies

**Target group**

Any agency, workplace or organisation

**Entry requirement**

n.a.

**Selection procedure**

n.a.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

This course has facilitated over 70 agencies, workplaces and organisations to develop a substance use policy.
E05

**DRUG EDUCATION AND AWARENESS (FOR PROFESSIONALS AND OTHERS)**

<table>
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<tr>
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<th>Waterford Substance Misuse Team</th>
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<tbody>
<tr>
<td>Address</td>
<td>Substance Misuse Team, 10a Waterside, Waterford</td>
</tr>
<tr>
<td>Web address</td>
<td>n.a.</td>
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**Contact Person(s)**  
*Andy Hargreaves*  
*Drug Education Officer*  
051 301 201  
andy.hargreaves@maila.hse.ie

**Course aims and objectives**

**Course aims**
- To challenge attitudes towards drugs, addiction and other drug-related problems
- To raise awareness of drug-related issues
- To raise awareness of the dynamics of addiction

**Course objectives**
- For participants to recognise their own attitudes and prejudices towards various drugs and drug-users. To recognise how this affects their work and daily lives.
- Gain knowledge of drugs and their effects
- Gain knowledge of drug-related issues
- For participants to have a clearer understanding of addiction

**Course content**
- Drug facts
- Attitudinal activities
- Risk-taking behaviour
- Signs and symptoms
- Potential drug-related scenarios in the workplace and in voluntary work
- In-depth look at alcohol-related issues
- Information on potential referral agencies
- Information on how to find further resources and information
- Cycle of change
- A chance to view the drugs

**Target group**
Professionals and volunteers working in fields where drug misuse is prevalent.

**Entry requirement**
A commitment to utilise relevant parts of the course content with their client base.

**Selection procedure**
Written application

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
This course has introduced over 200 workers and volunteers from the Waterford area to drug-related information and issues.

**Course start date**
Various dates and times (daytime or evening); the course consists of four 3-hour sessions.

**Course location**
Waterford city centre

**Application**
Application form and details of dates and venues available from contact person listed above.

**Cost**
Free
Distance learning or online courses, where participants may study from home.
Course aims and objectives
The overall aim of the Quality Champions Training is to provide key persons in organisations with the skills to become a quality champion in their service. Training is delivered through an interactive eLearning platform. After completing the training, participants should be able to:
• Champion and lead a drive to improve quality in their organisation
• Objectively and accurately assess the sources of policy and practice in their organisation, and what these policies are
• Identify gaps between what their assessment reveals, and what is required of the organisation with reference to agreed quality standards
• Put in place a plan to ensure those gaps are filled, including the provision of a robust review mechanism

Course content
The course has five sessions each containing a series of specific learning modules:

Session 1: Introduction to Quality
1. The aim of the training
2. QuADS - Quality in Alcohol and Drug Services
3. The importance of quality
4. Barriers to change
5. Introduction to policy - basics
6. Introduction to policy - service user confidentiality policy
7. Introduction to policy - quality assurance policy
8. Session 1 assessment

Session 2: Organisation Review and Mapping
1. Review and assess
2. Obligations
3. Essential and important policies
4. Identifying the gaps
5. Session 2 assessment

Session 3: Consultation
1. Role and responsibility of the stakeholder
2. Consultation part one
3. Consultation part two
4. Session 3 assessment

Session 4: Policy Writing
1. Components of a policy
2. Researching a policy
3. Adapting a policy
4. Writing a policy
5. Session 4 assessment

Session 5: Implementation and Policy Review
1. Pre-implementation
2. Policy implementation strategy
3. Indicators, barriers and monitoring
4. Reviewing a policy

Target group
Those who wish to become quality champions in their drug or alcohol organisation.

Entry requirement
Content is delivered through Moodle - a Virtual Learning Environment (VLE) software system and is delivered as a series of multimedia based learning modules over five sessions. You will need a computer or laptop with internet access, and basic computer skills. The training is the equivalent of approximately a half day training. However, as the training is modular based, users can complete the training on a module by module basis.

Selection procedure
Course website:
http://www.drugs.ie/resources/the_quality_standards_support_project/elearning_portal/champions_training/
Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
This course was developed in 2014.

