National Psychiatric In-patient Reporting System (NPIRS)

Introduction
This bulletin is a synopsis of data for CHO 2 from the NPIRS for 2016 and that reported in Activities of Irish Psychiatric Units and Hospitals 2016 Main Findings (Daly and Craig 2017). The address from which a person was admitted was used to assign him/her to a CHO area and, thus, CHO area refers to the CHO area of residence of admissions. CHO 2 covers the counties of Galway, Mayo and Roscommon.

The rates reported below were calculated using the Census of Population 2011 (Central Statistics Office 2012) and all rates are per 100,000 total population. It was not possible to calculate rates for socio-economic groups for each of the CHO areas and, thus, proportions are presented for socio-economic group.

All and first admissions
There were 1,580 admissions for CHO 2 in 2016, a rate of 354.8 per 100,000, the third-lowest rate amongst all CHO (Table 1). Admissions for CHO 2 accounted for 9% of all admissions to psychiatric units and hospitals in 2016. There were 623 first admissions, a rate of 139.9 per 100,000. Re-admissions (957) accounted for 61% of all admissions, with a rate of 214.9 per 100,000.

Gender and age
Males accounted for 54% of all and 57% of first admissions for CHO 2. Similarly, males had a higher rate of all, at 385.6, and first admissions, at 159.5, than females, at 324.0 for all and 120.3 for first (Table 1).

<table>
<thead>
<tr>
<th>CHO 1</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>381.1</td>
<td>358.7</td>
<td>369.9</td>
<td>128.7</td>
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<tr>
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<td>354.8</td>
<td>159.5</td>
<td>120.3</td>
<td>139.9</td>
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<td>335.7</td>
<td>372.4</td>
<td>354.0</td>
<td>117.7</td>
<td>111.7</td>
<td>114.7</td>
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<tr>
<td>CHO 4</td>
<td>383.2</td>
<td>359.4</td>
<td>371.2</td>
<td>146.3</td>
<td>118.1</td>
<td>132.1</td>
</tr>
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<td>407.5</td>
<td>330.8</td>
<td>369.0</td>
<td>166.8</td>
<td>118.5</td>
<td>142.5</td>
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<tr>
<td>CHO 6</td>
<td>372.3</td>
<td>394.8</td>
<td>383.9</td>
<td>104.6</td>
<td>102.9</td>
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<tr>
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<td>136.3</td>
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<td>CHO 8</td>
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<td>349.8</td>
<td>154.4</td>
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<td>CHO 9</td>
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<td>413.1</td>
<td>150.6</td>
<td>124.4</td>
<td>137.2</td>
</tr>
<tr>
<td>Total</td>
<td>380.0</td>
<td>373.7</td>
<td>376.8</td>
<td>143.6</td>
<td>122.4</td>
<td>132.9</td>
</tr>
</tbody>
</table>

Table 1: CHOs. All and first admissions. Gender. Ireland 2016. Rates per 100,000 total population
The 20–24 year age group had the highest rate of all admissions for CHO 2, at 555.7 per 100,000, followed by the 18–19 year age group, at 555.1, and the 35–44 year age group, at 530.5. The 75 year and over age group had the lowest rate of all admissions, at 280.5 per 100,000.

The 18–19 year age group had the highest rate of first admissions in CHO 2, at 376.0 per 100,000, followed by the 20–24 year age group, at 283.3, and the 25–34 year age group, at 209.6. The 45–54 year age group had the lowest rate of first admissions, at 133.9.

Age groups were condensed into two groups: under 45 years and 45 years and over. The 45 year and over age group had the highest rate of admissions in all CHO areas, with rates ranging from 642.6 per 100,000 in CHO 7 to 431.2 in CHO 2 (Figure 1). The under 45 year age group had a rate of 310.1 in CHO 2. The rate of admission for the 45 year and over group in CHO 6 (574.4), CHO 7 (642.6) and CHO 8 (531.8) was over twice that of the under 45 year group for those areas.

**Marital status**

Single persons accounted 62% of all and 62% of first admissions for CHO 2; married persons accounted for 26% of all and 26% of first admissions; widowed persons accounted for 3% of all and 4% of first admissions; and divorced persons accounted for almost 3% of all and 2% of first admissions.

**Socio-economic group**

Twenty-one per cent of all admissions had non-manual occupations, 8% had manual skilled occupations, 7% were semi-skilled and 7% were lower professionals. However, it is worth noting that almost 42% of returns for CHO 2 did not specify an occupation, making assignment to a socio-economic group impossible.

**Diagnosis**

Depressive disorders accounted for 39% of all admissions and 43% of first admissions for CHO 2; schizophrenia accounted for 19% of all and almost 13% of first admissions; and neuroses accounted for 13% of all and 15% of first admissions.

All and first admission rates in CHO 2 were highest for depressive disorders, at 138.5 (Figure 2) and 60.6 per 100,000, respectively. Schizophrenia had the second-highest rate of all admissions in CHO 2, at 66.7, followed by neuroses, at 44.9 and mania, at 39.3. Neuroses had the second-highest rate of first admissions in CHO 2, at 21.1 per 100,000, followed by schizophrenia, at 17.5.

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*Figure 1: All admissions by age category by CHO area. Ireland 2016. Rates per 100,000 total population*
Legal status
Involuntary admissions accounted for 13% of all and 13% of first admissions for CHO 2. The rate of all involuntary admissions in CHO 2 was 46.0, while that for first admissions was 18.9 per 100,000 (Figure 3).

Hospital type
Eighty-one per cent of all admissions for CHO 2 were to general hospital psychiatric units, 2% were to psychiatric hospitals/continuing care units and 17% were to independent/private and private charitable centres.

Discharges
There were 1,590 discharges (1,581 discharges and 9 deaths) for CHO 2 in 2016. Almost one-third (31%) of discharges occurred within one week of admission, 19% occurred within one to two weeks and 19% occurred within two to four weeks of admission. Ninety-four per cent of discharges occurred within three months of admission. This is similar to the pattern observed nationally.

Discharges for CHO 2 accounted for 9% of all discharges nationally and 9% of all in-patient days. The average length of stay for all discharges for CHO 2 was 54.9 days (median 14 days) (Figure 4). This compares with the national average of 57.7 days (median 15 days).

When discharges with a length of stay of one year or more were excluded, discharges for CHO 2 accounted for 9% of discharges and 9% of in-patient days. The average length of stay for discharges, excluding those with a length of stay of one year or more, was 25.8 days (median 13 days).

References
Figure 3: All and first involuntary admissions by CHO area. Ireland 2016. Rates per 100,000 total population.

Figure 4: Average length of stay (days) for all discharges and discharges up to 1 year by CHO area. Ireland 2016.