2022 | Alcohol treatment demand in Ireland

Alcohol treatment demand

Total number of cases treated
7,421

Characteristics

-42+
42 yrs median age

8% homeless

34% employed

Gender

62% males

38% females

Alcohol dependent

65%

All cases

64% new cases

68% previously treated cases

Standard drinks

-18+ 2022

-15+ 2016

Parental status

57% of treated cases were parents who had children

51% of cases lived with children

67% females

40% males

Polydrug use _________ Drugs most commonly used with alcohol __

24% of cases use other drugs with alcohol

1st alcohol plus cocaine
2nd alcohol plus cannabis
3rd alcohol plus cannabis and cocaine

Polydrug problem drug by age

19 years or younger cannabis
20-34 years cocaine
35 years or older cocaine

Gender Female Male

- 44+
- 41+

44 yrs median age 41 yrs median age

63% alcohol dependent 67% alcohol dependent

15 standard drinks 20 standard drinks

19% polydrug use 27% polydrug use

5% homeless 10% homeless

The HSE low risk drinking guidelines for females is up to 11 standard drinks in a week and up to 17 standard drinks in a week for males with drinks spaced out over the week, with two to three alcohol free days per week.

https://www2.hse.ie/living-well/alcohol/health/improve-your-health/weekly-low-risk-alcohol-guidelines/

Need Advice
If you have any concerns regarding alcohol or other drugs please visit www.drugs.ie or call 1800 459 459 © Health Research Board