Course start date
On-going

Course location
Online course

Application
Quality Champions Training is now available. If you would like to sign up for this course please email a request to quality@aldp.ie

Cost
n.a.
Course aims and objectives
To introduce participants to the psychological, sociological, biological and legal effects of psychoactive substances

Course content
1. The human nervous system (Part 1)
2. The human nervous system (Part 2)
3. Introduction to psychopharmacology
4. Psychostimulants
5. Psychedelics
6. Central nervous system depressants
7. Opiods & solvents
8. Performance enhancing drugs

Target group
General public, parents, athletes, secondary school students and those whose job requires knowledge of the effects of drugs

Entry requirement
None

Selection procedure
For more information visit the course website
http://www.eolach.ie/course/index.php

Qualification
Certificate in Drugs and Behaviour

Assessment
Online exam

Accreditation
Eolach.ie

Course background
The course was written by a psychologist and has been running since 2004. The content of the course has been reviewed and endorsed by the Substance Misuse Unit of the Health Service Executive (South East Region).
## Course Provider
Eolach.ie

### Address
Clonmel, Co Tipperary

### Web address
http://www.eolach.ie

## Contact Person(s)
**Fergus McGrath**  
*Director of Education*  
085 714 0498  
info@eolach.ie

## Course aims and objectives
The course is designed for beginners and introduces students to the main topics within psychology in a dynamic and visually stimulating manner.

## Course content
There are two courses: psychology 1 and 2

### Psychology 1
1. Psychology: An historical perspective  
2. Scientific and academic psychology  
3. Applied psychology  
4. The human nervous system (Part 1)  
5. The human nervous system (Part 2)  
6. Drugs and behaviour 1  
7. Drugs and behaviour 2  
8. Memory storage  
9. Remembering and forgetting  
10. Sigmund Freud's psychoanalytic theory of personality development

### Psychology 2
11. Erik Erikson's psychosocial theory of personality development  
12. Personality 1  
13. Personality 2  
14. Emotion  
15. Stress  
16. Abnormal behaviour  
17. Intelligence  
18. Social psychology  
19. Sleep  
20. Dreams

## Target group
Anyone interested in studying this subject.

## Entry requirement
None

## Selection procedure
For more course information visit the website [www.eolach.ie/course/](http://www.eolach.ie/course/)

## Qualification
Certificate (optional - see costs)

## Assessment
Online exam

## Accreditation
Eolach.ie

## Course background
Our aim is to ensure that our students derive academic, personal and social benefits from participating in our courses.

## Course start date
There are no start dates for this course. Each participant begins the course at a time of their convenience. There are not any time deadlines for completion of our courses.

## Course location
Online course

## Application
Visit [www.eolach.ie](http://www.eolach.ie)

## Cost
€99 for each course
Course aims and objectives
The course will enable learners to:
1. obtain a better understanding about drugs and alcohol misuse,
2. obtain knowledge about the different types of drugs available and their side effects and use,
3. obtain a better understanding why people take drugs,
4. gain a better understanding about why people use alcohol,
5. find out what treatment is available in your area and how to access it,
6. find out how to set up a drug or alcohol abuse treatment programme in your area, and to
7. understand the principles of drug and alcohol misuse counselling.

Course content
Students receive a course manual, assignments and study-guide plus tutor support. The course documentation is detailed and easy to read. Your tutor and student support team will support you throughout the duration of the course.

Unit 1: Introduction
Unit 2: The a-z of drugs- effects, risks & the law
Unit 3: Alcohol abuse
Unit 4: Why people use drugs and alcohol
Unit 5: Drug and alcohol prevention and awareness
Unit 6: The basics of counselling
Unit 7: Traditional counselling styles
Unit 8: Counselling for alcohol problems
Unit 9: Counselling for substance misuse

Target group
• People considering a career in counselling.
• Parents, teachers and youth workers.
• People who wish to gain an introductory qualification in drug and alcohol counselling and wish to study at their own pace.

Entry requirement
None

Selection procedure
For further course information visit http://www.cmit.ie/courses-psychology-health-distance-learning/drug-and-alcohol-counselling-distance-learning.html

Qualification
NCFE Award Certificate in Drug and Alcohol Counselling

Assessment
This course is assessed through tutor marked assignments. There is no exam

Accreditation
Successful learners will receive a level 3 NCFE Award Certificate in Drug and Alcohol Counselling. (i.e. equivalent to level 3 on the National Qualifications Framework for England, Wales and Northern Ireland.)

