Secondary Data Analysis Project
(SDAP) Award: Researcher
Perspective

Prof. Gráinne Cousins



### Overview

- Brief overview of our SDAP award
- Select key findings
- Facilitators & Opportunities for SDAPs
- Challenges



### Rationale for SDAP application

- Misuse of prescription drugs
  - Prescription opioids
  - Benzodiazepines
  - Z-drugs
  - Gabapentinoids
  - Psychostimulants

 Most EU countries lack a systematic method for identifying & monitoring trends in their use or misuse over time



### Prescription drugs with potential for misuse (2010-2020)

### Supply/availability

- Prescribing in the community
- Prescribing in prison setting
- Law enforcement drug seizures data

#### **Detection rates**

- Post-mortem
- Road users
- Drug using populations

#### Harm

- Drug poisoning deaths
- Non-fatal intentional drug overdose
- Drug treatment demand

Open access

Protocol

BMJ Open Prescription drugs with potential for misuse: protocol for a multi-indicator analysis of supply, detection and the associated health burden in Ireland between 2010 and 2020

Gráinne Cousins <sup>1</sup>, Louise Durand, Aoife O'Kane, Julie Tierney, Richard Maguire, Siobhán Stokes <sup>1</sup>, Peirdre O'Reilly, Ella Arensman, Kathleen E Bennett <sup>1</sup>, María Otero Vázquez, Paul Corcoran, Suzi Lyons, Yvonne Kavanagh, Emon Keenan



Ethical approval



# Opportunity to address an important public health concern

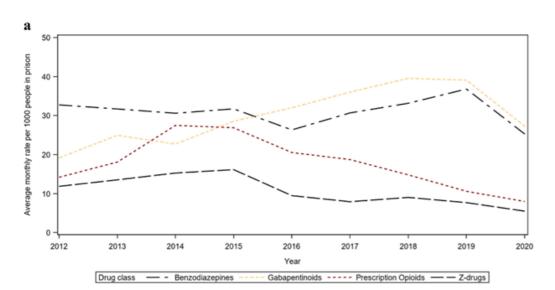
Concern											
	Drug Supply Indicators										
	Early Warning Systems							Epidemiological Indicators			
	National	National	State	Forensic	Health	Community	Prison	National	National	National	National
	Bureau	Drug	Laboratory	Science	Products	Pharmacy	Dispensing	Drugs	Drug	Self-	Drug
	of Road	Treatment	(Coroner	Ireland	Regulatory	Dispensing	records	and	Related	Harm	Treatment
	Safety	Centre	Post-	(FSI)	Authority	Records	(IPS)	Alcohol	Death	Registry	Reporting
	(MBRS)	Laboratory	Mortem		(HPRA)	(PCRS)		Surveys	Index	Ireland	System
			Toxicology)						(NDRDI)	(NSHRI)	(NDTRS)
Drug supply				<b>√</b>	✓	<b>√</b>	✓				
Detection rates and patterns of use	<b>✓</b>	<b>✓</b>	✓					✓			
Health Burden									<b>✓</b>	<b>✓</b>	<b>✓</b>

#### RESEARCH Open Access

Prescription drugs with potential for misuse in Irish prisons: analysis of national prison prescribing trends, by gender and history of opioid use disorder, 2012 to 2020



Louise Durand<sup>1\*</sup>, Eamon Keenan<sup>2</sup>, Deirdre O'Reilly<sup>3</sup>, Kathleen Bennett<sup>4</sup>, Andy O'Hara<sup>5</sup> and Gráinne Cousins<sup>1</sup>



Although women represent less than 5% of prison population they had a higher burden of OUD;

597 per 1,000 women

v's

• 161 per 1,000 men



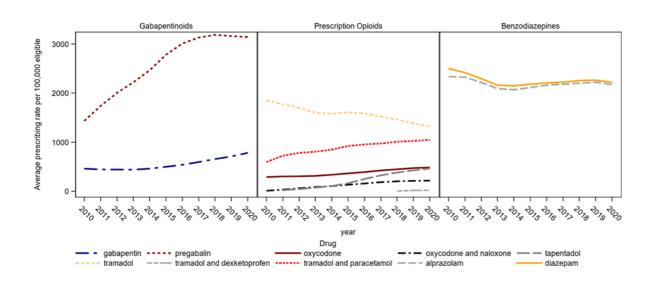
# Problematic opioid use in Ireland, 2015–2019



- Opioid Use Disorder in prison
- Problem opioid use in community
  - > 597 per 1,000 women in prison
  - > 3.67 per 1,000 female population problem opioid users
  - ➤ 161 per 1,000 men in prison
  - > 9.76 per 1,000 male population problem opioid users



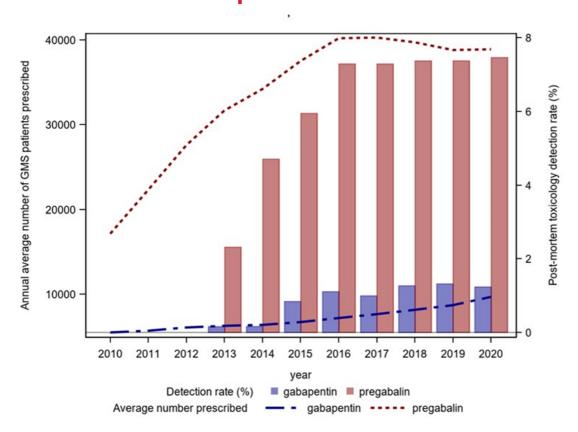
# Increase in pregabalin prescribing in the community







# Increase in detection rate for pregabalin post-mortem





### **Facilitators**

- Desire to optimise health and social care data for secondary purposes
  - Increased funding calls
  - Identified by European Commission /DoH as research priority
  - Strengthen national drug monitoring capacity
- Knowledge User as co-applicant
  - Interested in the research area = time to meet/discuss/ review
  - Familiar with current policy
  - Ability to effect policy change (nationally & internationally)
  - Supports PPI



### **Facilitators**

Public Patient Involvement (PPI) co-applicant

Engaged Data Controllers

Key stakeholders in the project

Large nationally representative & complete datasets

Routine datasets – allow for analysis of trends over time



### Challenges

- Identify data sources early (Culture of caution)
  - Data controllers
  - Find a champion (may be someone else most likely someone who regularly uses software/reporting system)
- Opening Pandora's box
  - Exactly what data is recorded electronically (and why!)
  - Can it be extracted easily (or found!)
  - Changes over time are inevitable (and can introduce bias)
  - Data dictionaries not always available
  - Consistencies across datasets (e.g. gender, age etc.)
  - Surprises are inevitable
- Data sharing agreements signed, before you get funded



### Challenges

- Administrative data, produced by services as a by product of their day-to-day operations
  - Data wasn't collected for research purposes
  - Delays in accessing data (competing demands; need to anonymise data)
  - Definition of exposures and follow-up periods determined by the availability and quality of datasets, which vary over time
  - Anonymised data (aggregate or individual level)
- Multi-disciplinary team
  - Biostatistician often needed, but hard to find
  - Capacity development



### Greatest threat.....over reliance on ecological analyses

- GDPR & health research regulations
  - anonymised aggregate level data
  - anonymised individual level data
- Infrastructure needed to support data linkage
  - Unique health identifier
  - FAIR Administrative data
  - Record linkage across different sectors: social and structural determinants of health
  - Anonymised + controlled access e.g. Third party data processer/Safe Haven



## Acknowledgements

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Dr. Siobhán Stokes

Deirdre O'Reilly

Dr. Suzi Lyon

Dr. Yvonne Kavanagh