Course background
See course website for more information.

Course start date
Students can start at any time of year, and have 6 months to work at their own pace.

Course location
Home

Application
Book online

Cost
€395. There is a €60 fee payable for administration, moderation and certification.
Course aims and objectives
The objective of this online programme is to provide graduates from all disciplines with the opportunity to develop their understanding of the role and function of social policy.

Course content
This programme will give students an understanding of the role of social policy in engaging with some of the ‘wicked problems’ that contemporary societies face. These are complex interdependent problems such as responses to crime and poverty, policy issues which are often resistant to the solutions put in place by governments. Students will be exposed to the arguments for developing policy interventions in areas such as social security, health and housing, and the challenges of implementing and changing policy in these areas.

This course provides students with a stimulating online learning experience by creating a structured yet flexible learning approach. The place of study is flexible as online delivery allows students to engage in learning activities at home or in the workplace and there is no requirement to attend at the Trinity campus in Dublin. Students will have access to weekly materials using a virtual learning environment and the opportunity to engage with other students and lecturers using discussion boards.

Students will take seven core modules totalling 60 ECTS. Modules cover subjects such as contemporary debates in social policy, the family and society, criminology, disability studies and social work.

Target group
The programme will be of particular interest to graduates with an undergraduate qualification outside of the social science and social studies field wishing to pursue a Masters programme in that field. This online Postgraduate Diploma will also act as a conversion course for graduates who wish to pursue further study on a specialised programme such as the Master in Social Work; and applicants from outside the EU, in particular North America, who wish to study in Ireland’s leading university with excellent facilities and expertise in Irish, EU and international social policy.

Entry requirement
The programme is open to graduates from all disciplines who are interested in converting to the field of applied social studies. Successful applicants will hold a level 8 degree in any subject at a minimum of Upper Second Class Honours degree (2.2).

Selection procedure
For information about the course, see http://www.tcd.ie/swsp/postgraduate/applied-social-studies/index.php

Qualification
The Postgraduate Diploma in Applied Social Studies is a level 9 postgraduate diploma offered as a one year online programme.

Assessment
As per course syllabus.

Accreditation
Trinity College Dublin
Course background
This course was run for the first time in 2014

Course start date
September

Course location
Online

Application
For further information contact: Laura Cusack,
Course Administrator, lcusack@tcd.ie, 01-896 2001

Cost
EU students: €5,000, Non-EU students: €10,000,
Application fee: €35 (to be paid online)
Course Provider
Irish College of General Practitioners

Address
4/5 Lincoln Place, Dublin 2, Ireland

Web address
http://www.icgp.ie/go/courses/e_learning

Contact Person(s)
Yvette Dalton
01 676 3705
yvette.dalton@icgp.ie

Course aims and objectives
This course offers an introduction to managing issues related to alcohol misuse, misuse of prescription and over-the-counter medications as well as illicit drug use in primary care.

Substance misuse related issues are common, presenting in up to 15% of primary care consultations. This course aims to provide a practical framework for the detection and management of substance misuse problems in general practice.

Course content
The online learning programme consists of 11 interactive video presentations, each presentation ranging in duration from 6 to 20 minutes. The participant is required to view all 11 topics in sequence and achieve 80% in the MCQ assessment to successfully complete the course. You may repeat the assessment if you wish.

Completion time: It takes approximately three hours in total to complete all modules and the MCQ Quiz. Please note that you may log in and out of this training at your convenience and as often as you like.

Links to all guidelines and assessment tools are provided.

Target group
The course is primarily aimed at GPs and GP registrars. If you do not fall under this category of applicant then you must register your interest by completing the online booking form.

Entry requirement
For general practitioners

Selection procedure
For more information, visit the course website
http://www.icgp.ie/go/courses/substance_misuse/substance_misuse_training/5CC1A240-19B9-E185-83A7EFA7740C93E8.html

Qualification
5 CPD credits for external CPD & 1 GMS study leave session.

Assessment
In order to satisfactorily complete the programme a GP is required to view over 75% in the Multiple Choice Questions (MCQ) module.

Accreditation
ICGP.

Course background
For information about Level 2 training, visit

Course start date
Each GP will have online access for 21 days from the date of their enrolment. To complete all modules and the MCQ Quiz will take approximately 3 hours in total.

Course location
Online course

Application
Aoife McBride, email: substancemisuse@icgp.ie

Cost
• ICGP members and GP registrars – No cost • Non-member: €50 application fee
Course aims and objectives
The premise of this course is that prevention is the only true hope of solving our country’s problems in these areas. Parents, teachers and counsellors are in the best positions to affect children’s knowledge and attitudes to the abuse of alcohol and other drugs.

Course content
Distance learning course of 6 modules.

This course covers these broad topics:
1. What every parent, teacher and counsellor should know
   Drug classifications.
   Adolescents & drug abuse.
   Drugs & the brain.
   Alcoholism - a disease.
2. Drug abuse prevention.
   Role of parents, teachers, counsellors.
   Tell-tale signs of drug abuse.
3. Treatment effects & understanding them.
   Effects of alcohol on young women.
   Drugs & AIDS.
4. Pharmacology, alcohol, drugs of abuse, depressants, opioids, cocaine, nicotine, stimulants, cannabinoids, phencyclidine, inhalants, anabolic steroids & hallucinogens.

Your personally appointed tutor will provide you with expert guidance and tuition throughout your studies.

Target group
Parents, teachers and counsellors.

Entry requirement
n.a.

Selection procedure
Apply online
http://www.irishtraining.ie/general/alcohol_and_drug_abuse.html

Qualification
When you have completed this course you may take a final examination. Full details are sent near the end of the course. The examination costs €65 and is taken at home. If you receive 70% or more you will receive an ITEC Diploma.

Assessment
Optional examination.

Accreditation
ITEC

Course background
The ITEC also run an 'alcoholism' course, primarily for those who have alcohol problems and also for those who share their lives. It deals with all the social, psychological and medical aspects of alcohol problems.

Course start date
At a time of your choosing.

Course location
Online course.

Application
Apply through the ITEC website.

Cost
€307 (subject to change).
PROVIDERS
### Addiction Response Crumlin

**101 Cashel Road, Crumlin, Dublin 12**  
web: http://www.addictionresponsecrumlin.ie  
Contact Person(s):  
**Education Team**  
01 411 3222  
info@addictionresponsecrumlin.ie

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### ALÃ (Participatory theatre)

**83 Castle Park, Ballybane, Galway**  
web: http://ala-ct.ie/  
Contact Person(s):  
**Project Director**  
Tel 091 492852  
to.galway@gmail.com

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### An Cosan

**Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24**  
web: http://www.ancosan.ie  
Contact Person(s):  
**Eithne Dunne**  
Education Co-ordinator  
01 462 8488  
e.dunne@ancosan.com  
**Fiona Colclough**  
Education and Training Co-ordinator  
01 462 8488  
f.colclough@ancosan.com

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**BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT**
## Ana Liffey Drug Project

**51 Middle Abbey Street, Dublin 1**  
web: [http://www.aldp.ie/](http://www.aldp.ie/)  

Contact Person(s):  
- **Dermot Murphy**  
  Team Leader  
  01 878 6899 Ext: 313  
  dermot.murphy@aldp.ie

- **Nichola Corrigan**  
  Project Worker, Quality Standards Support Project  
  01 960 3004  
  quality@aldp.ie

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## Blanchardstown Local Drugs Task Force

**2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15**  
web: [http://www.blldtf.ie](http://www.blldtf.ie)  

Contact Person(s):  
- **Ciara Jubani**  
  Community Development Worker  
  01 824 9590 / 685 4405  
  ciara@blldtf.ie

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<td>B18</td>
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## College of Management and IT (CMIT)

**Southern Cross Business Park, Bray, Co. Wicklow**  
web: [http://www.cmit.ie/](http://www.cmit.ie/)  

Contact Person(s):  
- **Administrator**  
  01 286 5783 or 01 276 5015  
  info@cmit.ie

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**Communications & Management Institute**

*Office 1: Unit 14A, Cashel Business Centre, Cashel Rd, Dublin 12 Office 2: Regus House, Harcourt rd, Dublin 2*

web: http://www.cmi-ireland.com

Contact Person(s):

*Jane Igoe*
Admissions & Student Affairs Executive
01 492 7070
info@cmi-ireland.com

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**Community Awareness of Drugs**

*31 Central Hotel Chambers, Dame Court, Dublin 2*

web: http://www.cadaboutdrugs.ie

Contact Person(s):

*Training co-ordinator*

01 878-3656
info@cadaboutdrugs.ie

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**Community Outreach Drug and Alcohol Project – Cork City Partnership**

*Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021–4302310*

web: http://www.corkcitypartnership.ie

Contact Person(s):

*Jacqueline Daly*
Community Development / Drug & Alcohol Worker
087 1962030
jdaly@partnershipcork.ie

*Mella Magee*
Community Development / Drug & Alcohol Worker
087 1962022
mmagee@partnershipcork.ie

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<td>SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK 90</td>
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Croi Nua Counselling and Psychotherapy

_The Orchard, Banshane, Midleton, Co. Cork_
web: http://eastcorkcounselling.com/
Contact Person(s):  
_Pat Coughlan_  
Counsellor, Psychotherapist, Career and Life Coach  
087 286 8590  
pcoughlan7@eircom.net

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Cuan Mhuire and IT Tralee

_Tralee, Co Kerry_
web: http://www.ittralee.ie/en/
Contact Person(s):  
_Admissions Officer_  
066 7145638  
admissions@ittralee.ie

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<td>C24</td>
<td>BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON</td>
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DBS School of Arts

_Dublin Business School, 13/14 Aungier Street, Dublin 2_
web: http://www.dbs.ie
Contact Person(s):  
_Administrator_  
_Louise Carey_  
Admissions Manager  
01 417 7500  
01 417 7500  
admissions@dbs.ie  
Louise.Carey@dbs.ie

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<td>A07</td>
<td>DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL</td>
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ECO-UNESCO
‘the greenhouse’, 17 St., Andrew St., Dublin 2
web: http://www.ecounesco.ie
Contact Person(s):
Armin Krautgasser
Drugs Education Officer
01 662 5491
training@ecounesco.ie

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<td>INTRODUCING ENVIRONMENTAL EDUCATION AS A RESOURCE</td>
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Eolach.ie
Clonmel, Co Tipperary
web: http://www.eolach.ie
Contact Person(s):
Fergus McGrath
Director of Education
085 714 0498
info@eolach.ie

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<td>GENERAL PSYCHOLOGY</td>
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Health Service Executive
Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15
web:
Contact Person(s):
Anne Marie Kavanagh
n.a.
annemarie.kavanagh@hse.ie
Fiona Walsh Maher
021 4921641
fiona.walsh4@hse.ie
Marwin Jagoe
-
marwin.jagoe@hse.ie

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<td>INTERVENTIONS (SBI) FOR PROBLEM ALCOHOL &amp; DRUG USE (ONE DAY COURSE)</td>
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### HIV Ireland

**70 Eccles Street, Dublin 7**  
web: http://www.hivireland.ie  
Contact Person(s):  
**Susan Donlon**  
Prevention Education & Training Co-ordinator  
01 873 3799  
susan.donlon@hivireland.ie

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<td>SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME</td>
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### HOPE (Hands On Peer Education)

**Killarney Court, Buckingham Street, Dublin 1**  
web: http://www.nicdtf.ie  
Contact Person(s):  
**Irene Crawley**  
Manager  
01 887 8404  
hopehandson@yahoo.ie or hopehandson@gmail.com

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<td>TRAINING FOR TRAINERS</td>
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### HURT (Have Your Tomorrows)

**14 Clarendon Street, Derry. BT48 7ET, Northern Ireland.**  
web: https://hurtni.org.uk/  
Contact Person(s):  
**Dessie Kyle**  
Centre Manager  
(0044) 028 7136 9696.  
https://hurtni.org.uk/contact/

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## IICP Education and Training

**Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24**

web: [http://www.iicp.ie](http://www.iicp.ie)

Contact Person(s):

<table>
<thead>
<tr>
<th>Marcella Finnerty</th>
<th>Norah Byrne</th>
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<tbody>
<tr>
<td><strong>Course Director</strong></td>
<td><strong>Course Co-ordinator</strong></td>
</tr>
<tr>
<td>01 260 0805 / 086 260 9989</td>
<td>01 466 4205 / 087 910 3332</td>
</tr>
<tr>
<td><a href="mailto:marcella@iicp.ie">marcella@iicp.ie</a></td>
<td><a href="mailto:norah@iicp.ie">norah@iicp.ie</a></td>
</tr>
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## Irish College of General Practitioners

**4/5 Lincoln Place, Dublin 2, Ireland**

web: [http://www.icgp.ie/go/courses/e_learning](http://www.icgp.ie/go/courses/e_learning)

Contact Person(s):

**Yvette Dalton**

01 676 3705  
yvette.dalton@icgp.ie

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## Irish College of Humanities and Applied Science

**Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick**

web: [http://www.ichas.ie/](http://www.ichas.ie/)

Contact Person(s):

**Administration offices**

061 216 288  
info@ichas.ie

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<td>C10</td>
<td>BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES</td>
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Irish Hospice Foundation
*Bereavement Education & Resource Centre*Morrison Chambers (4th floor)32 Nassau streetDublin 2
web: http://hospicefoundation.ie
Contact Person(s):
*Education Team*
01 679 3188
info@bereaved.ie

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Irish Training & Educational Centre
*Unit 9, Leopardstown Business Centre, Ballyogan Road, Leopardstown, Dublin 18.*
web: http://www.irishtraining.ie/general/alcohol_and_drug_abuse.html
Contact Person(s):
*Course administrator*
01 2061832
info@irishtraining.ie

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Le Cheile
*24 Tivoli Terrace South, Dun Laoghaire, Co. Dublin*
web: http://www.lecheile.ie
Contact Person(s):
*Le Cheile Mentoring Project*
01 214 4350
info@lecheile.ie

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### Liberties College

**Liberties College, Bull Alley Street, Patrick Street, Dublin 8**
web: http://www.libertiescollege.ie
Contact Person(s):

**Brid Milliken**  
Department Head: Counselling and General Information  
01 454 0044  
info@liberties.cdvec.ie

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### LIT Tipperary

**Cashel Court, Clonmel, Co Tipperary**
web: http://www.lit.ie/tipperary
Contact Person(s):

- **Maureen Ryan**  
  Addiction Counselling Programme Administrator  
  0504 28112  
  TippPartTimeCourses@lit.ie
- **Marie Walsh**  
  Programme Leader  
  0504 28451  
  Marie.AWalsh@lit.ie

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### Merchants Quay Ireland and University College Dublin

**Merchants Quay Ireland, 25 Cork St, Dublin 8 or School of Applied Social Science, John Henry Newman Building, UCD, Belfield, Dublin, 4**
web: http://www.mqi.ie
Contact Person(s):

**Peter Kelly**  
Course Co-ordinator  
01 524 0936  
Peter.Kelly@mqi.ie

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</table>
### National Youth Council of Ireland

**3 Montague Street, Dublin 2, Ireland**

Contact Person(s):

*Training Administrator*

**01-478 4122**

**training@nyci.ie**

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<td>MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.</td>
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### NUI Maynooth

**Department of Adult and Community Education, NUI Maynooth, Co Kildare**

Contact Person(s):

*Administrator*

**n.a.**

**01 708 6062**

**Adcomed@nuim.ie**

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<td>C21</td>
<td>NUI DIPLOMA IN ARTS: ADDICTION STUDIES</td>
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</table>

### One Family

**2 Lower Pembroke Street, Dublin 2**

Contact Person(s):

*Paula Lonergan*

**Training & Consultancy Manager**

**01 6629212**

**training@onefamily.ie**

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## PCI College

**Corrig House, Old Naas Road, Clondalkin, Dublin 22**

web: http://www.pcicollege.ie

Contact Person(s):

**Kelley Farrell**

Enquiries
01 464 2268
info@pcicollege.ie

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## Peer Drug Prevention Education Group

**Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15**

web: n.a.

Contact Person(s):

**Brian Fitzsimons**

01 821 2012
brian.fitzsimons@foroige.ie

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## School of Social Work and Social Policy, Trinity College Dublin

**School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2**

web: http://www.tcd.ie/swsp/

Contact Person(s):

**Louise O’Brien**

*Course Administrator*
01 8963593
obriel10@tcd.ie

**Kay Inckle**

*Executive Officer*
01 8962991
kinckle@tcd.ie

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### Sexual Health Centre

**16 Peter's Street, Cork**  
web: http://www.sexualhealthcentre.com  
Contact Person(s):  
**Johnny Houlihan**  
Peer Ed Facilitator  
086 606 1844 / 021 427 5837  
johnnyhoulihan@sexualhealthcentre.com

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### Southside Community Training Network

**The Old Post Office, 7 Rock Hill, Main Street, Blackrock, Co. Dublin**  
web: http://www.trainingnetwork.ie/  
Contact Person(s):  
**Sandra Campbell**  
01 209 0610  
sandra.campbell@sspship.ie

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### The Learning Curve Institute

**Rushbrook, Clogher, Westport, Co Mayo**  
web: http://www.thelearningcurve.ie  
Contact Person(s):  
**Administrator**  
Administrator  
098 25530  
info@thelearningcurve.ie

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### University of Limerick / HSE Addiction Services

**Bridge House, Cherry Orchard Hospital, Ballyfermot, Dublin**

web: [http://www.ul.ie](http://www.ul.ie)

Contact Person(s):

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<th>Name</th>
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<tr>
<td>Esther Wolfe</td>
<td>HSE Education Officer</td>
<td>01 620 6417</td>
<td><a href="mailto:esther.wolfe@hse.ie">esther.wolfe@hse.ie</a></td>
</tr>
<tr>
<td>James Fletcher</td>
<td>HSE Education Officer</td>
<td>01 620 6417</td>
<td><a href="mailto:james.fletcher@hse.ie">james.fletcher@hse.ie</a></td>
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### Urrus & Local Steering Group, Dun Laoghaire

**Community Addiction Team, Unit 8, Leopardstown Office Park, Burton Hall Ave, Dublin 18.**

web:

Contact Person(s):

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<tr>
<td>John Doyle</td>
<td>Course Facilitator</td>
<td>01 2176 140</td>
<td><a href="mailto:alcoholdrugcourses@hotmail.com">alcoholdrugcourses@hotmail.com</a></td>
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### Urrus and University College Dublin

**Horizons Centre, Balcurris Road, Ballymun, Dublin 11**


Contact Person(s):

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<tr>
<td>Laura O’Reilly</td>
<td>Training Centre Co-ordinator</td>
<td>01 846 7980 / 01 842 5726</td>
<td><a href="mailto:urrus@byap.ie">urrus@byap.ie</a></td>
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### Urrus/The Ballymun Youth Action Project

**Horizons Centre, Balcurris Road, Ballymun, Dublin 11**

web: http://www.byap.ie

Contact Person(s):

**Gabrielle Gilligan**  
Administrative Assistant  
01 846 7980 / 01 842 5726  
urrus@byap.ie

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### Waterford College of Further Education

**Parnell Street, Waterford**

web: http://www.wcfe.ie/jcms/

Contact Person(s):

**Philip Deegan**  
Director of Adult Education  
051 874053  
pdeegan@wcfe.ie

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### Waterford Institute of Technology

**Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford**  
web: [http://www.wit.ie](http://www.wit.ie)

Contact Person(s):  
**Marie Claire Van Hout**  
Lecturer  
051 302 000  
mcvanhout@wit.ie

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### Waterford Substance Misuse Team

**Substance Misuse Team, 10a Waterside, Waterford**  
web: [n.a](http://www.wit.ie)

Contact Person(s):  
**Andy Hargreaves**  
Drug Education Officer  
051 301 201  
andy.hargreaves@maila.hse.ie

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### Western Regional Drugs and Alcohol Task Force

**Unit 6, Galway Technology Park, Parkmore, Galway**  
web: [http://www.wrdatf.ie/](http://www.wrdatf.ie/)

Contact Person(s):  
**Western Regional Drugs Task Force**  
091 480056  
training@wrdtf.ie

**Gary Kyne**  
091 480 044  
info@wrdtf.ie

**Gillian Conway**  
Drug Education Support Worker  
091 480056 or 086 7814779  
training@wrdtf.ie

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Youthwork Ireland and Galway & Rahoon Youth Project

_Corrach Bui Community, Centre, Rahoon, Galway_

web: http://www.youthworkgalway.ie

Contact Person(s):

**Anne Pigott**

*Project Worker*

091 589 832

annepigottinrahoon@eircom.net

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